

# Week of July 28, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
<u>Lane Swim (13+)</u> 7:30 am - 8:45 am	<u>Lane Swim (13+)</u> 6:00 am - 8:00 am	<u>Lane Swim (13+)</u> 6:00 am - 7:30 am	<u>Lane Swim (13+)</u> 6:00 am - 8:00 am	<u>Lane Swim (13+)</u> 6:00 am - 7:30 am	<u>Silver Swim - 50+</u> 8:00 am - 8:45 am	<u>Parent &amp; Child Shiny</u> <u>(9 y/o and Younger)</u> 7:15 am - 8:15 am
<u>Closed</u> 9:00 am - 8:00 pm	<u>Fit Bodies (13+)</u> 9:15 am - 10:00 am	<u>Aquafit (pre-booking required)</u> <u>13+</u> 8:00 am - 8:45 am	<u>Adult Shiny (18+)</u> 6:40 am - 8:00 am	<u>Aquafit (pre-booking required)</u> <u>13+</u> 8:00 am - 8:45 am	<u>MetCon (13+)</u> 9:15 am - 10:00 am	<u>Lane Swim (13+)</u> 7:30 am - 8:00 am
<u>Cycle (pre-booking required)</u> <u>13+</u> 9:00 am - 9:45 am	<u>Tales for Twos (2-3yrs)</u> 9:45 am - 10:15 am	<u>Circuit (13+)</u> 8:15 am - 9:00 am	<u>Cycle (pre-booking required)</u> <u>13+</u> 8:15 am - 8:45 am	<u>Kettlebell (13+)</u> 8:15 am - 9:00 am	<u>Babytime Walkers (Ages 12-24 mon)</u> 9:45 am - 10:15 am	<u>Lane Swim (13+)</u> 7:30 am - 8:00 am
<u>Family Sports</u> 9:30 am - 11:00 am	<u>Zumba (13+)</u> 10:15 am - 11:00 am	<u>Stretch (13+)</u> 9:15 am - 10:00 am	<u>Yoga (13+)</u> 9:00 am - 10:00 am	<u>Pilates (13+)</u> 9:15 am - 10:00 am	<u>Stretch (13+)</u> 10:15 am - 11:00 am	<u>Lane Swim (13+)</u> 8:00 am - 8:45 am
<u>Yin Yoga (13+)</u> 10:00 am - 11:00 am	<u>School Age Storytime (3-6yrs)</u> 11:30 am - 12:00 pm	<u>Crafting a Story (Ages 2-7)</u> 10:00 am - 11:00 am	<u>Zumba (13+)</u> 10:15 am - 11:00 am	<u>SMDHU Breastfeeding Support Group</u> 10:00 am - 11:30 am	<u>Babytime Creepers (Ages 4-12 mon)</u> 10:45 am - 11:15 am	<u>Lane Swim (13+)</u> 8:00 am - 8:45 am
<u>Parent &amp; Child Shiny (9 y/o and Younger)</u> 10:00 am - 12:00 pm	<u>Lane Swim (13+)</u> 11:30 am - 1:00 pm	<u>Barre (13+)</u> 10:15 am - 11:00 am	<u>Lane Swim (13+)</u> 11:30 am - 1:00 pm	<u>Parent &amp; Tot Skate (6 y/o and Younger)</u> 10:00 am - 11:00 am	<u>Lane Swim (13+)</u> 11:30 am - 1:00 pm	<u>Lane Swim (13+)</u> 8:00 am - 8:45 am
<u>Adult Badminton (16+)</u> 11:30 am - 1:30 pm	<u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm	<u>Tween Fun Time with Sarah &amp; Gail (Ages 9-12)</u> 11:30 am - 12:30 pm	<u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm	<u>Fit Bodies (13+)</u> 10:15 am - 11:00 am	<u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm	<u>Aquafit (pre-booking required)</u> <u>13+</u> 8:00 am - 8:45 am
<u>Lane Swim (13+)</u> 11:30 am - 1:15 pm	<u>Adult Shiny (18+)</u> 12:15 pm - 1:45 pm	<u>Lane Swim (13+)</u> 11:30 am - 1:00 pm	<u>Manga Club (Ages 8-11)</u> 1:30 pm - 2:30 pm	<u>Fun with Illustrations</u> 11:00 am - 12:00 pm	<u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm	<u>Bootcamp (13+)</u> 8:15 am - 9:00 am
<u>Public Skating (All Ages)</u> 12:15 pm - 2:15 pm	<u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm	<u>Fierté Simcoe Pride Flag Raising</u> 2:00 pm - 2:30 pm	<u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm	<u>Lane Swim (13+)</u> 11:30 am - 1:00 pm	<u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm	<u>Bradford Farmers Market</u> 9:00 am - 1:00 pm
<u>Leisure Swim - All Ages</u> 1:30 pm - 3:00 pm	<u>Parent &amp; Child Skate (9 y/o and Younger)</u> 3:30 pm - 4:30 pm	<u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm	<u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm	<u>L.I.I.T. (13+)</u> 12:15 pm - 1:00 pm	<u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm	<u>Bradford Farmers Market</u> 9:00 am - 1:00 pm
<u>Parent &amp; Tot Swim (0-6 years old)</u> 3:00 pm - 4:00 pm	<u>Parent and Child Journaling (Ages 7-12yrs)</u> 4:30 pm - 5:30 pm	<u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm	<u>Youth Volleyball (Grades 9-12)</u> 5:00 pm - 7:00 pm	<u>Adult Skate (18+)</u> 1:15 pm - 2:15 pm	<u>Closed</u> 4:30 pm - 8:00 pm	<u>BollyX (13+)</u> 9:15 am - 10:00 am
	<u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm	<u>Co-Create Art (Ages 7-12)</u> 4:30 pm - 5:30 pm	<u>In-person Prenatal Classes</u> 6:00 pm - 8:00 pm	<u>Drop-in LEGO (All Ages)</u> 1:30 pm - 3:00 pm	<u>Family Sports</u> 5:00 pm - 7:00 pm	<u>Parent &amp; Tot Gym (0-5 years)</u> 9:30 am - 11:30 am
	<u>Stick &amp; Puck (Ages 10-12)</u> 5:15 pm - 6:45 pm	<u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm	<u>MetCon (13+)</u> 6:00 pm - 6:45 pm	<u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm	<u>Public Skating (All Ages)</u> 6:30 pm - 8:00 pm	<u>Yoga (13+)</u> 10:15 am - 11:15 am
	<u>Bootcamp (13+)</u> 6:00 pm - 6:45 pm	<u>Cycle (pre-booking required)</u> <u>13+</u> 6:00 pm - 6:45 pm	<u>Adult Book Club</u> 6:30 pm - 7:30 pm	<u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm		<u>Lane Swim (13+)</u> 11:30 am - 1:15 pm
	<u>Self-Care Toolkit</u> 6:30 pm - 7:30 pm	<u>Adapted Open Skate</u> 6:15 pm - 7:15 pm	<u>Yoga (13+)</u> 7:00 pm - 7:45 pm	<u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm		<u>Adult Pick-Up Basketball (18+)</u> 12:30 pm - 2:30 pm
						<u>Leisure Swim - All Ages</u>

						1:30 pm - 3:00 pm <u>Parent &amp; Tot</u> <u>Swim (0-6</u> <u>years old)</u> 3:00 pm - 4:00 pm
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**Start Date:** 07/30/2024

**End Date:** 07/30/2024

<https://calendar.townofbwg.com>