

Saturday, June 1, 2024

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, June 1 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Saturday, June 1 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Saturday, June 1 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, June 1 8:15 am - 9:00 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Bradford Farmers Market

Date and Time: Saturday, June 1 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

The Bradford Farmers Market will run from **May 18th until October 12th** this 2024 season.

For more information, and to learn more about the Market visit www.bradfordfarmersmarket.ca.

Contact information: bradfordontariofarmersmarket@gmail.com

BollyX (13+)

Date and Time: Saturday, June 1 9:15 am - 10:00 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Pop-Up Kids (Ages 2-10yrs)

Date and Time: Saturday, June 1 10:30 am - 11:30 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Kids Area

Join Gail for stories and fun. Ages 2 and up

Trails Day

Date and Time: Saturday, June 1 11:00 am - 1:00 pm

Address: Scanlon Creek Conservation Area (2450 9th Line, Bradford, ON L3Z 2A5)

To celebrate International Trails Day, the Town of BWG is hosting Trails Day and the 21th Annual Mayor's Hike for Health. All event activities are free to all participants.

The Town of BWG has partnered with Scanlon Creek to offer this free event to the community. Parking will be free for this event. If you require accessible parking please contact events@townofbwg.com.

Location: Scanlon Creek Conservation Area (2450 9th Line, Bradford, ON L3Z 2A5)

Date: June 1st

Time: 11am-1pm

Lane Swim (13+)

Date and Time: Saturday, June 1 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pick-Up Basketball (18+)

Date and Time: Saturday, June 1 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Leisure Swim - All Ages

Date and Time: Saturday, June 1 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, June 1 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Sunday, June 2, 2024

Lane Swim (13+)

Date and Time: Sunday, June 2 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (pre-booking required) 13+

Date and Time: Sunday, June 2 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, June 2 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in other styles.

Parent & Child Shiny (9 y/o and Younger)

Date and Time: Sunday, June 2 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shiny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shiny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shiny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75

Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Sunday, June 2 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, June 2 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, June 2 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Italian Heritage Month and Festa Della Repubblica Flag Raising

Date and Time: Sunday, June 2 1:00 pm - 1:30 pm

Address: Court House Courtyard - 57 Holland St. E

Join us on Sunday, June 2, at 1:00 pm for the Italian Heritage Month and Festa Della Repubblica Flag Raising held outside at the Court House Courtyard.

June is Italian Heritage Month which is an opportunity to celebrate the rich cultural heritage and impact of Italian Canadians in our country.

Festa della Repubblica is celebrated in Italy on the second day of June each year. This day commemorates the institutional referendum held by universal suffrage in 1946, in which the Italian people were called to the polls to decide on the form of government, following the Second World War and the fall of Fascism

200 Meters Film Screening

Date and Time: Sunday, June 2 1:15 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

The two free public screenings of “200 Meters” will be at the BWG Library’s Zima Room on Sunday, June 2nd at 1:15 p.m. and at 3:15 p.m. This event will be in partnership with the resident organizer and will be co-sponsored by the Centre for Free Expression, a non-partisan organization that works in collaboration with academic and civil society organizations across Canada and internationally.

Leisure Swim - All Ages

Date and Time: Sunday, June 2 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, June 2 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

200 Meters Film Screening

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Location: Zima Room

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Monday, June 3, 2024

Lane Swim (13+)

Date and Time: Monday, June 3 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+)

Date and Time: Monday, June 3 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Relax Swim (All Ages)

Date and Time: Monday, June 3 9:15 am - 12:30 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 3 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Zumba (13+)

Date and Time: Monday, June 3 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Monday, June 3 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 3 11:30 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pickleball (18+)**

Date and Time: Monday, June 3 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required. This program will utilize half the Gymnasium.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Adult Shinny (18+)

Date and Time: Monday, June 3 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Monday, June 3 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (9 y/o and Younger)

Date and Time: Monday, June 3 3:15 pm - 4:15 pm

Address: BWG Leisure Centre

Parents are invited to bring their children to the Parent & Child Skate program restricted to only parents/guardians and their children. Children participating must be **9 years of age or under**.

Parent/guardian participation is required on the ice. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Child Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A

Stick & Puck	\$5.50	N/A
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Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Parent & Tot Swim (0-6 years old)

Date and Time: Monday, June 3 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Pride Month Flag Raising

Date and Time: Monday, June 3 4:00 pm - 4:30 pm

Address: BWG Leisure Centre - 471 West Park Ave

Join us on Monday, June 3, at 4:00 pm for the Pride Month Flag Raising held outside of the BWG Leisure Centre.

Every June, 2SLGBTQI+ communities and allies come together to spotlight the resilience, celebrate the talent, and recognize the contributions of 2SLGBTQI+ communities.

Impact Youth Leadership Program (Ages 12-18)

Date and Time: Monday, June 3 4:00 pm - 6:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Impact Youth & Cultural Centre presents the Bradford Youth Group.

Join us for a 16 week Leadership Program. For teens aged 12 to 18.

Free! Register [here](#), or drop in to check it out.

Children's Volleyball (Grades 1-8)

Date and Time: Monday, June 3 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

Tuesday, June 4, 2024

Lane Swim (13+)

Date and Time: Tuesday, June 4 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+)

Date and Time: Tuesday, June 4 8:15 am - 9:00 am

Address: 471 West Park

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens the muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest in between.

Stretch (13+)

Date and Time: Tuesday, June 4 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

CRA Presentation: How to avoid scams

Date and Time: Tuesday, June 4 10:00 am - 11:00 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Barre (13+)

Date and Time: Tuesday, June 4 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Parent & Tot Gym (0-5 years)

Date and Time: Tuesday, June 4 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Tuesday, June 4 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Tuesday, June 4 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

My Sister's Place Drop-in Outreach

Date and Time: Tuesday, June 4 1:00 pm - 4:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Blair Room

Every month on the first Tuesday, an advocate from [My Sister's Place](http://www.mysistersplace.org) will be at the Library to provide services on a drop-in basis.

Services can include crisis support; short-term individual counseling; safety planning; legal advocacy and support; housing advocacy and support; and community referrals and resources.

Upcoming Drop-Ins: July 2, August 6.

Adapted Open Skate

Date and Time: Tuesday, June 4 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Adapted Open Skate (All Ages)

Welcome to the Adapted Open Skate program for people with exceptionalities. This program embraces diversity & accessibility, and is designed to provide a safe, welcoming and joyful environment for individuals with exceptionalities to experience and try ice-skating.

All participants require 1:1 support while they are on the ice surface. Support person must be 16 years of age or older. Approved skate-aids, sledges and wheelchairs are permitted on the ice. Sledges are also available to borrow at the BWG Leisure Centre upon request.

This program is also sensory aware. Please speak with the Inclusion Coordinator, Recreation Programmer or Duty Contact to request any accommodations.

Maximum program capacity is 40 participants. Participant support is exempt from this capacity limit and does not incur any program fees.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Creative Lab Open Hours (Drop in)

Date and Time: Tuesday, June 4 2:00 pm - 4:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

For more information please visit: <https://bradford.library.on.ca/iguana/www.main.cls?surl=creative%20lab>

Youth Basketball (Grades 9-12)

Date and Time: Tuesday, June 4 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Badminton (6-15 years)**

Date and Time: Tuesday, June 4 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Cycle (pre-booking required) 13+

Date and Time: Tuesday, June 4 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, June 4 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Wednesday, June 5, 2024

Lane Swim (13+)

Date and Time: Wednesday, June 5 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shinny (18+)

Date and Time: Wednesday, June 5 6:40 am - 8:00 am

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Cycle (pre-booking required) 13+

Date and Time: Wednesday, June 5 8:15 am - 8:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Adult Pickleball (18+)

Date and Time: Wednesday, June 5 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Closed

Date and Time: Wednesday, June 5 9:30 am - 8:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Zumba (13+)

Date and Time: Wednesday, June 5 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Wednesday, June 5 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Wednesday, June 5 10:30 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Wednesday, June 5 10:30 am - 11:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, June 5 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Volleyball (Grades 9-12)

Date and Time: Wednesday, June 5 2:15 pm - 4:15 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Wednesday, June 5 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

MetCon (13+)

Date and Time: Wednesday, June 5 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Adult Volleyball (18+)

Date and Time: Wednesday, June 5 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Wednesday, June 5 8:45 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Thursday, June 6, 2024

Lane Swim (13+)

Date and Time: Thursday, June 6 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+)

Date and Time: Thursday, June 6 8:15 am - 9:00 am

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout guaranteed to make you sweat!

Pilates (13+)

Date and Time: Thursday, June 6 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, June 6 9:40 am - 10:40 am

Address: BWG Leisure Centre

Parents are invited to bring their pre-schoolers to the Parent & Tot Skate program restricted to only parents/guardians and their children. Children participating must be **6 years of age or under**.

Parent/guardian participation is required on the ice. Only persons wearing skates and/or usage of a wheelchair/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Tot Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

SMDHU Breastfeeding Support Group

Date and Time: Thursday, June 6 10:00 am - 11:30 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A free support group that provides parents a place to talk, share experiences and encourage each other, in the company of a Public Health Nurse

Fit Bodies (13+)

Date and Time: Thursday, June 6 10:15 am - 11:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, June 6 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Relax Swim (All Ages)

Date and Time: Thursday, June 6 11:00 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Thursday, June 6 11:45 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

L.I.I.T. (13+)

Date and Time: Thursday, June 6 12:15 pm - 1:00 pm

Address: 471 West Park Ave. Bradford, Ont

L.I.I.T stands for Low Impact Interval Training. In this class cardiovascular fitness will be improved using the 20 seconds work / 10 seconds rest method. The workout avoids jumping and impact, creates a safe workout for joints and alternates cardio with strengthening, sculpt and core. Finish off with a full body stretch and recovery!

Lane Swim (13+)

Date and Time: Thursday, June 6 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

Adult Skate (18+)

Date and Time: Thursday, June 6 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Admittance is limited to participating skaters. All patrons who participate in the Adult Skate (18+) program are to respect the following rules:

- Skating aids, sticks, pucks, balls, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Thursday, June 6 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Creative Lab Open Hours (Drop in)

Date and Time: Thursday, June 6 4:30 pm - 6:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

For more information please visit: <https://bradford.library.on.ca/iguana/www.main.cls?surl=creative%20lab>

Children's Basketball (Grades 1-8) **

Date and Time: Thursday, June 6 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-14) - \$3.75

Friday, June 7, 2024

Lane Swim (13+) 4 Lanes Only

Date and Time: Friday, June 7 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Friday, June 7 9:15 am - 10:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Friday, June 7 9:15 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy



MetCon (13+)

Date and Time: Friday, June 7 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Parent & Tot Gym (0-5 years)

Date and Time: Friday, June 7 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Stretch (13+)

Date and Time: Friday, June 7 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

PA Day Open House - Bugs & Butterflies

Date and Time: Friday, June 7 11:30 am - 1:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Reading Lounge

Lane Swim (13+)

Date and Time: Friday, June 7 11:45 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)**

Date and Time: Friday, June 7 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium for the first 30 minutes, and then will utilize the full Gymnasium. Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Youth Basketball (Grades 9-12)

Date and Time: Friday, June 7 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Book Sale

Date and Time: Friday, June 7 4:00 pm - 7:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Come on over for this giant used book sale. Presented by the Friends of the Library.

Children's Basketball (Grades 1-8) **

Date and Time: Friday, June 7 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-14) - \$3.75

Public Skating (All Ages)

Date and Time: Friday, June 7 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Leisure Swim - All Ages

Date and Time: Friday, June 7 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Family Sports

Date and Time: Friday, June 7 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/gaurdian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Saturday, June 8, 2024

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, June 8 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Saturday, June 8 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Saturday, June 8 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, June 8 8:15 am - 9:00 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Bradford Farmers Market

Date and Time: Saturday, June 8 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

The Bradford Farmers Market will run from **May 18th until October 12th** this 2024 season.

For more information, and to learn more about the Market visit www.bradfordfarmersmarket.ca.

BollyX (13+)

Date and Time: Saturday, June 8 9:15 am - 10:00 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Book Sale

Date and Time: Saturday, June 8 10:00 am - 5:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Come on over for this giant used book sale. Presented by the Friends of the Library.

Pet Valu - Dog Adoption event w Project Paws Dog Rescue

Date and Time: Saturday, June 8 11:00 am - 2:00 pm

Address: 442 Holland Street West

Come in and talk with Project Paws Dog Rescue to find a new canine companion.

Lane Swim (13+)

Date and Time: Saturday, June 8 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pick-Up Basketball (18+)

Date and Time: Saturday, June 8 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Leisure Swim - All Ages

Date and Time: Saturday, June 8 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Chess Social: Movie Matinee

Date and Time: Saturday, June 8 2:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location Pascal Room

Portuguese Heritage Month and Portugal Flag Raising

Date and Time: Saturday, June 8 2:00 pm - 2:30 pm

Address: Court House Courtyard - 57 Holland St. E

Join us on Saturday, June 8, at 2:00 pm for the Portuguese Heritage Month and Portugal Day Flag Raising outside at the Court House Courtyard.

Portugal Day is the official national holiday of Portugal, and it is observed on June 10 each year. The day is intended to remember the death of Luís de Camões, who is recognized as the country's greatest national icon. Portuguese Heritage month is also celebrated across Canada every June, recognizing the community's contributions to building the strong, vibrant, and consciously more inclusive country we know today.

Try It Saturday - Water Basketball (10+)

Date and Time: Saturday, June 8 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Water basketball is an aquatic team sport that combines the principles of basketball and water polo, played in a swimming pool. Teams will aim to pass a ball back and forth and score by shooting it into a floating basket. The sport emphasizes team work, as players must coordinate to create space and passing opportunities. Teams employ various defensive strategies like zone or man-to-man defense to impede the opposing team's scoring opportunities.

Similar to traditional basketball, water basketball has positions such as guards, forwards, and a center. However, the fluid nature of movement in the water often leads to a more dynamic position play. The buoyancy of water provides support for people with limited mobility or joint issues, making it an inclusive sport for participants of various ages and abilities. The game provides a combination of cardiovascular exercise and strength training, as players engage multiple muscle groups and improve overall fitness through constant movement and resistance of the water. Water basketball contributes to the diversity of aquatic sports, providing a spirited and engaging team experience that highlights cooperation, strategic thinking, and athletic ability in a unique aquatic environment.

**Swimming Requirements: Swimmers must be comfortable swimming in both deep and shallow water.

REGISTRATION IS REQUIRED FOR THIS ACTIVITY (Limited Spaces Available) - USE THE FOLLOWING

LINK:

https://anc.ca.apm.activecommunities.com/townofbwg/activity/search?onlineSiteId=3&activity_select_param=2&viewMode=list

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, June 8 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Sunday, June 9, 2024

Lane Swim (13+)

Date and Time: Sunday, June 9 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (pre-booking required) 13+

Date and Time: Sunday, June 9 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, June 9 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in other styles.

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Sunday, June 9 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A

Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Sunday, June 9 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, June 9 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, June 9 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Book Sale

Date and Time: Sunday, June 9 1:00 pm - 3:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Come on over for this giant used book sale. Presented by the Friends of the Library.

Leisure Swim - All Ages

Date and Time: Sunday, June 9 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Huronia Hot Strings: Live in BWG

Date and Time: Sunday, June 9 2:00 pm - 4:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Magazine Area

Enjoy an afternoon of "Jazz Manouche" as popularized in 1940s Europe by Django Reihardt, Stéfan Grappelli and the "Hot Club De Paris". Insights into the history and development of this exciting style of jazz will be provided by band-leader, Tom Malone. Come. Join The Huronia Hot Strings courtesy of the Kool FM Barrie Jazz and Blues Festival.

Water Polo Sunday - Beginner and Advanced (13+)

Date and Time: Sunday, June 9 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Join us on Sunday June 9, 23 & 30 for beginner and advanced try it waterpolo!

Water polo is a team sport that combines elements of swimming, soccer, and basketball. It is played by having teams aiming to score goals by throwing a ball into the opponent's net or knock down a set of boards. For our beginner level, participants will be in the **SHALLOW** end of the pool, where ideally the participant is able to touch the bottom and walk, however some swimming may be required. ****Swimming Skills:** Since water polo is played in a pool, swimming is a core skill. Beginner s should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique know

n as the 'eggbeater kick', which provides stability and support to free the arms for ball handling.**Basic Strategies: Water polo is a game that requires both individual skills and team tactics. Beginners will focus on learning to handle the ball with one hand and develop a keen sense of awareness for both their teammates' positions and the opponents' strategies.

For our advanced level, participants will be in the **DEEP** end of the pool, and requires participants to be comfortable and able to swim in deep water and tread for longer periods of time.**Swimming Skills: Since water polo is played in a pool, swimming is a core skill. Advanced Players should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for ball handling. Players will learn about strategies, enhanced techniques and communication skills needed to play the game.

REGISTRATION IS REQUIRED FOR THIS ACTIVITY (Limited Spaces Available) - USE THE FOLLOWING LINK:

https://anc.ca.apm.activecommunities.com/townofbwg/activity/search?onlineSiteId=3&activity_select_param=2&viewMode=list

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, June 9 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Monday, June 10, 2024

Lane Swim (13+)

Date and Time: Monday, June 10 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+)

Date and Time: Monday, June 10 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Relax Swim (All Ages)

Date and Time: Monday, June 10 9:15 am - 12:30 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 10 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Zumba (13+)

Date and Time: Monday, June 10 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Monday, June 10 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 10 11:30 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pickleball (18+)**

Date and Time: Monday, June 10 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required. This program will utilize half the Gymnasium.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Adult Shinny (18+)

Date and Time: Monday, June 10 12:15 pm - 1:45 pm

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75

Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Monday, June 10 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (9 y/o and Younger)

Date and Time: Monday, June 10 3:15 pm - 4:15 pm

Address: BWG Leisure Centre

Parents are invited to bring their children to the Parent & Child Skate program restricted to only parents/guardians and their children. Children participating must be **9 years of age or under**.

Parent/guardian participation is required on the ice. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Child Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Parent & Tot Swim (0-6 years old)

Date and Time: Monday, June 10 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Royal Canadian Airforce Centennial Flag Raising

Date and Time: Monday, June 10 4:00 pm - 4:30 pm

Address: BWG Leisure Centre - 471 West Park Ave

Join us on Monday, June 10, at 4:00 pm for the Royal Canadian Airforce Centennial (RCAF) Flag Raising outside of the BWG Leisure Centre.

April 1, 2024, marked 100 years of service for the Royal Canadian Air Force as a distinct military element. The RCAF Centennial is an opportunity to showcase Air Force personnel and their accomplishments, demonstrate a pride in air and space power, enhance the reputation of the RCAF, and proudly honour its distinguished history and heritage.

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Children's Volleyball (Grades 1-8)

Date and Time: Monday, June 10 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

Stick & Puck (Ages 10-12)

Date and Time: Monday, June 10 5:30 pm - 7:00 pm

Address: BWG Leisure Centre

Stick & Puck

1. CSA approved helmets are mandatory for all participants during this program.
2. Organized hockey drills is prohibited.
3. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface
4. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing glove protection while on the ice surface.
5. Please share the ice fairly, no slap shots – keep games non-contact.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A

Stick & Puck	\$5.50	N/A
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****Please note that this time slot is strictly for participants 10 to 12 years of age.**

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Tuesday, June 11, 2024

Lane Swim (13+)

Date and Time: Tuesday, June 11 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+)

Date and Time: Tuesday, June 11 8:15 am - 9:00 am

Address: 471 West Park

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens the muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest in between.

Stretch (13+)

Date and Time: Tuesday, June 11 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Barre (13+)

Date and Time: Tuesday, June 11 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Parent & Tot Gym (0-5 years)

Date and Time: Tuesday, June 11 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Tuesday, June 11 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Tuesday, June 11 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure pool only. No water slide or lap pool. **RELAX POOL CLOSED DUE TO MAINTENANCE.**

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adapted Open Skate

Date and Time: Tuesday, June 11 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Adapted Open Skate (All Ages)

Welcome to the Adapted Open Skate program for people with exceptionalities. This program embraces diversity & accessibility, and is designed to provide a safe, welcoming and joyful environment for individuals with exceptionalities to experience and try ice-skating.

All participants require 1:1 support while they are on the ice surface. Support person must be 16 years of age or older. Approved skate-aids, sledges and wheelchairs are permitted on the ice. Sledges are also available to borrow at the BWG Leisure Centre upon request.

This program is also sensory aware. Please speak with the Inclusion Coordinator, Recreation Programmer or Duty Contact to request any accommodations.

Maximum program capacity is 40 participants. Participant support is exempt from this capacity limit and does not incur any program fees.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75

Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Creative Lab Open Hours (Drop in)

Date and Time: Tuesday, June 11 2:00 pm - 4:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

For more information please visit: <https://bradford.library.on.ca/iguana/www.main.cls?url=creative%20lab>

Youth Basketball (Grades 9-12)

Date and Time: Tuesday, June 11 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Bradford Blood Donation Event

Date and Time: Tuesday, June 11 3:00 pm - 7:00 pm

Address: St. John's Presbyterian Church - 2940 10th Sideroad, Bradford L3Z 3V2

Our community needs you. Let's come together and donate blood today. Same day and open appointment spots are often available at donation events. Book now on blood.ca, use the GiveBlood app or call 1 888 2 DONATE (1 888 236-6283).

Canadian Blood Services Donation Event

Date and Time: Tuesday, June 11 3:00 pm - 7:00 pm

Address: 2940 10th Sideroad, Bradford

The need for blood and plasma is constant. Your lifesaving donation makes all the difference. Your blood or plasma donation will have a major impact on patients in your community and across the country. Inspire your family and friends to donate with you. For many patients, plasma is the only treatment. Medication made from plasma saves lives. Each year, it takes thousands of donors to save the lives of patients across Canada. When you donate blood or plasma to **Canada's Lifeline** today, you make all the difference to someone's future.

Parent & Child Badminton (6-15 years)**

Date and Time: Tuesday, June 11 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Cycle (pre-booking required) 13+

Date and Time: Tuesday, June 11 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, June 11 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Wednesday, June 12, 2024

Lane Swim (13+)

Date and Time: Wednesday, June 12 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shinny (18+)

Date and Time: Wednesday, June 12 6:40 am - 8:00 am

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Cycle (pre-booking required) 13+

Date and Time: Wednesday, June 12 8:15 am - 8:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Adult Pickleball (18+)

Date and Time: Wednesday, June 12 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Zumba (13+)

Date and Time: Wednesday, June 12 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Wednesday, June 12 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Wednesday, June 12 10:30 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Wednesday, June 12 10:30 am - 11:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, June 12 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Volleyball (Grades 9-12)

Date and Time: Wednesday, June 12 2:15 pm - 4:15 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Wednesday, June 12 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

MetCon (13+)

Date and Time: Wednesday, June 12 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Psychological Thriller + Mystery Book Club

Date and Time: Wednesday, June 12 6:30 pm - 7:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Board Room

New members are always welcome.

Wednesday, August 21

Flicker in the Dark by Stacy Willingham

Wednesday, October 16

The Change by Kirsten Miller

Wednesday, December 18

Wrong Place Wrong Time by Gillian McAllister

Adult Volleyball (18+)

Date and Time: Wednesday, June 12 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Wednesday, June 12 8:45 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Thursday, June 13, 2024

Lane Swim (13+)

Date and Time: Thursday, June 13 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+)

Date and Time: Thursday, June 13 8:15 am - 9:00 am

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout guaranteed to make you sweat!

Pilates (13+)

Date and Time: Thursday, June 13 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, June 13 9:40 am - 10:40 am

Address: BWG Leisure Centre

Parents are invited to bring their pre-schoolers to the Parent & Tot Skate program restricted to only parents/guardians and their children. Children participating must be **6 years of age or under**.

Parent/guardian participation is required on the ice. Only persons wearing skates and/or usage of a wheelchair/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Tot Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

SMDHU Breastfeeding Support Group

Date and Time: Thursday, June 13 10:00 am - 11:30 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A free support group that provides parents a place to talk, share experiences and encourage each other, in the company of a Public Health Nurse

Fit Bodies (13+)

Date and Time: Thursday, June 13 10:15 am - 11:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, June 13 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Relax Swim (All Ages)

Date and Time: Thursday, June 13 11:00 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Thursday, June 13 11:45 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

L.I.I.T. (13+)

Date and Time: Thursday, June 13 12:15 pm - 1:00 pm

Address: 471 West Park Ave. Bradford, Ont

L.I.I.T stands for Low Impact Interval Training. In this class cardiovascular fitness will be improved using the 20 seconds work / 10 seconds rest method. The workout avoids jumping and impact, creates a safe workout for joints and alternates cardio with strengthening, sculpt and core. Finish off with a full body stretch and recovery!

Lane Swim (13+)

Date and Time: Thursday, June 13 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Homeschool Hangout (All Ages)

Date and Time: Thursday, June 13 1:00 pm - 2:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascal Room

Join other homeschool friends for a fun social hour led by Library staff!

Adult Skate (18+)

Date and Time: Thursday, June 13 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Admittance is limited to participating skaters. All patrons who participate in the Adult Skate (18+) program are to respect the following rules:

- Skating aids, sticks, pucks, balls, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A

Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Thursday, June 13 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Creative Lab Open Hours (Drop in)

Date and Time: Thursday, June 13 4:30 pm - 6:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

For more information please visit: <https://bradford.library.on.ca/iguana/www.main.cls?surl=creative%20lab>

Friday, June 14, 2024

Lane Swim (13+) 4 Lanes Only

Date and Time: Friday, June 14 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Friday, June 14 9:15 am - 10:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Friday, June 14 9:15 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

MetCon (13+)

Date and Time: Friday, June 14 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Parent & Tot Gym (0-5 years)

Date and Time: Friday, June 14 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Stretch (13+)

Date and Time: Friday, June 14 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Royal Canadian Air Force Centennial Celebration

Date and Time: Friday, June 14 10:30 am - 2:00 pm

Address: 471 West Park Avenue

The Town of Bradford West Gwillimbury proudly presents its

Royal Canadian Air Force Centennial Celebration

Friday, June 14, 2024

10:30 am | Parade

Travelling west along Holland Street West, starting at Collings Avenue towards the BWG Leisure Centre

1:00 pm | SkyHawks Landing and Official Ceremony

471 West Park Avenue

Please visit www.townofbwg.com/rcaf100 for full event details.

Lane Swim (13+)

Date and Time: Friday, June 14 11:45 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)**

Date and Time: Friday, June 14 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium for the first 30 minutes, and then will utilize the full Gymnasium. Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Free Youth Basketball

Date and Time: Friday, June 14 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

This event is free for participACTION month!

Children's Basketball (Grades 1-8) **

Date and Time: Friday, June 14 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-14) - \$3.75

Public Skating (All Ages)

Date and Time: Friday, June 14 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75

Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Leisure Swim - All Ages

Date and Time: Friday, June 14 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Family Sports

Date and Time: Friday, June 14 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/gaurdian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Saturday, June 15, 2024

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, June 15 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Saturday, June 15 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Saturday, June 15 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bradford Farmers Market

Date and Time: Saturday, June 15 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

The Bradford Farmers Market will run from **May 18th until October 12th** this 2024 season.

For more information, and to learn more about the Market visit www.bradfordfarmersmarket.ca.

Contact information: bradfordontariofarmersmarket@gmail.com

Tinker Time In the Creative Lab (Ages 4 & up)

Date and Time: Saturday, June 15 10:00 am - 12:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Tinker Time is a drop-in time at the Creative Lab devoted specifically for kids to use and play with our maker toys and kits - such as the Ozobots, Dot and Dash, Lego Boost, little bits and snap circuits.

Children under the age of 12 should be supervised by a responsible adult. As the space will have many small pieces, the area is not appropriate for young children who may put small items in their mouths (ages 4 and under).

For more information please visit: [Creative Lab](#)

Pet Valu - Cat Adoption event w Georgina Feral Cat Committee

Date and Time: Saturday, June 15 10:00 am - 2:00 pm

Address: 442 Holland Street West

Join us for a Cat Adoption event with Georgina Feral Cat Committee.

Pet Valu's Cage Match 2024: Cat vs. Dog

Date and Time: Saturday, June 15 10:00 am - 12:00 pm

Address: 442 Holland Street West

We are hosting our Annual Cage Match to raise funds for the Georgina Feral Cat Committee and Project Paws Dog Rescue.

A representative from each of the Rescue's will be in a dog crate waiting for you to "bail" them out!

So, are you a Cat person or a Dog person? Who will raise the most money?

Pop-Up Kids (Ages 2-10yrs)

Date and Time: Saturday, June 15 10:30 am - 11:30 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Kids Area

Join Gail for stories and fun. Ages 2 and up

Anti-Palestinian Racism Workshop

Date and Time: Saturday, June 15 11:00 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascal Room

Resident-led initiative. Two free workshops with Dalia El Farra. (11 a.m. & 1pm)

Lane Swim (13+)

Date and Time: Saturday, June 15 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

World Elder Abuse Awareness Day Flag Raising

Date and Time: Saturday, June 15 12:30 pm - 1:00 pm

Address: BWG Leisure Centre - 471 West Park Ave

Join us on Saturday, June 15 at 12:30 pm for the World World Elder Abuse Awareness Day Flag Raising held outside of the BWG Leisure Centre.

In 2006, the International Network for the Prevention of Elder Abuse, proclaimed World Elder Abuse Awareness Day to recognize the significance of elder abuse as a public health and human rights issue and provide an opportunity for communities to stand together against the abuse, mistreatment and neglect of older people.

Adult Pick-Up Basketball (18+)

Date and Time: Saturday, June 15 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Anti-Palestinian Racism Workshop

Date and Time: Saturday, June 15 1:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascal Room

Resident-led initiative. Two free workshops with Dalia El Farra. (11 a.m. & 1pm)

Leisure Swim - All Ages

Date and Time: Saturday, June 15 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Creative Lab Open Hours (Drop in)

Date and Time: Saturday, June 15 1:30 pm - 3:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

For more information please visit: <https://bradford.library.on.ca/iguana/www.main.cls?surl=creative%20lab>

Sunday, June 16, 2024

Lane Swim (13+)

Date and Time: Sunday, June 16 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (pre-booking required) 13+

Date and Time: Sunday, June 16 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, June 16 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in other styles.

Parent & Child Shiny (9 y/o and Younger)

Date and Time: Sunday, June 16 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Sunday, June 16 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

Adult Badminton (16+)

Date and Time: Sunday, June 16 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, June 16 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
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Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Leisure Swim - All Ages

Date and Time: Sunday, June 16 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, June 16 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Monday, June 17, 2024

Lane Swim (13+)

Date and Time: Monday, June 17 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+)

Date and Time: Monday, June 17 9:15 am - 10:15 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Relax Swim (All Ages)

Date and Time: Monday, June 17 9:15 am - 12:30 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 17 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Zumba (13+)

Date and Time: Monday, June 17 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Monday, June 17 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 17 11:30 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pickleball (18+)**

Date and Time: Monday, June 17 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required. This program will utilize half the Gymnasium.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Yoga (13+)

Date and Time: Monday, June 17 12:15 pm - 1:00 pm

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Adult Shinny (18+)

Date and Time: Monday, June 17 12:15 pm - 1:45 pm

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Monday, June 17 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (9 y/o and Younger)

Date and Time: Monday, June 17 3:15 pm - 4:15 pm

Address: BWG Leisure Centre

Parents are invited to bring their children to the Parent & Child Skate program restricted to only parents/guardians and their children. Children participating must be **9 years of age or under**.

Parent/guardian participation is required on the ice. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Child Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Parent & Tot Swim (0-6 years old)

Date and Time: Monday, June 17 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Impact Youth Leadership Program (Ages 12-18)

Date and Time: Monday, June 17 4:00 pm - 6:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Impact Youth & Cultural Centre presents the Bradford Youth Group.

Join us for a 16 week Leadership Program. For teens aged 12 to 18.

Free! Register [here](#), or drop in to check it out.

Children's Volleyball (Grades 1-8)

Date and Time: Monday, June 17 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

Tuesday, June 18, 2024

Lane Swim (13+)

Date and Time: Tuesday, June 18 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+)

Date and Time: Tuesday, June 18 8:15 am - 9:00 am

Address: 471 West Park

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens the muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest in between.

Stretch (13+)

Date and Time: Tuesday, June 18 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Barre (13+)

Date and Time: Tuesday, June 18 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Aquafit (pre-booking required) 13+

Date and Time: Tuesday, June 18 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Tuesday, June 18 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Tuesday, June 18 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Tuesday, June 18 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adapted Open Skate

Date and Time: Tuesday, June 18 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Adapted Open Skate (All Ages)

Welcome to the Adapted Open Skate program for people with exceptionalities. This program embraces diversity & accessibility, and is designed to provide a safe, welcoming and joyful environment for individuals with exceptionalities to experience and try ice-skating.

All participants require 1:1 support while they are on the ice surface. Support person must be 16 years of age or older. Approved skate-aids, sledges and wheelchairs are permitted on the ice. Sledges are also available to borrow at the BWG Leisure Centre upon request.

This program is also sensory aware. Please speak with the Inclusion Coordinator, Recreation Programmer or Duty Contact to request any accommodations.

Maximum program capacity is 40 participants. Participant support is exempt from this capacity limit and does not incur any program fees.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Tuesday, June 18 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Cycle (pre-booking required) 13+

Date and Time: Tuesday, June 18 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, June 18 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Leisure Swim - All Ages

Date and Time: Tuesday, June 18 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)**

Date and Time: Tuesday, June 18 7:45 pm - 9:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Kettlebell (13+)

Date and Time: Tuesday, June 18 8:00 pm - 8:45 pm

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout guaranteed to make you sweat!

Wednesday, June 19, 2024

Lane Swim (13+)

Date and Time: Wednesday, June 19 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shinny (18+)

Date and Time: Wednesday, June 19 6:40 am - 8:00 am

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Cycle (pre-booking required) 13+

Date and Time: Wednesday, June 19 8:15 am - 8:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yoga (13+)

Date and Time: Wednesday, June 19 9:00 am - 10:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Adult Pickleball (18+)

Date and Time: Wednesday, June 19 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Zumba (13+)

Date and Time: Wednesday, June 19 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Wednesday, June 19 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Wednesday, June 19 10:30 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Wednesday, June 19 10:30 am - 11:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, June 19 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Closed

Date and Time: Wednesday, June 19 12:00 pm - 2:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Youth Volleyball (Grades 9-12)

Date and Time: Wednesday, June 19 2:15 pm - 4:15 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Exam Cram (Grade 9 -12)

Date and Time: Wednesday, June 19 2:30 pm - 4:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Study break activities to reduce stress.

Students in grades 9 - 12, take a study break and drop into our stress-free zone in the Zima Room. Do some coloring, grab a snack, paint with water, and live in the moment for a little while. Special guests from the St John Ambulance Therapy Dogs!

Parent & Tot Swim (0-6 years old)

Date and Time: Wednesday, June 19 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

MetCon (13+)

Date and Time: Wednesday, June 19 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Thursday, June 20, 2024

Lane Swim (13+)

Date and Time: Thursday, June 20 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+)

Date and Time: Thursday, June 20 8:15 am - 9:00 am

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout guaranteed to make you sweat!

Pilates (13+)

Date and Time: Thursday, June 20 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, June 20 9:40 am - 10:40 am

Address: BWG Leisure Centre

Parents are invited to bring their pre-schoolers to the Parent & Tot Skate program restricted to only parents/guardians and their children. Children participating must be **6 years of age or under**.

Parent/guardian participation is required on the ice. Only persons wearing skates and/or usage of a wheelchair/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Tot Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75

Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

SMDHU Breastfeeding Support Group

Date and Time: Thursday, June 20 10:00 am - 11:30 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A free support group that provides parents a place to talk, share experiences and encourage each other, in the company of a Public Health Nurse

Fit Bodies (13+)

Date and Time: Thursday, June 20 10:15 am - 11:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Aquafit (pre-booking required) 13+

Date and Time: Thursday, June 20 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, June 20 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Relax Swim (All Ages)

Date and Time: Thursday, June 20 11:00 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy



Lane Swim (13+) 4 Lanes Only

Date and Time: Thursday, June 20 11:45 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

L.I.I.T. (13+)

Date and Time: Thursday, June 20 12:15 pm - 1:00 pm

Address: 471 West Park Ave. Bradford, Ont

L.I.I.T stands for Low Impact Interval Training. In this class cardiovascular fitness will be improved using the 20 seconds work / 10 seconds rest method. The workout avoids jumping and impact, creates a safe workout for joints and alternates cardio with strengthening, sculpt and core. Finish off with a full body stretch and recovery!

Lane Swim (13+)

Date and Time: Thursday, June 20 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Skate (18+)

Date and Time: Thursday, June 20 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Admittance is limited to participating skaters. All patrons who participate in the Adult Skate (18+) program are to respect the following rules:

- Skating aids, sticks, pucks, balls, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately

- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Movie Matinée (The Upside)

Date and Time: Thursday, June 20 1:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Board Room

A recently paroled ex-convict, Dell, strikes up an unusual and unlikely friendship with a quadriplegic billionaire , Philip Lacasse, in this 'funny and warm-hearted buddy comedy.' From worlds apart, Dell and Philip form an unlikely bond, bridging their differences and gaining invaluable wisdom in the process, giving each man a renewed sense of passion for all of life's possibilities. Starring Kevin Hart, Bryan Cranston, and Nicole Kidman. PG-13.

Youth Basketball (Grades 9-12)

Date and Time: Thursday, June 20 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Friday, June 21, 2024

Yoga (13+)

Date and Time: Friday, June 21 9:00 am - 10:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Lane Swim (13+) 4 Lanes Only

Date and Time: Friday, June 21 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Friday, June 21 9:15 am - 10:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Friday, June 21 9:15 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Friday, June 21 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Yoga (13+)

Date and Time: Friday, June 21 10:00 am - 11:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels we

lcome.

Aquafit (pre-booking required) 13+

Date and Time: Friday, June 21 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Yoga (13+)

Date and Time: Friday, June 21 11:00 am - 12:00 pm

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Lane Swim (13+)

Date and Time: Friday, June 21 11:45 am - 12:50 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)**

Date and Time: Friday, June 21 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium for the first 30 minutes, and then will utilize the full Gymnasium. Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Youth Basketball (Grades 9-12)

Date and Time: Friday, June 21 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Children's Nerf Challenge (Grades 1-4)

Date and Time: Friday, June 21 4:45 pm - 5:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

National Indigenous Peoples Day Flag Raising and Community Celebration

Date and Time: Friday, June 21 5:00 pm - 8:30 pm

Address: BWG Leisure Centre - 471 West Park Ave

Join us on Friday, June 21, at 5:00 pm for the National Indigenous Peoples Day Flag Raising and Community Celebration.

National Indigenous Peoples Day is a day recognizing and celebrating the cultures and contributions of the First Nations, Inuit, and Métis Indigenous peoples of Canada. For generations, many Indigenous groups and communities have celebrated their culture and heritage on June 21 or around that time of year because of the significance of the summer solstice as the longest day of the year.

National Indigenous People's Day Celebration

Date and Time: Friday, June 21 5:00 pm - 8:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Cafe' Area

An evening packed with powerful guest speakers, mesmerizing drummers, singers, dancers, and a dance circle to unite our spirits. Enjoy food & vendors onsite.

Children's Nerf Challenge (Grades 5-8)

Date and Time: Friday, June 21 5:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

Saturday, June 22, 2024

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, June 22 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75

Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Saturday, June 22 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Saturday, June 22 8:00 am - 8:45 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Saturday, June 22 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, June 22 8:15 am - 9:00 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Bradford Farmers Market

Date and Time: Saturday, June 22 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

The Bradford Farmers Market will run from **May 18th until October 12th** this 2024 season.

For more information, and to learn more about the Market visit www.bradfordfarmersmarket.ca.

Contact information: bradfordontariofarmersmarket@gmail.com

BollyX (13+)

Date and Time: Saturday, June 22 9:15 am - 10:00 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Yoga (13+)

Date and Time: Saturday, June 22 10:15 am - 11:15 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

TD Summer Reading Kickoff Party

Date and Time: Saturday, June 22 10:30 am - 1:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Come on over as we kick off the 2024 TD Summer Reading Club.

Storyteller Jeremy John will make balloon animals and tell us why he loves reading. We'll have crafts and fun activities in the Zima Room.

Register for the TD Summer Reading Club, and pick up your summer reading kit.

Can't make it on Saturday, June 22? No problem, we'll be able to register you for the Club at the Service Desk, and at the Farmers' Market after that date.

Our TD Summer Reading Club Desk will open on Tuesday, July 2, and that's when Club activities will begin.

Lane Swim (13+)

Date and Time: Saturday, June 22 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Leisure Swim - All Ages

Date and Time: Saturday, June 22 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, June 22 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Try It Saturday - Synchronized Swimming with Eleanor! (10+)

Date and Time: Saturday, June 22 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Synchronized Swimming is a hybrid form of swimming, dance and gymnastics that consists of swimmers performing a synchronized routine of elaborate moves in the water accompanied by music. The performance of a synchronized swim is judged based on the grace, beauty, and artistic expression of the routine, as well as the technical skill. The athletes perform aesthetically pleasing and often complex movements in the water, to the tune of chosen music, which can range from classical to contemporary pop. D

**During this Try It activity, participants will learn basic moves and have fun swimming to the music. Participants should be comfortable with swimming, submerging their head and holding their breath for short periods of time under the surface.

REGISTRATION IS REQUIRED FOR THIS ACTIVITY (Limited Spaces Available) - USE THE FOLLOWING LINK:

https://anc.ca.apm.activecommunities.com/townofbwg/activity/search?onlineSiteId=3&activity_select_param=2&viewMode=list

Sunday, June 23, 2024

Lane Swim (13+)

Date and Time: Sunday, June 23 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (pre-booking required) 13+

Date and Time: Sunday, June 23 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, June 23 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in other styles.

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Sunday, June 23 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Sunday, June 23 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, June 23 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, June 23 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Leisure Swim - All Ages

Date and Time: Sunday, June 23 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

BWG Music & Poetry Circle

Date and Time: Sunday, June 23 2:00 pm - 4:00 pm

Address: 425 Holland St W, Bradford, ON L3Z 0J2

What's a music and poetry circle? Come see for yourself! Bring a song, an instrument, or a piece of poetry.

You can also just sit, relax, and enjoy as neighbours go round the circle and each share something they're working on.

All ages and experience levels welcome, and we hope to see you there!

Location: Zima Room

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, June 23 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Water Polo Sunday - Beginner and Advanced (13+)

Date and Time: Sunday, June 23 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Join us on Sunday June 9, 23 & 30 for beginner and advanced try it waterpolo!

Water polo is a team sport that combines elements of swimming, soccer, and basketball. It is played by having teams aiming to score goals by throwing a ball into the opponent's net or knock down a set of boards. For our beginner level, participants will be in the **SHALLOW** end of the pool, where ideally the participant is able to touch the bottom and walk, however some swimming may be required. ****Swimming Skills:** Since water polo is played in a pool, swimming is a core skill. Beginners should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for ball handling. ****Basic Strategies:** Water polo is a game that requires both individual skills and team tactics. Beginners will focus on learning to handle the ball with one hand and develop a keen sense of awareness for both their teammates' positions and the opponents' strategies.

For our advanced level, participants will be in the **DEEP** end of the pool, and requires participants to be comfortable and able to swim in deep water and tread for longer periods of time. ****Swimming Skills:** Since water polo is played in a pool, swimming is a core skill. Advanced Players should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for ball handling. Players will learn about strategies, enhanced techniques and communication skills needed to play the game.

REGISTRATION IS REQUIRED FOR THIS ACTIVITY (Limited Spaces Available) - USE THE FOLLOWING LINK:

https://anc.ca.apm.activecommunities.com/townofbwg/activity/search?onlineSiteId=3&activity_select_param=2&viewMode=list

Monday, June 24, 2024

Lane Swim (13+)

Date and Time: Monday, June 24 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+)

Date and Time: Monday, June 24 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Relax Swim (All Ages)

Date and Time: Monday, June 24 9:15 am - 12:30 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 24 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

St. John Ambulance Week Flag Raising

Date and Time: Monday, June 24 10:00 am - 10:30 am

Address: Court House Courtyard - 57 Holland St. E

Join us on Monday, June 24, for the St. John Ambulance Week Flag Raising outside of the Court House Courtyard.

In 1883, Quebec City was the first Canadian branch to teach first aid courses and by 1892, St. John grew to be a national organization with 12 branches teaching first aid from coast-to-coast. Today, St. John Ambulance operates in more than 300 communities across Canada with over 10,000 volunteers who provide over one million hours of community service per year.

Zumba (13+)

Date and Time: Monday, June 24 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Monday, June 24 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Aquafit (pre-booking required) 13+

Date and Time: Monday, June 24 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Adult Pickleball (18+)**

Date and Time: Monday, June 24 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required. This program will utilize half the Gymnasium.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Lane Swim (13+)

Date and Time: Monday, June 24 11:30 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shiny (18+)

Date and Time: Monday, June 24 12:15 pm - 1:45 pm

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Yoga (13+)

Date and Time: Monday, June 24 12:15 pm - 1:00 pm

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Youth Basketball (Grades 9-12)

Date and Time: Monday, June 24 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (9 y/o and Younger)

Date and Time: Monday, June 24 3:15 pm - 4:15 pm

Address: BWG Leisure Centre

Parents are invited to bring their children to the Parent & Child Skate program restricted to only parents/guardians and their children. Children participating must be **9 years of age or under**.

Parent/guardian participation is required on the ice. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Child Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Parent & Tot Swim (0-6 years old)

Date and Time: Monday, June 24 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Tuesday, June 25, 2024

Lane Swim (13+)

Date and Time: Tuesday, June 25 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+)

Date and Time: Tuesday, June 25 8:15 am - 9:00 am

Address: 471 West Park

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens the muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest in between.

Stretch (13+)

Date and Time: Tuesday, June 25 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

CAN Meeting - Ward 4

Date and Time: Tuesday, June 25 10:00 am - 12:00 pm

Address: Fire Station 1, 75 Melbourne Drive, Bradford, ON L3Z 1M2

Calling all Ward 4 Residents!

CAN Meetings are back for 2024!

Join Mayor Leduc, Deputy Mayor Sandhu, and Councillor Giordano for our June Community Access Networking (CAN) event on Saturday, June 25!

Learn about what's happening in your ward.

Learn more about Town services.

Ask questions, share ideas, and more!

Saturday, June 15 | 10:00 am – 12:00 pm

Fire Station 1 | 77 Melbourne Drive

Community Access Networking (CAN) is an initiative established by Council, providing residents the opportunity to join them in a relaxed, friendly, and informal environment; and ask questions, raise issues, and share ideas.

Each CAN meeting will be hosted by Mayor James Leduc, Deputy Mayor Raj Sandu, and a different ward Councillor every month (1 through 7). Although the events have been designed to highlight one ward per meeting, all residents are welcome to attend any meeting date of their choosing.

To learn more about CAN meetings or to view the meeting schedule, visit: www.townofbwg.com/CAN

Bradford Mamas

Date and Time: Tuesday, June 25 10:00 am - 11:00 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A drop-in to meet up with new moms to connect and build friendships.

Barre (13+)

Date and Time: Tuesday, June 25 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Aquafit (pre-booking required) 13+

Date and Time: Tuesday, June 25 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Tuesday, June 25 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Tuesday, June 25 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Tuesday, June 25 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adapted Open Skate

Date and Time: Tuesday, June 25 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Adapted Open Skate (All Ages)

Welcome to the Adapted Open Skate program for people with exceptionalities. This program embraces diversity & accessibility, and is designed to provide a safe, welcoming and joyful environment for individuals with exceptionalities to experience and try ice-skating.

All participants require 1:1 support while they are on the ice surface. Support person must be 16 years of age or older. Approved skate-aids, sledges and wheelchairs are permitted on the ice. Sledges are also available to borrow at the BWG Leisure Centre upon request.

This program is also sensory aware. Please speak with the Inclusion Coordinator, Recreation Programmer or Duty Contact to request any accommodations.

Maximum program capacity is 40 participants. Participant support is exempt from this capacity limit and does not incur any program fees.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75

Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Tuesday, June 25 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Badminton (6-15 years)**

Date and Time: Tuesday, June 25 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Cycle (pre-booking required) 13+

Date and Time: Tuesday, June 25 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, June 25 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Wednesday, June 26, 2024

Lane Swim (13+)

Date and Time: Wednesday, June 26 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shinny (18+)

Date and Time: Wednesday, June 26 6:40 am - 8:00 am

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
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Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Cycle (pre-booking required) 13+

Date and Time: Wednesday, June 26 8:15 am - 8:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yoga (13+)

Date and Time: Wednesday, June 26 9:00 am - 10:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Adult Pickleball (18+)

Date and Time: Wednesday, June 26 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Zumba (13+)

Date and Time: Wednesday, June 26 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Wednesday, June 26 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Wednesday, June 26 10:30 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Wednesday, June 26 10:30 am - 11:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, June 26 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Next Chapter Café

Date and Time: Wednesday, June 26 1:00 pm - 2:30 pm

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Board Room

Join Andréa monthly to enjoy conversation, board games and brain games for older adults. Drop-in.

Meetings happen on the fourth Wednesday of the month, in the Boardroom.

Youth Volleyball (Grades 9-12)

Date and Time: Wednesday, June 26 2:15 pm - 4:15 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Wednesday, June 26 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Teen Volunteer Orientation (Grades 9-12)

Date and Time: Wednesday, June 26 4:15 pm - 5:15 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascal Room

We're looking for teens who are punctual, reliable, and good at communication to earn volunteer hours by assisting with Summer Programs. Volunteer experience like this looks great on a résumé.

Help us for one program, or for many programs. See the form for your options.

Please note: the signature of a parent or guardian is required.

Application forms are available at the Library, or are downloadable. Drop your completed application off at the Service Desk, or email it to ecampbell@bradford.library.on.ca

[Information form](#)

[Application form](#)

Volunteers must attend one of our two training sessions on either **Wednesday, June 26 at 4:15 p.m., or Wednesday, July 3 at 4:15 p.m.**

MetCon (13+)

Date and Time: Wednesday, June 26 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Thursday, June 27, 2024

Lane Swim (13+)

Date and Time: Thursday, June 27 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+)

Date and Time: Thursday, June 27 8:15 am - 9:00 am

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout guaranteed to make you sweat!

Pilates (13+)

Date and Time: Thursday, June 27 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, June 27 9:40 am - 10:40 am

Address: BWG Leisure Centre

Parents are invited to bring their pre-schoolers to the Parent & Tot Skate program restricted to only parents/guardians and their children. Children participating must be **6 years of age or under**.

Parent/guardian participation is required on the ice. Only persons wearing skates and/or usage of a wheelchair/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Tot Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

SMDHU Breastfeeding Support Group

Date and Time: Thursday, June 27 10:00 am - 11:30 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A free support group that provides parents a place to talk, share experiences and encourage each other, in the company of a Public Health Nurse

Fit Bodies (13+)

Date and Time: Thursday, June 27 10:15 am - 11:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Seniors Walk 'n' Roll

Date and Time: Thursday, June 27 10:30 am - 12:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Join Ali from the BWG Leisure Centre for a walk on the library lawn followed by a nutrition talk and healthy snacks.

Aquafit (pre-booking required) 13+

Date and Time: Thursday, June 27 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, June 27 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Relax Swim (All Ages)

Date and Time: Thursday, June 27 11:00 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy



Lane Swim (13+) 4 Lanes Only

Date and Time: Thursday, June 27 11:45 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

L.I.I.T. (13+)

Date and Time: Thursday, June 27 12:15 pm - 1:00 pm

Address: 471 West Park Ave. Bradford, Ont

L.I.I.T stands for Low Impact Interval Training. In this class cardiovascular fitness will be improved using the 20 seconds work / 10 seconds rest method. The workout avoids jumping and impact, creates a safe workout for joints and alternates cardio with strengthening, sculpt and core. Finish off with a full body stretch and recovery!

Lane Swim (13+)

Date and Time: Thursday, June 27 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Skate (18+)

Date and Time: Thursday, June 27 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Admittance is limited to participating skaters. All patrons who participate in the Adult Skate (18+) program are to respect the following rules:

- Skating aids, sticks, pucks, balls, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately

- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Thursday, June 27 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Friday, June 28, 2024

Lane Swim (13+) 4 Lanes Only

Date and Time: Friday, June 28 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Silver Swim - 50+

Date and Time: Friday, June 28 9:15 am - 10:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Friday, June 28 9:15 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

MetCon (13+)

Date and Time: Friday, June 28 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Parent & Tot Gym (0-5 years)

Date and Time: Friday, June 28 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Babytime Walkers (Ages 12-24 mon)

Date and Time: Friday, June 28 9:45 am - 10:15 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Babies 12-24 months will enjoy songs, rhymes and stories with Andréa.

Drop-in. Free!

Stretch (13+)

Date and Time: Friday, June 28 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Aquafit (pre-booking required) 13+

Date and Time: Friday, June 28 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Babytime Creepers (Ages 4-12 mon)

Date and Time: Friday, June 28 10:45 am - 11:15 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Babies 4-12 months old will enjoy stories, songs and rhymes with Andrea!

Drop-in. Free!

Lane Swim (13+)

Date and Time: Friday, June 28 11:45 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)**

Date and Time: Friday, June 28 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium for the first 30 minutes, and then will utilize the full Gymnasium. Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Youth Basketball (Grades 9-12)

Date and Time: Friday, June 28 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Open Mic

Date and Time: Friday, June 28 4:30 pm - 7:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Singers, musicians, and lovers of live music, come out to this open mic, hosted by local musician Nicole Fleshin.

Share your talents • Enjoy the talents of others

Children's Basketball (Grades 1-8) **

Date and Time: Friday, June 28 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-14) - \$3.75

Public Skating (All Ages)

Date and Time: Friday, June 28 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Saturday, June 29, 2024

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, June 29 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Saturday, June 29 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Saturday, June 29 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Aquafit (pre-booking required) 13+

Date and Time: Saturday, June 29 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Bootcamp (13+)

Date and Time: Saturday, June 29 8:15 am - 9:00 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Bradford Farmers Market Pride Festival

Date and Time: Saturday, June 29 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

Join the Bradford Farmers Market for their Pride Festival on June 29th.

The event will feature:

- 46 Booths
- Zumba Dance Crew at 11:30 am
- DJ Matteo
- Groovy Van for photo backdrop

The Bradford Farmers Market will run from **May 18th until October 12th** this 2024 season.

For more information, and to learn more about the Market visit www.bradfordfarmersmarket.ca.

Contact information: bradfordontariofarmersmarket@gmail.com

Family Sports

Date and Time: Saturday, June 29 9:00 am - 11:00 am

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/gaurdian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

BollyX (13+)

Date and Time: Saturday, June 29 9:15 am - 10:00 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Yoga (13+)

Date and Time: Saturday, June 29 10:15 am - 11:15 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Pop-Up Kids (Ages 2-10yrs)

Date and Time: Saturday, June 29 10:30 am - 11:30 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Kids Area

Join Gail for stories and fun. Ages 2 and up

Adult Pick-Up Basketball (18+)

Date and Time: Saturday, June 29 11:30 am - 1:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Saturday, June 29 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

An Afternoon with the Haus of Deveraux (All Ages)

Date and Time: Saturday, June 29 1:00 pm - 4:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Join E'Claire and Carmen from the Haus of Deveraux for storytime.

Storytimes at 1:00 p.m., and 2:30 p.m.

Leisure Swim - All Ages

Date and Time: Saturday, June 29 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Children's Basketball (Grades 1-8) **

Date and Time: Saturday, June 29 1:45 pm - 3:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-14) - \$3.75

Sunday, June 30, 2024

Lane Swim (13+)

Date and Time: Sunday, June 30 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Sunday, June 30 9:00 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Cycle (pre-booking required) 13+

Date and Time: Sunday, June 30 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Closed

Date and Time: Sunday, June 30 9:30 am - 8:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Sunday, June 30 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Yoga (13+)

Date and Time: Sunday, June 30 10:00 am - 11:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Yin Yoga (13+)

Date and Time: Sunday, June 30 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in other styles.

Adult Badminton (16+)

Date and Time: Sunday, June 30 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Sunday, June 30 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Public Skating (All Ages)

Date and Time: Sunday, June 30 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacers door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Leisure Swim - All Ages

Date and Time: Sunday, June 30 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (Grades 9-12)

Date and Time: Sunday, June 30 1:45 pm - 3:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, June 30 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Water Polo Sunday - Beginner and Advanced (13+)

Date and Time: Sunday, June 30 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Join us on Sunday June 9, 23 & 30 for beginner and advanced try it waterpolo!

Water polo is a team sport that combines elements of swimming, soccer, and basketball. It is played by having teams aiming to score goals by throwing a ball into the opponent's net or knock down a set of boards. For our beginner level, participants will be in the **SHALLOW** end of the pool, where ideally the participant is able to touch the bottom and walk, however some swimming may be required. ****Swimming Skills:** Since water polo is played in a pool, swimming is a core skill. Beginner should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for ball handling. ****Basic Strategies:** Water polo is a game that requires both individual skills and team tactics. Beginners will focus on learning to handle the ball with one hand and develop a keen sense of awareness for both their teammates' positions and the opponents' strategies.

For our advanced level, participants will be in the **DEEP** end of the pool, and requires participants to be comfortable and able to swim in deep water and tread for longer periods of time. ****Swimming Skills:** Since water polo is played in a pool, swimming is a core skill. Advanced Players should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for ball handling. Players will learn about strategies, enhanced techniques and communication skills needed to play the game.

REGISTRATION IS REQUIRED FOR THIS ACTIVITY (Limited Spaces Available) - USE THE FOLLOWING LINK:

https://anc.ca.apm.activecommunities.com/townofbwg/activity/search?onlineSiteId=3&activity_select_param=2&viewMode=list

<https://calendar.townofbwg.com>