

Saturday, April 1, 2023

Parent & Tot Shiny (6 y/o and Younger)

Date and Time: Saturday, April 1 7:15 am - 8:15 am

Address: BWG Leisure Centre

Lane Swim (13+)

Date and Time: Saturday, April 1 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) - 4 LANES

Date and Time: Saturday, April 1 8:00 am - 8:45 am

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, April 1 8:00 am - 8:45 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Aquafit (13+) (pre-booking required)

Date and Time: Saturday, April 1 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Family Sports

Date and Time: Saturday, April 1 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/guardian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Saturday, April 1 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)

Date and Time: Saturday, April 1 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Leisure Swim - All Ages

Date and Time: Saturday, April 1 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Public Skating (All Ages)

Date and Time: Saturday, April 1 2:15 pm - 3:45 pm

Address: BWG Leisure Centre

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, April 1 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Sunday, April 2, 2023

Lane Swim (13+)

Date and Time: Sunday, April 2 7:30 am - 8:45 am

Address: BWG Leisure Centre

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (13+) (pre-booking required)

Date and Time: Sunday, April 2 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, April 2 10:00 am - 11:00 am

Address: BWG Leisure Centre

This diverse style of yoga holds poses for a longer period of time to access the deeper connective tissues of the body.

Lane Swim (13+)

Date and Time: Sunday, April 2 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, April 2 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, April 2 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Sunday, April 2 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, April 2 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Monday, April 3, 2023

Lane Swim (13+)

Date and Time: Monday, April 3 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Monday, April 3 9:15 am - 10:45 am

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+) (pre-booking required)

Date and Time: Monday, April 3 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Lane Swim (13+)

Date and Time: Monday, April 3 11:00 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pickleball (18+)**

Date and Time: Monday, April 3 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Adult Shiny (18+)

Date and Time: Monday, April 3 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Monday, April 3 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (8 y/o and Younger)

Date and Time: Monday, April 3 3:30 pm - 4:15 pm

Address: BWG Leisure Centre

For children 8 years of age and younger and parents/guardians. Leisure Centre Skating aids permitted.

Parent & Child Basketball (6-12 years)

Date and Time: Monday, April 3 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Monday, April 3 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Bollywood (13+)

Date and Time: Monday, April 3 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Adult Pick-Up Basketball (18+)

Date and Time: Monday, April 3 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Aquafit (13+) (pre-booking required)

Date and Time: Monday, April 3 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Yoga (13+)

Date and Time: Monday, April 3 8:00 pm - 8:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Lane Swim (13+)

Date and Time: Monday, April 3 8:45 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Tuesday, April 4, 2023

Lane Swim (13+)

Date and Time: Tuesday, April 4 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+) (pre-booking required)

Date and Time: Tuesday, April 4 8:15 am - 9:00 am

Address: BWG Leisure Centre

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens your muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest between.

Stretch (13+)

Date and Time: Tuesday, April 4 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Barre (13+) (pre-booking required)

Date and Time: Tuesday, April 4 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Aquafit (13+) (pre-booking required)

Date and Time: Tuesday, April 4 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Lane Swim (13+)

Date and Time: Tuesday, April 4 11:45 am - 2:00 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Tuesday, April 4 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Tuesday, April 4 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Children's Badminton (6-15 years)**

Date and Time: Tuesday, April 4 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Cycle (13+) (pre-booking required)

Date and Time: Tuesday, April 4 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, April 4 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Leisure Swim - All Ages

Date and Time: Tuesday, April 4 7:15 pm - 8:30 pm

Address: BWG Leisure Centre

Adult Badminton (16+)**

Date and Time: Tuesday, April 4 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Kettlebell (13+) (pre-booking required)

Date and Time: Tuesday, April 4 8:00 pm - 8:45 pm

Address: BWG Leisure Centre

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout, guaranteed to make you sweat.

Lane Swim (13+)

Date and Time: Tuesday, April 4 8:45 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Wednesday, April 5, 2023

Adult Shiny (18+)

Date and Time: Wednesday, April 5 6:40 am - 8:00 am

Address: BWG Leisure Centre

Yoga (13+)

Date and Time: Wednesday, April 5 9:00 am - 10:00 am

Address: 471 West Park Ave

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Relax Swim - All Ages

Date and Time: Wednesday, April 5 9:15 am - 10:45 am

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Wednesday, April 5 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Zumba (13+)

Date and Time: Wednesday, April 5 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+)

Date and Time: Wednesday, April 5 11:00 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pickleball (18+)**

Date and Time: Wednesday, April 5 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Wednesday, April 5 12:15 pm - 12:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Youth Volleyball (13-17 years)

Date and Time: Wednesday, April 5 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Volleyball (6-12 years)

Date and Time: Wednesday, April 5 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

MetCon (13+) (pre-booking required)

Date and Time: Wednesday, April 5 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Yoga (13+)

Date and Time: Wednesday, April 5 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Adult Volleyball (18+)

Date and Time: Wednesday, April 5 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Aquafit (13+) (pre-booking required)

Date and Time: Wednesday, April 5 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Lane Swim (13+)

Date and Time: Wednesday, April 5 8:45 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Thursday, April 6, 2023

Kettlebell (13+) (pre-booking required)

Date and Time: Thursday, April 6 8:15 am - 9:00 am

Address: BWG Leisure Centre

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout, guaranteed to make you sweat.

Pilates (13+)

Date and Time: Thursday, April 6 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Cycle (13+) (pre-booking required)

Date and Time: Thursday, April 6 9:15 am - 10:00 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, April 6 9:40 am - 10:30 am

Address: BWG Leisure Centre

For children 6 years of age and younger and parents/guardians. Leisure Centre Skating aids are permitted.

Aquafit (13+) (pre-booking required)

Date and Time: Thursday, April 6 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, April 6 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+) - 4 LANES

Date and Time: Thursday, April 6 11:45 am - 12:30 pm

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Thursday, April 6 12:40 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Skate (18+)

Date and Time: Thursday, April 6 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Thursday, April 6 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Children's Basketball (6-12 years)

Date and Time: Thursday, April 6 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

Tabata (13+)

Date and Time: Thursday, April 6 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

Challenge yourself through a variety of exercises, using the HIIT method (working 20 seconds, resting 10 seconds).

Bollywood (13+) Studio

Date and Time: Thursday, April 6 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Thursday, April 6 7:15 pm - 8:30 pm

Address: BWG Leisure Centre

Adult Pickleball (18+)

Date and Time: Thursday, April 6 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Friday, April 7, 2023

Good Friday

Date and Time: Friday, April 7 12:00 am - 11:55 pm

Address: All Town Offices

Saturday, April 8, 2023

Lane Swim (13+)

Date and Time: Saturday, April 8 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) - 4 LANES

Date and Time: Saturday, April 8 8:00 am - 8:45 am

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, April 8 8:00 am - 8:45 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Aquafit (13+) (pre-booking required)

Date and Time: Saturday, April 8 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Bollywood (13+)

Date and Time: Saturday, April 8 9:00 am - 9:45 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instruct

or Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Yoga (13+)

Date and Time: Saturday, April 8 10:00 am - 11:00 am

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome

Family Sports

Date and Time: Saturday, April 8 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/guardian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Saturday, April 8 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)

Date and Time: Saturday, April 8 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Leisure Swim - All Ages

Date and Time: Saturday, April 8 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, April 8 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Sunday, April 9, 2023

Lane Swim (13+)

Date and Time: Sunday, April 9 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (13+) (pre-booking required)

Date and Time: Sunday, April 9 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, April 9 10:00 am - 11:00 am

Address: BWG Leisure Centre

This diverse style of yoga holds poses for a longer period of time to access the deeper connective tissues of the body.

Lane Swim (13+)

Date and Time: Sunday, April 9 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, April 9 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, April 9 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Sunday, April 9 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, April 9 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Monday, April 10, 2023

Easter Monday

Date and Time: Monday, April 10 12:00 am - 11:55 pm

Address: All Town Offices

Lane Swim (13+)

Date and Time: Monday, April 10 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, April 10 9:15 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Monday, April 10 9:15 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+) (pre-booking required)

Date and Time: Monday, April 10 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Adult Pickleball (18+)**

Date and Time: Monday, April 10 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Adult Shiny (18+)

Date and Time: Monday, April 10 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Monday, April 10 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (8 y/o and Younger)

Date and Time: Monday, April 10 3:30 pm - 4:15 pm

Address: BWG Leisure Centre

For children 8 years of age and younger and parents/guardians. Leisure Centre Skating aids permitted.

Parent & Child Basketball (6-12 years)

Date and Time: Monday, April 10 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Monday, April 10 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Bollywood (13+)

Date and Time: Monday, April 10 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Adult Pick-Up Basketball (18+)

Date and Time: Monday, April 10 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Aquafit (13+) (pre-booking required)

Date and Time: Monday, April 10 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Yoga (13+)

Date and Time: Monday, April 10 8:00 pm - 8:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Tuesday, April 11, 2023

Lane Swim (13+)

Date and Time: Tuesday, April 11 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+) (pre-booking required)

Date and Time: Tuesday, April 11 8:15 am - 9:00 am

Address: BWG Leisure Centre

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens your muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest between.

Stretch (13+)

Date and Time: Tuesday, April 11 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Barre (13+) (pre-booking required)

Date and Time: Tuesday, April 11 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Aquafit (13+) (pre-booking required)

Date and Time: Tuesday, April 11 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Lane Swim (13+)

Date and Time: Tuesday, April 11 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Tuesday, April 11 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (13-17 years)

Date and Time: Tuesday, April 11 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Tuesday, April 11 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Children's Badminton (6-15 years)**

Date and Time: Tuesday, April 11 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Cycle (13+) (pre-booking required)

Date and Time: Tuesday, April 11 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, April 11 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Leisure Swim - All Ages

Date and Time: Tuesday, April 11 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)**

Date and Time: Tuesday, April 11 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Kettlebell (13+) (pre-booking required)

Date and Time: Tuesday, April 11 8:00 pm - 8:45 pm

Address: BWG Leisure Centre

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout, guaranteed to make you sweat.

Wednesday, April 12, 2023

Lane Swim (13+)

Date and Time: Wednesday, April 12 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shiny (18+)

Date and Time: Wednesday, April 12 6:40 am - 8:00 am

Address: BWG Leisure Centre

Yoga (13+)

Date and Time: Wednesday, April 12 9:00 am - 10:00 am

Address: 471 West Park Ave

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Relax Swim - All Ages

Date and Time: Wednesday, April 12 9:15 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, April 12 9:15 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Wednesday, April 12 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bollywood (13+) Studio

Date and Time: Wednesday, April 12 10:15 am - 11:00 am

Address: BWG Leisure Centre

Zumba (13+)

Date and Time: Wednesday, April 12 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Adult Pickleball (18+)**

Date and Time: Wednesday, April 12 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Wednesday, April 12 12:15 pm - 12:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Youth Volleyball (13-17 years)

Date and Time: Wednesday, April 12 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

MetCon (13+) (pre-booking required)

Date and Time: Wednesday, April 12 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Yoga (13+)

Date and Time: Wednesday, April 12 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Aquafit (13+) (pre-booking required)

Date and Time: Wednesday, April 12 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Lane Swim (13+)

Date and Time: Wednesday, April 12 8:45 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Thursday, April 13, 2023

Lane Swim (13+)

Date and Time: Thursday, April 13 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+) (pre-booking required)

Date and Time: Thursday, April 13 8:15 am - 9:00 am

Address: BWG Leisure Centre

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout, guaranteed to make you sweat.

Pilates (13+)

Date and Time: Thursday, April 13 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Cycle (13+) (pre-booking required)

Date and Time: Thursday, April 13 9:15 am - 10:00 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, April 13 9:40 am - 10:30 am

Address: BWG Leisure Centre

For children 6 years of age and younger and parents/guardians. Leisure Centre Skating aids are permitted.

Aquafit (13+) (pre-booking required)

Date and Time: Thursday, April 13 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, April 13 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+) - 4 LANES

Date and Time: Thursday, April 13 11:45 am - 12:30 pm

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Thursday, April 13 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Thursday, April 13 12:40 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Skate (18+)

Date and Time: Thursday, April 13 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Thursday, April 13 2:15 pm - 4:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Tabata (13+)

Date and Time: Thursday, April 13 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

Challenge yourself through a variety of exercises, using the HIIT method (working 20 seconds, resting 10 seconds).

Bollywood (13+) Studio

Date and Time: Thursday, April 13 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Thursday, April 13 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Friday, April 14, 2023

MetCon (13+) (pre-booking required)

Date and Time: Friday, April 14 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Relax Swim (All Ages)

Date and Time: Friday, April 14 9:15 am - 10:45 am

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Friday, April 14 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Stretch (13+)

Date and Time: Friday, April 14 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Aquafit (13+) (pre-booking required)

Date and Time: Friday, April 14 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Adult Basketball (18+)**

Date and Time: Friday, April 14 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Friday, April 14 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Friday, April 14 11:45 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (13-17 years)

Date and Time: Friday, April 14 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Children's Basketball (6-12 years)

Date and Time: Friday, April 14 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Public Skating (All Ages)

Date and Time: Friday, April 14 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Friday, April 14 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Family Sports

Date and Time: Friday, April 14 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/guardian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Saturday, April 15, 2023

Parent & Tot Shiny (6 y/o and Younger)

Date and Time: Saturday, April 15 7:15 am - 8:15 am

Address: BWG Leisure Centre

Lane Swim (13+)

Date and Time: Saturday, April 15 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) - 4 LANES

Date and Time: Saturday, April 15 8:00 am - 8:45 am

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, April 15 8:00 am - 8:45 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Aquafit (13+) (pre-booking required)

Date and Time: Saturday, April 15 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Bollywood (13+)

Date and Time: Saturday, April 15 9:00 am - 9:45 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Yoga (13+)

Date and Time: Saturday, April 15 10:00 am - 11:00 am

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Lane Swim (13+)

Date and Time: Saturday, April 15 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)

Date and Time: Saturday, April 15 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Khalsa Day Flag Raising

Date and Time: Saturday, April 15 1:00 pm - 2:00 pm

Address: Court House Courtyard - 57 Holland St E

Leisure Swim - All Ages

Date and Time: Saturday, April 15 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Public Skating (All Ages)

Date and Time: Saturday, April 15 2:15 pm - 3:45 pm

Address: BWG Leisure Centre

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, April 15 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Sunday, April 16, 2023

Lane Swim (13+)

Date and Time: Sunday, April 16 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (13+) (pre-booking required)

Date and Time: Sunday, April 16 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, April 16 10:00 am - 11:00 am

Address: BWG Leisure Centre

This diverse style of yoga holds poses for a longer period of time to access the deeper connective tissues of the body.

Lane Swim (13+)

Date and Time: Sunday, April 16 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, April 16 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, April 16 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Sunday, April 16 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, April 16 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Monday, April 17, 2023

Lane Swim (13+)

Date and Time: Monday, April 17 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, April 17 9:15 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Monday, April 17 9:15 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+) (pre-booking required)

Date and Time: Monday, April 17 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Zumba (13+)

Date and Time: Monday, April 17 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Adult Pickleball (18+)**

Date and Time: Monday, April 17 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Adult Shiny (18+)

Date and Time: Monday, April 17 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Monday, April 17 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (8 y/o and Younger)

Date and Time: Monday, April 17 3:30 pm - 4:15 pm

Address: BWG Leisure Centre

For children 8 years of age and younger and parents/guardians. Leisure Centre Skating aids permitted.

Parent & Child Basketball (6-12 years)

Date and Time: Monday, April 17 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Monday, April 17 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Bollywood (13+)

Date and Time: Monday, April 17 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Adult Pick-Up Basketball (18+)

Date and Time: Monday, April 17 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Aquafit (13+) (pre-booking required)

Date and Time: Monday, April 17 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Yoga (13+)

Date and Time: Monday, April 17 8:00 pm - 8:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Tuesday, April 18, 2023

Lane Swim (13+)

Date and Time: Tuesday, April 18 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+) (pre-booking required)

Date and Time: Tuesday, April 18 8:15 am - 9:00 am

Address: BWG Leisure Centre

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens your muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest between.

Stretch (13+)

Date and Time: Tuesday, April 18 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Barre (13+) (pre-booking required)

Date and Time: Tuesday, April 18 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Aquafit (13+) (pre-booking required)

Date and Time: Tuesday, April 18 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water opt

ions.

Lane Swim (13+)

Date and Time: Tuesday, April 18 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Tuesday, April 18 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (13-17 years)

Date and Time: Tuesday, April 18 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Tuesday, April 18 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Children's Badminton (6-15 years)**

Date and Time: Tuesday, April 18 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Cycle (13+) (pre-booking required)

Date and Time: Tuesday, April 18 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, April 18 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Leisure Swim - All Ages

Date and Time: Tuesday, April 18 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)**

Date and Time: Tuesday, April 18 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Kettlebell (13+) (pre-booking required)

Date and Time: Tuesday, April 18 8:00 pm - 8:45 pm

Address: BWG Leisure Centre

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout, guaranteed to make you sweat.

Wednesday, April 19, 2023

Lane Swim (13+)

Date and Time: Wednesday, April 19 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shiny (18+)

Date and Time: Wednesday, April 19 6:40 am - 8:00 am

Address: BWG Leisure Centre

Yoga (13+)

Date and Time: Wednesday, April 19 9:00 am - 10:00 am

Address: 471 West Park Ave

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Relax Swim - All Ages

Date and Time: Wednesday, April 19 9:15 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, April 19 9:15 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Wednesday, April 19 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Zumba (13+)

Date and Time: Wednesday, April 19 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Adult Pickleball** (18+)

Date and Time: Wednesday, April 19 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Wednesday, April 19 12:15 pm - 12:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Youth Volleyball (13-17 years)

Date and Time: Wednesday, April 19 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

MetCon (13+) (pre-booking required)

Date and Time: Wednesday, April 19 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Yoga (13+)

Date and Time: Wednesday, April 19 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Adult Volleyball (18+)

Date and Time: Wednesday, April 19 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Aquafit (13+) (pre-booking required)

Date and Time: Wednesday, April 19 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Lane Swim (13+)

Date and Time: Wednesday, April 19 8:45 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Thursday, April 20, 2023

Lane Swim (13+)

Date and Time: Thursday, April 20 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+) (pre-booking required)

Date and Time: Thursday, April 20 8:15 am - 9:00 am

Address: BWG Leisure Centre

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout, guaranteed to make you sweat.

Pilates (13+)

Date and Time: Thursday, April 20 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Cycle (13+) (pre-booking required)

Date and Time: Thursday, April 20 9:15 am - 10:00 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, April 20 9:40 am - 10:30 am

Address: BWG Leisure Centre

For children 6 years of age and younger and parents/guardians. Leisure Centre Skating aids are permitted.

Aquafit (13+) (pre-booking required)

Date and Time: Thursday, April 20 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, April 20 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+) - 4 LANES

Date and Time: Thursday, April 20 11:45 am - 12:30 pm

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Thursday, April 20 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Thursday, April 20 12:40 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Skate (18+)

Date and Time: Thursday, April 20 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Thursday, April 20 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Children's Basketball (6-12 years)

Date and Time: Thursday, April 20 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

Tabata (13+)

Date and Time: Thursday, April 20 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

Challenge yourself through a variety of exercises, using the HIIT method (working 20 seconds, resting 10 seconds).

Zumba (13+)

Date and Time: Thursday, April 20 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Friday, April 21, 2023

MetCon (13+) (pre-booking required)

Date and Time: Friday, April 21 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Relax Swim (All Ages)

Date and Time: Friday, April 21 9:15 am - 10:45 am

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Friday, April 21 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Stretch (13+)

Date and Time: Friday, April 21 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Aquafit (13+) (pre-booking required)

Date and Time: Friday, April 21 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Adult Basketball (18+)**

Date and Time: Friday, April 21 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Friday, April 21 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Friday, April 21 11:45 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (13-17 years)

Date and Time: Friday, April 21 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Children's Basketball (6-12 years)

Date and Time: Friday, April 21 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Public Skating (All Ages)

Date and Time: Friday, April 21 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Friday, April 21 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Family Sports

Date and Time: Friday, April 21 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/guardian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Saturday, April 22, 2023

Parent & Tot Shiny (6 y/o and Younger)

Date and Time: Saturday, April 22 7:15 am - 8:15 am

Address: BWG Leisure Centre

Lane Swim (13+)

Date and Time: Saturday, April 22 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) - 4 LANES

Date and Time: Saturday, April 22 8:00 am - 8:45 am

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, April 22 8:00 am - 8:45 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Aquafit (13+) (pre-booking required)

Date and Time: Saturday, April 22 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Bollywood (13+)

Date and Time: Saturday, April 22 9:00 am - 9:45 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Trees for Streams 2023 (South Simcoe Streams Network)

Date and Time: Saturday, April 22 9:00 am - 12:00 pm

Address: Fraser Creek

Come join one of our South Simcoe Streams weekend planting events and help us plant native trees and shrubs around our local waterways! It is a great way for family and friends to enjoy the outdoors, students to earn community services hours and for all of us to make a positive contribution to the local environment.

Yoga (13+)

Date and Time: Saturday, April 22 10:00 am - 11:00 am

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Lane Swim (13+)

Date and Time: Saturday, April 22 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)

Date and Time: Saturday, April 22 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Leisure Swim - All Ages

Date and Time: Saturday, April 22 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Danube Seniors Leisure Centre 25th Anniversary Celebration

Date and Time: Saturday, April 22 2:00 pm - 4:00 pm

Address: 715 Simcoe Rd

Danube Seniors Leisure Centre cordially invites you to our 25th Anniversary Celebration

Saturday, April 22, 2023

2:00 p.m. – 4:00 p.m.

715 Simcoe Rd

Bradford, ON

905-775-0612

danubeseniors@rogers.com

(Masks are recommended indoors)

Light Refreshments will be served

Public Skating (All Ages)

Date and Time: Saturday, April 22 2:15 pm - 3:45 pm

Address: BWG Leisure Centre

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, April 22 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Sunday, April 23, 2023

Lane Swim (13+)

Date and Time: Sunday, April 23 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (13+) (pre-booking required)

Date and Time: Sunday, April 23 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, April 23 10:00 am - 11:00 am

Address: BWG Leisure Centre

This diverse style of yoga holds poses for a longer period of time to access the deeper connective tissues of the body.

Lane Swim (13+)

Date and Time: Sunday, April 23 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, April 23 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, April 23 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Sunday, April 23 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, April 23 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Monday, April 24, 2023

Lane Swim (13+)

Date and Time: Monday, April 24 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, April 24 9:15 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Monday, April 24 9:15 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+) (pre-booking required)

Date and Time: Monday, April 24 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Zumba (13+)

Date and Time: Monday, April 24 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Adult Pickleball (18+)**

Date and Time: Monday, April 24 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Adult Shiny (18+)

Date and Time: Monday, April 24 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Monday, April 24 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (8 y/o and Younger)

Date and Time: Monday, April 24 3:30 pm - 4:15 pm

Address: BWG Leisure Centre

For children 8 years of age and younger and parents/guardians. Leisure Centre Skating aids permitted.

Parent & Child Basketball (6-12 years)

Date and Time: Monday, April 24 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Monday, April 24 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach each your highest potential.

Bollywood (13+)

Date and Time: Monday, April 24 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Adult Pick-Up Basketball (18+)

Date and Time: Monday, April 24 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Aquafit (13+) (pre-booking required)

Date and Time: Monday, April 24 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Yoga (13+)

Date and Time: Monday, April 24 8:00 pm - 8:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

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Tuesday, April 25, 2023

Lane Swim (13+)

Date and Time: Tuesday, April 25 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+) (pre-booking required)

Date and Time: Tuesday, April 25 8:15 am - 9:00 am

Address: BWG Leisure Centre

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens your muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest between.

Stretch (13+)

Date and Time: Tuesday, April 25 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Barre (13+) (pre-booking required)

Date and Time: Tuesday, April 25 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Aquafit (13+) (pre-booking required)

Date and Time: Tuesday, April 25 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Lane Swim (13+)

Date and Time: Tuesday, April 25 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Tuesday, April 25 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (13-17 years)

Date and Time: Tuesday, April 25 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Tuesday, April 25 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Children's Badminton (6-15 years)**

Date and Time: Tuesday, April 25 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Cycle (13+) (pre-booking required)

Date and Time: Tuesday, April 25 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Stretch (13+)

Date and Time: Tuesday, April 25 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Community Access Networking

Date and Time: Tuesday, April 25 7:00 pm - 8:30 pm

Address: Fire Station 1: 77 Melbourne Drive

Meet your Mayor, Deputy Mayor, and Ward Councillor at an upcoming CAN Meeting.

Community Access Networking (CAN) is an initiative established by Council, providing residents the opportunity to join them in a relaxed, friendly, and informal environment; and ask questions, raise issues, and share ideas

Each CAN meeting will be hosted by Mayor James Leduc, Deputy Mayor Raj Sandu, and a different ward Councillor every month (1 through 7). Although the events have been designed to highlight one ward per meeting, all residents are welcome to attend any meeting date of their choosing.

Join us at an upcoming CAN meeting:

- Learn about what's happening in your ward.
- Learn more about Town services.
- Ask questions, share ideas, and more!

Registration is not required to attend these events; they are open-house/drop-in style.

Leisure Swim - All Ages

Date and Time: Tuesday, April 25 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)**

Date and Time: Tuesday, April 25 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Wednesday, April 26, 2023

Lane Swim (13+)

Date and Time: Wednesday, April 26 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shiny (18+)

Date and Time: Wednesday, April 26 6:40 am - 8:00 am

Address: BWG Leisure Centre

Yoga (13+)

Date and Time: Wednesday, April 26 9:00 am - 10:00 am

Address: 471 West Park Ave

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Relax Swim - All Ages

Date and Time: Wednesday, April 26 9:15 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, April 26 9:15 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Wednesday, April 26 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Zumba (13+)

Date and Time: Wednesday, April 26 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Adult Pickleball (18+)**

Date and Time: Wednesday, April 26 11:30 am - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Bootcamp (13+)

Date and Time: Wednesday, April 26 12:15 pm - 12:45 pm

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Youth Volleyball (13-17 years)

Date and Time: Wednesday, April 26 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Celebrate Vaisakhi and Sikh Heritage Month in BWG

Date and Time: Wednesday, April 26 4:00 pm - 7:00 pm

Address: 425 Holland Street West, Bradford ON L3Z0J2

The Bradford West Gwillimbury Public Library and Cultural Centre is excited to partner with United Sikhs on a

public exhibition and educational event celebrating Vaisakhi and Sikh Heritage month on Wednesday April 26th from 4:00 – 7:00PM in the Library's Zima room.

Beginning at 4:00pm, residents are invited to walk through an informative display on the positive contributions of the Sikh community in Canada's history. From 5:30 to 7:00pm, attendees are invited to share in an educational presentation and panel discussion. Refreshments will be provided.

MetCon (13+) (pre-booking required)

Date and Time: Wednesday, April 26 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Yoga (13+)

Date and Time: Wednesday, April 26 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Adult Volleyball (18+)

Date and Time: Wednesday, April 26 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Aquafit (13+) (pre-booking required)

Date and Time: Wednesday, April 26 7:45 pm - 8:30 pm

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Thursday, April 27, 2023

Lane Swim (13+)

Date and Time: Thursday, April 27 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+) (pre-booking required)

Date and Time: Thursday, April 27 8:15 am - 9:00 am

Address: BWG Leisure Centre

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout, guaranteed to make you sweat.

Pilates (13+)

Date and Time: Thursday, April 27 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

Cycle (13+) (pre-booking required)

Date and Time: Thursday, April 27 9:15 am - 10:00 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, April 27 9:40 am - 10:30 am

Address: BWG Leisure Centre

For children 6 years of age and younger and parents/guardians. Leisure Centre Skating aids are permitted.

Aquafit (13+) (pre-booking required)

Date and Time: Thursday, April 27 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, April 27 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+) - 4 LANES

Date and Time: Thursday, April 27 11:45 am - 12:30 pm

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim - All Ages

Date and Time: Thursday, April 27 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Thursday, April 27 12:40 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Skate (18+)

Date and Time: Thursday, April 27 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Youth Basketball (13-17 years)

Date and Time: Thursday, April 27 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Children's Basketball (6-12 years)

Date and Time: Thursday, April 27 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth/Student - \$3.75

Tabata (13+)

Date and Time: Thursday, April 27 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

Challenge yourself through a variety of exercises, using the HIIT method (working 20 seconds, resting 10 seconds).

Zumba (13+)

Date and Time: Thursday, April 27 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Friday, April 28, 2023

Parent & Tot Swim (0-6 years old)

Date and Time: Friday, April 28 9:15 am - 10:45 am

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

MetCon (13+) (pre-booking required)

Date and Time: Friday, April 28 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

PA Day Schedule: Friday April 28th

Date and Time: Friday, April 28 9:30 am - 9:30 pm

Address: BWG Leisure Centre

Parent & Tot (0-5 years) - 9:30-11AM

Adult Basketball (18+)** - 12-1:30PM

Childrens Basketball (6-12 years) - 2:15-4:30PM

Free Youth Night (Grade 7-12) - 5-7PM

Family Sports - 7:30-9:30

Fees:

Child (0-12) - \$3.50

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Stretch (13+)

Date and Time: Friday, April 28 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Aquafit (13+) (pre-booking required)

Date and Time: Friday, April 28 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Lane Swim (13+)

Date and Time: Friday, April 28 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Leisure Swim - All Ages

Date and Time: Friday, April 28 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide. Pool is shared use with Leadership programs.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Flag Raising: National Youth Week

Date and Time: Friday, April 28 3:30 pm - 4:00 pm

Address: 471 West Park Ave.

National Youth Week is May 1 - 7 every year. It is a week dedicated to the celebration of youth and their active participation in the community. Whether it is art, sport, recreation, drama, dance, civic engagement, volunteerism, or leadership, young people are involved in meaningful activities in their discretionary time. The BWG Leisure Centre staff would like to recognize the youth in our community.

Public Skating (All Ages)

Date and Time: Friday, April 28 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Friday, April 28 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Saturday, April 29, 2023

Parent & Tot Shiny (6 y/o and Younger)

Date and Time: Saturday, April 29 7:15 am - 8:15 am

Address: BWG Leisure Centre

Lane Swim (13+)

Date and Time: Saturday, April 29 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) - 4 LANES

Date and Time: Saturday, April 29 8:00 am - 8:45 am

Address: BWG Leisure Center

4 Lap Lanes & Relax Pools Only. All other lanes restricted due to additional programming.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Bootcamp (13+)

Date and Time: Saturday, April 29 8:00 am - 8:45 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Aquafit (13+) (pre-booking required)

Date and Time: Saturday, April 29 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Bollywood (13+)

Date and Time: Saturday, April 29 9:00 am - 9:45 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Yoga (13+)

Date and Time: Saturday, April 29 10:00 am - 11:00 am

Address: BWG Leisure Centre

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome

Lane Swim (13+)

Date and Time: Saturday, April 29 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)

Date and Time: Saturday, April 29 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

Wall will be dropped, 30 Participants. No 5on5 full court permitted. Drop-in fees listed below. Wristbands required.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Leisure Swim - All Ages

Date and Time: Saturday, April 29 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Public Skating (All Ages)

Date and Time: Saturday, April 29 2:15 pm - 3:45 pm

Address: BWG Leisure Centre

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, April 29 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Sunday, April 30, 2023

Lane Swim (13+)

Date and Time: Sunday, April 30 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (13+) (pre-booking required)

Date and Time: Sunday, April 30 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yin Yoga (13+)

Date and Time: Sunday, April 30 10:00 am - 11:00 am

Address: BWG Leisure Centre

This diverse style of yoga holds poses for a longer period of time to access the deeper connective tissues of the body.

Lane Swim (13+)

Date and Time: Sunday, April 30 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, April 30 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, April 30 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure Swim - All Ages

Date and Time: Sunday, April 30 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure & Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, April 30 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pools Only. No Water Slide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$3.75

Youth/ Student (13-24) - \$4.25

Adult - (18-59) - \$5.00

Senior (60+) - \$4.25

Household (Up to 5 People) - \$10.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

<https://calendar.townofbwg.com>