

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>6:00 am Lane Swim (13+)</p> <p>8:30 am Canada Day</p> <p>9:30 am Closed</p> <p>11:30 am Lane Swim (13+)</p> <p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>6:00 pm Canada Day</p> <p>9:00 pm Lane Swim (13+)</p>	<p>2</p> <p>6:00 am Lane Swim (13+)</p> <p>8:00 am Aquafit (pre-booking required) 13+</p> <p>8:15 am Circuit (13+)</p> <p>8:30 am Royal City Soccer Club - Day Camps</p> <p>9:15 am Stretch (13+)</p> <p>10:15 am Barre (13+)</p> <p>11:30 am Lane Swim (13+)</p> <p>1:00 pm My Sister's Place Drop-in Outreach</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>5:00 pm Youth Basketball (Grades 9-12)</p> <p>6:00 pm Cycle (pre-booking required) 13+</p> <p>6:15 pm Adapted Open Skate</p> <p>7:00 pm Stretch (13+)</p> <p>7:15 pm Leisure Swim - All Ages</p> <p>7:30 pm Adult Badminton (16+)**</p> <p>8:00 pm Kettlebell (13+)</p> <p>8:45 pm Lane Swim (13+)</p>	<p>3</p> <p>6:00 am Lane Swim (13+)</p> <p>6:40 am Adult Shinny (18+)</p> <p>8:15 am Cycle (pre-booking required) 13+</p> <p>9:00 am Yoga (13+)</p> <p>10:15 am Zumba (13+)</p> <p>11:30 am Lane Swim (13+)</p> <p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>4:15 pm Teen Volunteer Orientation (Grades 9-12)</p> <p>5:00 pm African Experience Festival</p> <p>5:00 pm Youth Volleyball (Grades 9-12)</p> <p>6:00 pm MetCon (13+)</p> <p>7:00 pm Yoga (13+)</p> <p>7:30 pm Adult Volleyball (18+)</p> <p>8:00 pm Aquafit (pre-booking required) 13+</p> <p>9:00 pm Lane Swim (13+)</p>	<p>4</p> <p>6:00 am Lane Swim (13+)</p> <p>8:00 am Aquafit (pre-booking required) 13+</p> <p>8:15 am Kettlebell (13+)</p> <p>9:15 am Pilates (13+)</p> <p>10:00 am SMDHU Breastfeeding Support Group</p> <p>10:00 am Parent &amp; Tot Skate (6 y/o and Younger)</p> <p>10:15 am Fit Bodies (13+)</p> <p>11:30 am Lane Swim (13+)</p> <p>12:15 pm L.I.I.T. (13+)</p> <p>1:15 pm Adult Skate (18+)</p> <p>1:30 pm Kids Movie: Paws of Fury - The Legend of Hank</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>5:00 pm Youth Basketball (Grades 9-12)</p> <p>5:30 pm African Experience Festival</p> <p>6:00 pm Circuit (13+)</p> <p>6:30 pm Chess Night (All Ages)</p> <p>7:00 pm Zumba (13+)</p> <p>7:15 pm Leisure Swim - All Ages</p> <p>7:30 pm Adult Pickleball (18+)</p> <p>8:00 pm Yoga (13+)</p> <p>8:45 pm Lane Swim (13+)</p>	<p>5</p> <p>8:00 am Silver Swim - 50+</p> <p>9:15 am MetCon (13+)</p> <p>9:45 am Babytime Walkers (Ages 12-24 mon)</p> <p>10:15 am Stretch (13+)</p> <p>10:45 am Babytime Creepers (Ages 4-12 mon)</p> <p>11:30 am Lane Swim (13+)</p> <p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>5:00 pm Family Sports</p> <p>6:30 pm Public Skating (All Ages)</p>	<p>6</p> <p>7:15 am Parent &amp; Child Shinny (9 y/o and Younger)</p> <p>7:30 am Lane Swim (13+)</p> <p>8:00 am Aquafit (pre-booking required) 13+</p> <p>8:00 am Lane Swim (13+) - 4 Lanes Only</p> <p>8:15 am Bootcamp (13+)</p> <p>9:00 am Bradford Farmers Market</p> <p>9:15 am BollyX (13+)</p> <p>9:30 am Parent &amp; Tot Gym (0-5 years)</p> <p>10:15 am Yoga (13+)</p> <p>11:00 am African Experience Festival</p> <p>11:30 am Lane Swim (13+)</p> <p>12:30 pm Adult Pick-Up Basketball (18+)</p> <p>1:30 pm Leisure Swim - All Ages</p> <p>3:00 pm Parent &amp; Tot Swim (0-6 years old)</p>

7	8	9	10	11	12	13
7:30 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	8:00 am Silver Swim - 50+	7:15 am Parent & Child Shiny (9 y/o and Younger)
9:00 am Cycle (pre-booking required) 13+	9:15 am Fit Bodies (13+)	8:00 am Aquafit (pre-booking required) 13+	6:40 am Adult Shiny (18+)	8:00 am Aquafit (pre-booking required) 13+	9:15 am MetCon (13+)	7:30 am Lane Swim (13+)
9:30 am Family Sports	9:45 am Tales for Twos (2-3yrs)	8:15 am Circuit (13+)	8:15 am Cycle (pre-booking required) 13+	8:15 am Kettlebell (13+)	9:45 am Babytime Walkers (Ages 12-24 mon)	8:00 am Aquafit (pre-booking required) 13+
10:00 am Yin Yoga (13+)	10:15 am Zumba (13+)	9:15 am Stretch (13+)	9:00 am Yoga (13+)	9:15 am Pilates (13+)	10:15 am Stretch (13+)	8:00 am Lane Swim (13+) - 4 Lanes Only
10:00 am Parent & Child Shiny (9 y/o and Younger)	11:30 am School Age Storytime (3-6yrs)	10:00 am Crafting a Story ( Ages 2-7)	10:00 am Self Care Toolkit for Parents and Kids (0-12yrs)	10:00 am SMDHU Breastfeeding Support Group	10:45 am Babytime Creepers (Ages 4-12 mon)	8:15 am Bootcamp (13+)
11:30 am Adult Badminton (16+)	11:30 am Lane Swim (13+)	10:15 am Barre (13+)	10:15 am Zumba (13+)	10:00 am Parent & Tot Skate (6 y/o and Younger)	11:30 am Lane Swim (13+)	9:00 am Bradford Farmers Market Strawberry Festival
11:30 am Lane Swim (13+)	11:45 am Therapy Swim (13+) - Leisure Pool	11:30 am Tween Fun Time with Sarah & Gail (Ages 9-12)	11:30 am Lane Swim (13+)	10:15 am Fit Bodies (13+)	11:45 am Therapy Swim (13+) - Leisure Pool	9:15 am BollyX (13+)
12:15 pm Public Skating (All Ages)	12:15 pm Adult Shiny (18+)	11:30 am Lane Swim (13+)	11:45 am Therapy Swim (13+) - Leisure Pool	11:00 am Fun with Illustrations	2:15 pm Leisure Swim - All Ages	9:30 am Parent & Tot Gym (0-5 years)
1:30 pm Leisure Swim - All Ages	2:15 pm Leisure Swim - All Ages	2:15 pm Leisure Swim - All Ages	1:30 pm Manga Club (Ages 8-11)	11:30 am Lane Swim (13+)	4:00 pm Parent & Tot Swim (0-6 years old)	10:15 am Yoga (13+)
3:00 pm Parent & Tot Swim (0-6 years old)	3:30 pm Parent & Child Skate (9 y/o and Younger)	4:00 pm Parent & Tot Swim (0-6 years old)	2:15 pm Leisure Swim - All Ages	12:15 pm L.I.I.T. (13+)	5:00 pm Family Sports	10:30 am Pop-Up Kids (Ages 2-10yrs)
	5:00 pm Youth Basketball (Grades 9-12)	5:00 pm Youth Basketball (Grades 9-12)	4:00 pm Parent & Tot Swim (0-6 years old)	1:00 pm Homeschool Hangout ( All Ages)	6:30 pm Public Skating (All Ages)	11:30 am Lane Swim (13+)
	6:00 pm Bootcamp (13+)	6:00 pm Cycle (pre-booking required) 13+	5:00 pm Youth Volleyball (Grades 9-12)	1:15 pm Adult Skate (18+)		12:30 pm Adult Pick-Up Basketball (18+)
	6:15 pm Decorative Mending ( Part 1)	6:15 pm Adapted Open Skate	6:00 pm MetCon (13+)	2:15 pm Leisure Swim - All Ages		1:30 pm Leisure Swim - All Ages
	6:30 pm HOT Summer Reads	6:45 pm Reads & Rhymes (1-5yrs)	6:00 pm In-person Prenatal Classes	4:00 pm Parent & Tot Swim (0-6 years old)		3:00 pm Parent & Tot Swim (0-6 years old)
	7:00 pm BollyX (13+)	7:00 pm Stretch (13+)	6:30 pm Cancer Screening for a Good Life	5:00 pm Youth Basketball (Grades 9-12)		
	7:30 pm Adult Pick-Up Basketball (18+)	7:00 pm Knit Happens	7:00 pm Yoga (13+)	6:00 pm Circuit (13+)		
	8:00 pm Aquafit (pre-booking required) 13+	7:00 pm Music in the Park	7:30 pm Adult Volleyball (18+)	6:30 pm Chess Night (All Ages)		
	8:00 pm Yoga (13+)	7:15 pm Leisure Swim - All Ages	8:00 pm Aquafit (pre-booking required) 13+	7:00 pm Zumba (13+)		
	9:00 pm Lane Swim (13+)	7:30 pm Adult Badminton (16+)**	9:00 pm Lane Swim (13+)	7:15 pm Leisure Swim - All Ages		
		8:00 pm Kettlebell (13+)		7:30 pm Adult Pickleball (18+)		
		8:45 pm Lane Swim (13+)		8:00 pm Yoga (13+)		
				8:45 pm Lane Swim (13+)		
14	15	16	17	18	19	20
7:30 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	1:30 am Movie Matinée (My Big Fat	8:00 am Silver Swim - 50+	7:15 am Parent &

9:00 am Cycle (pre-booking required) 13+	9:15 am Fit Bodies (13+)	8:00 am Aquafit (pre-booking required) 13+	6:40 am Adult Shinny (18+)	Greek Wedding 3) 6:00 am Lane Swim (13+)	9:15 am MetCon (13+)	Child Shinny (9 y/o and Younger)
9:30 am Family Sports	9:45 am Tales for Twos (2-3yrs)	8:15 am Circuit (13+)	8:15 am Cycle (pre-booking required) 13+	8:00 am Aquafit (pre-booking required) 13+	9:45 am Babytime Walkers (Ages 12-24 mon)	7:30 am Lane Swim (13+)
10:00 am Yin Yoga (13+)	10:15 am Zumba (13+)	9:15 am Stretch (13+)	9:00 am Yoga (13+)	8:15 am Kettlebell (13+)	10:15 am Stretch (13+)	8:00 am Silver Swim - 50+
10:00 am Parent & Child Shinny (9 y/o and Younger)	11:30 am School Age Storytime (3-6yrs)	10:00 am Crafting a Story ( Ages 2-7)	10:00 am Sing with Russ (1-5yrs)	9:15 am Pilates (13+)	10:45 am Babytime Creepers (Ages 4-12 mon)	8:00 am Lane Swim (13+) - 4 Lanes Only
11:30 am Adult Badminton (16+)	11:30 am Lane Swim (13+)	10:15 am Barre (13+)	11:30 am Lane Swim (13+)	10:00 am SMDHU Breastfeeding Support Group	11:30 am Lane Swim (13+)	8:15 am Bootcamp (13+)
11:30 am Lane Swim (13+)	11:45 am Therapy Swim (13+) - Leisure Pool	11:30 am Tween Fun Time with Sarah & Gail (Ages 9-12)	11:45 am Therapy Swim (13+) - Leisure Pool	10:00 am Parent & Tot Skate (6 y/o and Younger)	11:45 am Therapy Swim (13+) - Leisure Pool	9:00 am Bradford Farmers Market
12:15 pm Public Skating (All Ages)	12:15 pm Adult Shinny (18+)	11:30 am Lane Swim (13+)	1:30 pm Parent and Child Journaling (Ages 7-12yrs)	10:15 am Fit Bodies (13+)	2:15 pm Leisure Swim - All Ages	9:15 am BollyX (13+)
1:30 pm Leisure Swim - All Ages	2:15 pm Leisure Swim - All Ages	2:15 pm Leisure Swim - All Ages	2:15 pm Leisure Swim - All Ages	11:00 am Fun with Illustrations	4:00 pm Parent & Tot Swim (0-6 years old)	9:30 am Parent & Tot Gym (0-5 years)
3:00 pm Parent & Tot Swim (0-6 years old)	3:30 pm Parent & Child Skate (9 y/o and Younger)	4:00 pm Parent & Tot Swim (0-6 years old)	4:00 pm Parent & Tot Swim (0-6 years old)	11:30 am Lane Swim (13+)	4:30 pm Closed	10:15 am Yoga (13+)
	4:00 pm BWG Summer Pride Pop Up	5:00 pm Youth Basketball (Grades 9-12)	5:00 pm Youth Volleyball (Grades 9-12)	12:15 pm L.I.I.T. (13+)	5:00 pm Family Sports	11:30 am Lane Swim (13+)
	5:00 pm Youth Basketball (Grades 9-12)	6:00 pm Cycle (pre-booking required) 13+	6:00 pm MetCon (13+)	1:15 pm Adult Skate (18+)	6:30 pm Public Skating (All Ages)	12:30 pm Adult Pick-Up Basketball (18+)
	5:15 pm Stick & Puck (Ages 10-12)	6:15 pm Adapted Open Skate	6:00 pm In-person Prenatal Classes	2:15 pm Leisure Swim - All Ages		1:30 pm Leisure Swim - All Ages
	6:00 pm Bootcamp (13+)	6:45 pm Reads & Rhymes (1-5yrs)	6:30 pm Historical Fiction Book Club	4:00 pm Parent & Tot Swim (0-6 years old)		3:00 pm Parent & Tot Swim (0-6 years old)
	6:15 pm Decorative Mending ( Part 2)	7:00 pm Stretch (13+)	7:00 pm Yoga (13+)	6:00 pm Circuit (13+)		
	6:45 pm Stick & Puck (Ages 13-15)	7:00 pm Music in the Park	7:30 pm Adult Volleyball (18+)	6:30 pm Chess Night (All Ages)		
	7:00 pm BollyX (13+)	7:15 pm Leisure Swim - All Ages	8:00 pm Aquafit (pre-booking required) 13+	7:00 pm Zumba (13+)		
	7:30 pm Adult Pick-Up Basketball (18+)	7:30 pm Adult Badminton (16+)**	9:00 pm Lane Swim (13+)	7:15 pm Leisure Swim - All Ages		
	8:00 pm Aquafit (pre-booking required) 13+	8:00 pm Kettlebell (13+)		7:30 pm Adult Pickleball (18+)		
	8:00 pm Yoga (13+)	8:45 pm Lane Swim (13+)		8:00 pm Yoga (13+)		
	9:00 pm Lane Swim (13+)			8:45 pm Lane Swim (13+)		
21	22	23	24	25	26	27
7:30 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	8:00 am Silver Swim - 50+	7:15 am Parent & Child Shinny (9 y/o and Younger)
9:00 am Closed	9:15 am Fit Bodies (13+)	8:00 am Aquafit (pre-booking required) 13+	6:40 am Adult Shinny (18+)	8:00 am Aquafit (pre-booking required) 13+	9:15 am MetCon (13+)	7:30 am Lane Swim (13+)
9:00 am Cycle (pre-booking required) 13+	9:45 am Tales for Twos (2-3yrs)	8:15 am Circuit (13+)	8:15 am Cycle (pre-booking required) 13+	8:15 am Kettlebell (13+)	9:45 am Babytime Walkers (Ages 12-24 mon)	8:00 am Aquafit (pre-booking required) 13+
9:30 am Family Sports	10:15 am Zumba (13+)	9:15 am Stretch (13+)	9:00 am Yoga (13+)	9:15 am Pilates (13+)	10:15 am Stretch (13+)	8:00 am Lane Swim (13+) - 4 Lanes Only
10:00 am Yin Yoga (13+)	11:30 am School Age Storytime (3-6yrs)	10:00 am Crafting a Story ( Ages 2-7)	10:00 am Self Care Toolkit for Parents and Kids (0-12yrs)	10:00 am SMDHU Breastfeeding Support Group	10:45 am Babytime Creepers (Ages 4-12 mon)	
10:00 am Parent & Child Shinny (9 y/o and Younger)	11:30 am Lane Swim (13+)	10:15 am Barre (13+)	10:15 am Zumba (13+)	10:15 am Fit Bodies	11:30 am Lane	

<p>11:30 am Adult Badminton (16+)</p> <p>11:30 am Lane Swim (13+)</p> <p>12:15 pm Public Skating (All Ages)</p> <p>1:30 pm Leisure Swim - All Ages</p> <p>3:00 pm Parent &amp; Tot Swim (0-6 years old)</p>	<p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>12:15 pm Adult Shinny (18+)</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>3:30 pm Parent &amp; Child Skate (9 y/o and Younger)</p> <p>5:00 pm Youth Basketball (Grades 9-12)</p> <p>5:15 pm Stick &amp; Puck (Ages 10-12)</p> <p>6:00 pm Bootcamp (13+)</p> <p>6:15 pm Decorative Mending ( Part 3)</p> <p>6:30 pm Sourdough for Beginners</p> <p>6:45 pm Stick &amp; Puck (Ages 13-15)</p> <p>7:00 pm BollyX (13+)</p> <p>7:30 pm Adult Pick-Up Basketball (18+)</p> <p>8:00 pm Aquafit (pre-booking required) 13+</p> <p>8:00 pm Yoga (13+)</p> <p>9:00 pm Lane Swim (13+)</p>	<p>11:30 am Tween Fun Time with Sarah &amp; Gail (Ages 9-12)</p> <p>11:30 am Lane Swim (13+)</p> <p>1:30 pm Tween Glow Party Ages 9 - 12yrs)</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>5:00 pm Youth Basketball (Grades 9-12)</p> <p>6:00 pm Cycle (pre-booking required) 13+</p> <p>6:15 pm Adapted Open Skate</p> <p>6:45 pm Reads &amp; Rhymes (1-5yrs)</p> <p>7:00 pm Stretch (13+)</p> <p>7:00 pm Knit Happens</p> <p>7:00 pm Music in the Park</p> <p>7:15 pm Leisure Swim - All Ages</p> <p>7:30 pm Adult Badminton (16+)**</p> <p>8:00 pm Kettlebell (13+)</p> <p>8:45 pm Lane Swim (13+)</p>	<p>11:30 am Lane Swim (13+)</p> <p>11:30 am Candy Chemistry (Ages 4-12yrs)</p> <p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>1:00 pm Next Chapter Café</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>5:00 pm Youth Volleyball (Grades 9-12)</p> <p>6:00 pm In-person Prenatal Classes</p> <p>6:00 pm MetCon (13+)</p> <p>7:00 pm Yoga (13+)</p> <p>7:30 pm Adult Volleyball (18+)</p> <p>8:00 pm Aquafit (pre-booking required) 13+</p> <p>9:00 pm Lane Swim (13+)</p>	<p>(13+)</p> <p>11:00 am Fun with Illustrations</p> <p>11:30 am Lane Swim (13+)</p> <p>12:15 pm L.I.I.T. (13+)</p> <p>1:15 pm Adult Skate (18+)</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>5:00 pm Youth Basketball (Grades 9-12)</p> <p>6:00 pm Circuit (13+)</p> <p>6:30 pm English Conversation Corner</p> <p>6:30 pm Chess Night (All Ages)</p> <p>7:00 pm Zumba (13+)</p> <p>7:15 pm Leisure Swim - All Ages</p> <p>7:30 pm Adult Pickleball (18+)</p> <p>8:00 pm Yoga (13+)</p> <p>8:45 pm Lane Swim (13+)</p>	<p>Swim (13+)</p> <p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>11:45 am Water Safety Storytime (Ages 5-10)</p> <p>2:15 pm Leisure Swim - All Ages</p> <p>4:00 pm Parent &amp; Tot Swim (0-6 years old)</p> <p>4:30 pm Closed</p> <p>5:00 pm Family Sports</p> <p>6:30 pm Public Skating (All Ages)</p>	<p>8:15 am Bootcamp (13+)</p> <p>9:00 am Bradford Farmers Market</p> <p>9:15 am BollyX (13+)</p> <p>9:30 am Parent &amp; Tot Gym (0-5 years)</p> <p>10:15 am Yoga (13+)</p> <p>10:30 am Pop-Up Kids (Ages 2-10yrs)</p> <p>11:30 am Lane Swim (13+)</p> <p>12:30 pm Adult Pick-Up Basketball (18+)</p> <p>1:30 pm Leisure Swim - All Ages</p> <p>3:00 pm Parent &amp; Tot Swim (0-6 years old)</p>
<p>28</p> <p>7:30 am Lane Swim (13+)</p> <p>9:00 am Closed</p> <p>9:00 am Cycle (pre-booking required) 13+</p> <p>9:30 am Family Sports</p> <p>10:00 am Yin Yoga (13+)</p> <p>10:00 am Parent &amp; Child Shinny (9 y/o and Younger)</p> <p>11:30 am Adult Badminton (16+)</p> <p>11:30 am Lane Swim (13+)</p> <p>12:15 pm Public Skating (All Ages)</p>	<p>29</p> <p>6:00 am Lane Swim (13+)</p> <p>9:15 am Fit Bodies (13+)</p> <p>9:45 am Tales for Twos (2-3yrs)</p> <p>10:15 am Zumba (13+)</p> <p>11:30 am School Age Storytime (3-6yrs)</p> <p>11:30 am Lane Swim (13+)</p> <p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>12:15 pm Adult Shinny (18+)</p> <p>2:15 pm Leisure</p>	<p>30</p> <p>6:00 am Lane Swim (13+)</p> <p>8:00 am Aquafit (pre-booking required) 13+</p> <p>8:15 am Circuit (13+)</p> <p>9:15 am Stretch (13+)</p> <p>10:00 am Crafting a Story ( Ages 2-7)</p> <p>10:15 am Barre (13+)</p> <p>11:30 am Tween Fun Time with Sarah &amp; Gail (Ages 9-12)</p> <p>11:30 am Lane Swim (13+)</p>	<p>31</p> <p>6:00 am Lane Swim (13+)</p> <p>6:40 am Adult Shinny (18+)</p> <p>8:15 am Cycle (pre-booking required) 13+</p> <p>9:00 am Yoga (13+)</p> <p>10:15 am Zumba (13+)</p> <p>11:30 am Lane Swim (13+)</p> <p>11:45 am Therapy Swim (13+) - Leisure Pool</p> <p>1:30 pm Manga Club (Ages 8-11)</p> <p>2:15 pm Leisure Swim - All Ages</p>			

1:30 pm Leisure Swim - All Ages	Swim - All Ages	2:00 pm Fierté Simcoe Pride Flag Raising	4:00 pm Parent & Tot Swim (0-6 years old)		
3:00 pm Parent & Tot Swim (0-6 years old)	3:30 pm Parent & Child Skate (9 y/o and Younger)	2:15 pm Leisure Swim - All Ages	5:00 pm Youth Volleyball (Grades 9-12)		
	4:30 pm Parent and Child Journaling (Ages 7-12yrs)	4:00 pm Parent & Tot Swim (0-6 years old)	6:00 pm MetCon (13+)		
	5:00 pm Youth Basketball (Grades 9-12)	4:30 pm Co-Create Art (Ages 7-12)	6:00 pm In-person Prenatal Classes		
	5:15 pm Stick & Puck (Ages 10-12)	5:00 pm Youth Basketball (Grades 9-12)	6:30 pm Adult Book Club		
	6:00 pm Bootcamp (13+)	6:00 pm Cycle (pre-booking required) 13+	7:00 pm Yoga (13+)		
	6:30 pm Self-Care Toolkit	6:15 pm Adapted Open Skate	7:30 pm Adult Volleyball (18+)		
	6:30 pm Family Trivia Night	6:45 pm Reads & Rhymes (1-5yrs)	8:00 pm Aquafit (pre-booking required) 13+		
	6:45 pm Stick & Puck (Ages 13-15)	7:00 pm Stretch (13+)	9:00 pm Lane Swim (13+)		
	7:00 pm BollyX (13+)	7:00 pm Music in the Park			
	7:30 pm Adult Pick-Up Basketball (18+)	7:15 pm Leisure Swim - All Ages			
	8:00 pm Aquafit (pre-booking required) 13+	7:30 pm Adult Badminton (16+)**			
	8:00 pm Yoga (13+)	8:00 pm Kettlebell (13+)			
	9:00 pm Lane Swim (13+)	8:45 pm Lane Swim (13+)			