

## Sunday, August 18, 2024

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### Lane Swim (13+)

Date and Time: Sunday, August 18 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

**Fees:**

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

### Cycle (pre-booking required) 13+

Date and Time: Sunday, August 18 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

### Family Sports

Date and Time: Sunday, August 18 9:30 am - 11:00 am

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/guardian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

**Fees:**

Child (0-12) - \$3.50

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

## Yin Yoga (13+)

Date and Time: Sunday, August 18 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in other styles.

## Parent & Child Shinny (9 y/o and Younger)

Date and Time: Sunday, August 18 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## Adult Badminton (16+)

Date and Time: Sunday, August 18 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

### Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

## Lane Swim (13+)

Date and Time: Sunday, August 18 11:30 am - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

### Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Public Skating (All Ages)

Date and Time: Sunday, August 18 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).

- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## Leisure Swim - All Ages

Date and Time: Sunday, August 18 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

### Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, August 18 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

### Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Monday, August 19, 2024

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### Lane Swim (13+)

Date and Time: Monday, August 19 6:00 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

### Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Fit Bodies (13+)

Date and Time: Monday, August 19 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

## Welcome to Kindergarten

Date and Time: Monday, August 19 9:45 am - 10:45 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Zumba (13+)

Date and Time: Monday, August 19 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

## Welcome to Kindergarten

Date and Time: Monday, August 19 11:00 am - 12:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Lane Swim (13+)

Date and Time: Monday, August 19 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Therapy Swim (13+) - Leisure Pool

Date and Time: Monday, August 19 11:45 am - 1:00 pm

Address: BWG Leisure Center

Designed for those with mobility issues and special need, this swim provides designated time for participants to enjoy access to the Leisure Pool for therapeutic purposes. Please note that this swim does NOT have any type of structure or Instructor, it is specifically designed for those who want to come in and perform exercises recommended by their doctor or support workers. **\*This swim may be shared with Aquatic Leadership Courses at times.**

Leisure and Relax Pools ONLY.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

## Adult Shinny (18+)

Date and Time: Monday, August 19 12:15 pm - 1:45 pm

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

**Please Note:** Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## Leisure Swim - All Ages

Date and Time: Monday, August 19 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00



Youth/ Student (13-24) - \$4.50  
 Adult - (18-59) - \$5.25  
 Senior (60+) - \$4.50  
 Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST  
 BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Parent & Child Skate (9 y/o and Younger)

Date and Time: Monday, August 19 3:15 pm - 4:15 pm

Address: BWG Leisure Centre

Parents are invited to bring their children to the Parent & Child Skate program restricted to only parents/guardians and their children. Children participating must be **9 years of age or under**.

Parent/guardian participation is required on the ice. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Child Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## Youth Basketball (Grades 9-12)

Date and Time: Monday, August 19 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

## Fees:

Youth/ Student (13-24) - \$3.75

## Stick & Puck (Ages 10-12)

Date and Time: Monday, August 19 5:15 pm - 6:45 pm

Address: BWG Leisure Centre

### Stick & Puck

1. CSA approved helmets are mandatory for all participants during this program.
2. Organized hockey drills is prohibited.
3. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface
4. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing glove protection while on the ice surface.
5. Please share the ice fairly, no slap shots – keep games non-contact.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

**\*\*Please note that this time slot is strictly for participants 10 to 12 years of age.**

*Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.*

## Stick & Puck (Ages 10-12)

Date and Time: Monday, August 19 5:15 pm - 6:45 pm

Address: BWG Leisure Centre

## Stick & Puck

1. CSA approved helmets are mandatory for all participants during this program.
2. Organized hockey drills is prohibited.
3. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface
4. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing glove protection while on the ice surface.
5. Please share the ice fairly, no slap shots – keep games non-contact.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

**\*\*Please note that this time slot is strictly for participants 10 to 12 years of age.**

*Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.*

## Bootcamp (13+)

Date and Time: Monday, August 19 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

## Stick & Puck (Ages 13-15)

Date and Time: Monday, August 19 6:45 pm - 8:15 pm

Address: BWG Leisure Centre

### Stick & Puck

1. CSA approved helmets are mandatory for all participants during this program.
2. Organized hockey drills is prohibited.
3. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface
4. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing glove protection while on the ice surface.
5. Please share the ice fairly, no slap shots – keep games non-contact.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

**\*\*Please note that this time slot is strictly for participants 13 to 15 years of age.**

*Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.*

## Tuesday, August 20, 2024

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### Lane Swim (13+)

Date and Time: Tuesday, August 20 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

**Fees:**

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Outdoor Movies

Date and Time: Tuesday, August 20 7:00 am - 10:00 pm

Address: 125 Simcoe Rd

Outdoor Movies features family friendly movies on a large screen under the stars.

## Aquafit (pre-booking required) 13+

Date and Time: Tuesday, August 20 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

## Circuit (13+)

Date and Time: Tuesday, August 20 8:15 am - 9:00 am

Address: 471 West Park

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens the muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest in between.

## Stretch (13+)

Date and Time: Tuesday, August 20 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

## Welcome to Kindergarten

Date and Time: Tuesday, August 20 9:45 am - 10:45 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Barre (13+)

Date and Time: Tuesday, August 20 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

## Welcome to Kindergarten

Date and Time: Tuesday, August 20 11:00 am - 12:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Lane Swim (13+)

Date and Time: Tuesday, August 20 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Leisure Swim - All Ages

Date and Time: Tuesday, August 20 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Parent & Tot Swim (0-6 years old)

Date and Time: Tuesday, August 20 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

**Fees:**

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Youth Basketball (Grades 9-12)

Date and Time: Tuesday, August 20 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

### Fees:

Youth/ Student (13-24) - \$3.75

## Cycle (pre-booking required) 13+

Date and Time: Tuesday, August 20 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

## Adapted Open Skate

Date and Time: Tuesday, August 20 6:15 pm - 7:15 pm

Address: BWG Leisure Centre

### Adapted Open Skate (All Ages)

Welcome to the Adapted Open Skate program for people with exceptionalities. This program embraces diversity & accessibility, and is designed to provide a safe, welcoming and joyful environment for individuals with exceptionalities to experience and try ice-skating.

All participants require 1:1 support while they are on the ice surface. Support person must be 16 years of age or older. Approved skate-aids, sledges and wheelchairs are permitted on the ice. Sledges are also available to borrow at the BWG Leisure Centre upon request.

This program is also sensory aware. Please speak with the Inclusion Coordinator, Recreation Programmer or Duty Contact to request any accommodations.

Maximum program capacity is 40 participants. Participant support is exempt from this capacity limit and does not incur any program fees.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75



Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

*Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.*

## Stretch (13+)

Date and Time: Tuesday, August 20 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

## Wednesday, August 21, 2024

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### Lane Swim (13+)

Date and Time: Wednesday, August 21 6:00 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

#### Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

### Adult Shinny (18+)

Date and Time: Wednesday, August 21 6:40 am - 8:00 am

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

**Please Note:** Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## Cycle (pre-booking required) 13+

Date and Time: Wednesday, August 21 8:15 am - 8:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

## Yoga (13+)

Date and Time: Wednesday, August 21 9:00 am - 10:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

## Welcome to Kindergarten

Date and Time: Wednesday, August 21 9:45 am - 10:45 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Zumba (13+)

Date and Time: Wednesday, August 21 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

## Welcome to Kindergarten

Date and Time: Wednesday, August 21 11:00 am - 12:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Lane Swim (13+)

Date and Time: Wednesday, August 21 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Therapy Swim (13+) - Leisure Pool

Date and Time: Wednesday, August 21 11:45 am - 1:00 pm

Address: BWG Leisure Center

Designed for those with mobility issues and special need, this swim provides designated time for participants to enjoy access to the Leisure Pool for therapeutic purposes. Please note that this swim does NOT have any type of structure or Instructor, it is specifically designed for those who want to come in and perform exercises recommended by their doctor or support workers. **\*This swim may be shared with Aquatic Leadership Courses at times.**

Leisure and Relax Pools ONLY.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Leisure Swim - All Ages

Date and Time: Wednesday, August 21 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25  
Senior (60+) - \$4.50  
Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST  
BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Parent & Tot Swim (0-6 years old)

Date and Time: Wednesday, August 21 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

### Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Youth Volleyball (Grades 9-12)

Date and Time: Wednesday, August 21 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

### Fees:

Youth/ Student (13-24) - \$3.75

## MetCon (13+)

Date and Time: Wednesday, August 21 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

## Psychological Thriller + Mystery Book Club

Date and Time: Wednesday, August 21 6:30 pm - 7:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Board Room

New members are always welcome.

### **Wednesday, August 21**

*Flicker in the Dark* by Stacy Willingham

### **Wednesday, October 16**

*The Change* by Kirsten Miller

### **Wednesday, December 18**

*Wrong Place Wrong Time* by Gillian McAllister

## Yoga (13+)

Date and Time: Wednesday, August 21 7:00 pm - 7:45 pm

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

## Thursday, August 22, 2024

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### Lane Swim (13+)

Date and Time: Thursday, August 22 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

#### **Fees:**

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## **Aquafit (pre-booking required) 13+**

Date and Time: Thursday, August 22 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

## **Kettlebell (13+)**

Date and Time: Thursday, August 22 8:15 am - 9:00 am

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout guaranteed to make you sweat!

## **Pilates (13+)**

Date and Time: Thursday, August 22 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

## **Welcome to Kindergarten**

Date and Time: Thursday, August 22 9:45 am - 10:45 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, August 22 10:00 am - 11:00 am

Address: BWG Leisure Centre

Parents are invited to bring their pre-schoolers to the Parent & Tot Skate program restricted to only parents/guardians and their children. Children participating must be **6 years of age or under**.

Parent/guardian participation is required on the ice. Only persons wearing skates and/or usage of a wheelchair/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Tot Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## SMDHU Breastfeeding Support Group

Date and Time: Thursday, August 22 10:00 am - 11:30 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A free support group that provides parents a place to talk, share experiences and encourage each other, in the company of a Public Health Nurse

## Fit Bodies (13+)



Date and Time: Thursday, August 22 10:15 am - 11:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

## Welcome to Kindergarten

Date and Time: Thursday, August 22 11:00 am - 12:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Lane Swim (13+)

Date and Time: Thursday, August 22 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## L.I.I.T. (13+)

Date and Time: Thursday, August 22 12:15 pm - 1:00 pm

Address: 471 West Park Ave. Bradford, Ont

L.I.I.T stands for Low Impact Interval Training. In this class cardiovascular fitness will be improved using the 20 seconds work / 10 seconds rest method. The workout avoids jumping and impact, creates a safe workout for joints and alternates cardio with strengthening, sculpt and core. Finish off with a full body stretch and recovery!

## Adult Skate (18+)

Date and Time: Thursday, August 22 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Admittance is limited to participating skaters. All patrons who participate in the Adult Skate (18+) program are to respect the following rules:

- Skating aids, sticks, pucks, balls, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacers door is closed
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

## Leisure Swim - All Ages

Date and Time: Thursday, August 22 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

**Fees:**

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## **Parent & Tot Swim (0-6 years old)**

Date and Time: Thursday, August 22 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

**Fees:**

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## **Youth Basketball (Grades 9-12)**

Date and Time: Thursday, August 22 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

**Fees:**

Youth/ Student (13-24) - \$3.75

## **Friday, August 23, 2024**

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**Aquafit (pre-booking required) 13+**

Date and Time: Friday, August 23 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

## Welcome to Kindergarten

Date and Time: Friday, August 23 10:30 am - 11:00 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

A dual program, for children starting Kindergarten in September 2024, and their parents/guardians.

Your child will be introduced to skills such as cleaning up, putting away their belongings, simple crafts and circle time.

Meanwhile, parents/guardians can share your excitements or fears as your child begins their school journey and pick up tips about school routines, planning school lunches and more!

**Registration required.** Registration will open on Eventbrite on Monday August 12 at 9:30 a.m.

Capacities are limited for this program.

**Please do not register if you and your child cannot attend all 5 days.**

## Lane Swim (13+)

Date and Time: Friday, August 23 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Therapy Swim (13+) - Leisure Pool

Date and Time: Friday, August 23 11:45 am - 1:00 pm

Address: BWG Leisure Center

Designed for those with mobility issues and special need, this swim provides designated time for participants to enjoy access to the Leisure Pool for therapeutic purposes. Please note that this swim does NOT have any type of structure or Instructor, it is specifically designed for those who want to come in and perform exercises recommended by their doctor or support workers. **\*This swim may be shared with Aquatic Leadership Courses at times.**

Leisure and Relax Pools ONLY.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Leisure Swim - All Ages

Date and Time: Friday, August 23 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Parent & Tot Swim (0-6 years old)

Date and Time: Friday, August 23 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

**Fees:**

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Family Sports

Date and Time: Friday, August 23 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/guardian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

### Fees:

Child (0-12) - \$3.50

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

## Public Skating (All Ages)

Date and Time: Friday, August 23 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately

- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## Saturday, August 24, 2024

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### Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, August 24 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75

Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

## Lane Swim (13+)

Date and Time: Saturday, August 24 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

### Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## Lane Swim (13+) - 4 Lanes Only

Date and Time: Saturday, August 24 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

### Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*



## **Aquafit (pre-booking required) 13+**

Date and Time: Saturday, August 24 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

## **Bootcamp (13+)**

Date and Time: Saturday, August 24 8:15 am - 9:00 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

## **Bradford Farmers Market**

Date and Time: Saturday, August 24 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

The Bradford Farmers Market will run from **May 18th until October 12th** this 2024 season.

For more information, and to learn more about the Market visit [www.bradfordfarmersmarket.ca](http://www.bradfordfarmersmarket.ca).

**Contact information:** [bradfordontariofarmersmarket@gmail.com](mailto:bradfordontariofarmersmarket@gmail.com)

## **BollyX (13+)**

Date and Time: Saturday, August 24 9:15 am - 10:00 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

## **Parent & Tot Gym (0-5 years)**

Date and Time: Saturday, August 24 9:30 am - 11:30 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

**Fees:**

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

**Yoga (13+)**

Date and Time: Saturday, August 24 10:15 am - 11:15 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

**Ukrainian Independence Day**

Date and Time: Saturday, August 24 11:00 am - 11:30 am

Address: Courthouse Courtyard - 57 Holland Street East

Join us on Saturday, August 24, at 11:00 am for the Ukrainian Independence Day Flag Raising Ceremony held outside of the Courthouse Courtyard.

**On August 24th, 1991, Ukraine declared its independence as a nation. This occasion is recognized annually by Ukrainians in celebration of their historic past and to honour the fallen heroes who lost their lives fighting for the country's independence.**

**Lane Swim (13+)**

Date and Time: Saturday, August 24 11:30 am - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

**Fees:**

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## **Adult Pick-Up Basketball (18+)**

Date and Time: Saturday, August 24 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

### **Fees:**

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

## **Leisure Swim - All Ages**

Date and Time: Saturday, August 24 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

### **Fees:**

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

## **Parent & Tot Swim (0-6 years old)**

Date and Time: Saturday, August 24 3:00 pm - 4:00 pm

Address: BWG Leisure Center

## Leisure & Relax Pool

### **Fees:**

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

*Fees are subject to change without notice. All monthly membership prices +HST*

**BWG Admission Policy:** [www.townofbwg.com/admissionpolicy](http://www.townofbwg.com/admissionpolicy)

<https://calendar.townofbwg.com>