

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	<p>1</p> <p><u>Parent & Tot Shiny</u> <u>(6 y/o and Younger)</u> 7:15 am - 8:15 am</p> <p><u>Lane Swim (13+)</u> 7:30 am - 8:00 am</p> <p><u>Lane Swim (13+) - 4 LANES</u> 8:00 am - 8:45 am</p> <p><u>Bootcamp (13+)</u> 8:00 am - 8:45 am</p> <p><u>Aquafit (13+) (pre-booking required)</u> 8:00 am - 8:45 am</p> <p><u>Family Sports</u> 10:00 am - 12:00 pm</p> <p><u>Lane Swim (13+)</u> 12:00 pm - 1:15 pm</p> <p><u>Adult Basketball (18+)</u> 12:30 pm -</p>

						<p>2:30 pm</p> <p><u>Leisure Swim - All Ages</u> 1:30 pm - 3:00 pm</p> <p><u>Public Skating (All Ages)</u> 2:15 pm - 3:45 pm</p> <p><u>Parent & Tot Swim (0-6 years old)</u> 3:00 pm - 4:00 pm</p>
<p>2</p> <p><u>Lane Swim (13+)</u> 7:30 am - 8:45 am</p> <p><u>Cycle (13+) (pre-booking required)</u> 9:00 am - 9:45 am</p> <p><u>Yin Yoga (13+)</u> 10:00 am - 11:00 am</p> <p><u>Lane Swim (13+)</u> 12:00 pm -</p>	<p>3</p> <p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Relax Swim - All Ages</u> 9:15 am - 10:45 am</p> <p><u>Fit Bodies (13+) (pre-booking required)</u> 9:15 am - 10:00 am</p> <p><u>Lane Swim (13+)</u> 11:00 am -</p>	<p>4</p> <p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Circuit (13+) (pre-booking required)</u> 8:15 am - 9:00 am</p> <p><u>Stretch (13+)</u> 9:15 am - 10:00 am</p> <p><u>Barre (13+) (pre-booking)</u></p>	<p>5</p> <p><u>Adult Shiny (18+)</u> 6:40 am - 8:00 am</p> <p><u>Yoga (13+)</u> 9:00 am - 10:00 am</p> <p><u>Relax Swim - All Ages</u> 9:15 am - 10:45 am</p> <p><u>Parent & Tot Gym (0-5 years)</u> 9:30 am - 11:00 am</p>	<p>6</p> <p><u>Kettlebell (13+) (pre-booking required)</u> 8:15 am - 9:00 am</p> <p><u>Pilates (13+)</u> 9:15 am - 10:00 am</p> <p><u>Cycle (13+) (pre-booking required)</u> 9:15 am - 10:00 am</p> <p><u>Parent &</u></p>	<p>7</p> <p><u>Good Friday</u> 12:00 am - 11:55 pm</p>	<p>8</p> <p><u>Lane Swim (13+)</u> 7:30 am - 8:00 am</p> <p><u>Lane Swim (13+) - 4 LANES</u> 8:00 am - 8:45 am</p> <p><u>Bootcamp (13+)</u> 8:00 am - 8:45 am</p> <p><u>Aquafit (13+) (pre-booking required)</u></p>

1:15 pm

Adult Badminton (16+)

12:00 pm - 1:30 pm

Public Skating (All Ages)

12:15 pm - 2:15 pm

Leisure Swim - All Ages

1:30 pm - 3:00 pm

Parent & Tot Swim (0-6 years old)

3:00 pm - 4:00 pm

2:00 pm

Adult Pickleball** (18+)

11:30 am - 1:30 pm

Adult Shinny (18+)

12:00 pm - 1:30 pm

Youth Basketball (13-17 years)

2:15 pm - 4:30 pm

Parent & Child Skate (8 y/o and Younger)

3:30 pm - 4:15 pm

Parent & Child Basketball (6-12 years)

4:45 pm - 6:45 pm

Bootcamp (13+)

6:00 pm - 6:45 pm

Bollywood (13+)

7:00 pm - 7:45 pm

Adult Pick-Up Basketball (18+)

7:30 pm - 9:30 pm

Aquafit (13+) (pre-booking required)

required)

10:15 am - 11:00 am

Aquafit (13+) (pre-booking required)

10:45 am - 11:30 am

Lane Swim (13+)

11:45 am - 2:00 pm

Youth Basketball (13-17 years)

2:15 pm - 4:30 pm

Parent & Tot Swim (0-6 years old)

3:30 pm - 4:15 pm

Children's Badminton (6-15 years)**

4:45 pm - 6:45 pm

Cycle (13+) (pre-booking required)

6:00 pm - 6:45 pm

Stretch (13+)

7:00 pm - 7:45 pm

Leisure Swim - All Ages

7:15 pm - 8:30 pm

Adult

Zumba (13+)

10:15 am - 11:00 am

Lane Swim (13+)

11:00 am - 2:00 pm

Adult Pickleball** (18+)

11:30 am - 1:30 pm

Bootcamp (13+)

12:15 pm - 12:45 pm

Youth Volleyball (13-17 years)

2:15 pm - 4:30 pm

Parent & Child Volleyball (6-12 years)

4:45 pm - 6:45 pm

MetCon (13+) (pre-booking required)

6:00 pm - 6:45 pm

Yoga (13+)

7:00 pm - 7:45 pm

Adult Volleyball (18+)

7:30 pm - 9:30 pm

Aquafit (13+) (pre-booking

Tot Skate (6 y/o and Younger)

9:40 am - 10:30 am

Aquafit (13+) (pre-booking required)

10:45 am - 11:30 am

Parent & Tot Gym (0-5 years)

11:30 am - 1:30 pm

Lane Swim (13+) - 4 LANES

11:45 am - 12:30 pm

Lane Swim (13+) - 4 LANES

12:40 pm - 2:00 pm

Adult Skate (18+)

1:15 pm - 2:15 pm

Youth Basketball (13-17 years)

2:15 pm - 4:30 pm

Children's Basketball (6-12 years)

4:45 pm - 6:45 pm

Tabata (13+)

6:00 pm - 6:45 pm

Bollywood (13+) Studio

8:00 am - 8:45 am

Bollywood (13+)

9:00 am - 9:45 am

Yoga (13+)

10:00 am - 11:00 am

Family Sports

10:00 am - 12:00 pm

Lane Swim (13+)

12:00 pm - 1:15 pm

Adult Basketball (18+)

12:30 pm - 2:30 pm

Leisure Swim - All Ages

1:30 pm - 3:00 pm

Parent & Tot Swim (0-6 years old)

3:00 pm - 4:00 pm

	<p><u>required)</u> 7:45 pm - 8:30 pm</p> <p><u>Yoga (13+)</u> 8:00 pm - 8:45 pm</p> <p><u>Lane Swim (13+)</u> 8:45 pm - 10:00 pm</p>	<p><u>Adult</u> <u>Badminton (16+)**</u> 7:30 pm - 9:30 pm</p> <p><u>Kettlebell (13+) (pre-booking required)</u> 8:00 pm - 8:45 pm</p> <p><u>Lane Swim (13+)</u> 8:45 pm - 10:00 pm</p>	<p><u>required)</u> 7:45 pm - 8:30 pm</p> <p><u>Lane Swim (13+)</u> 8:45 pm - 10:00 pm</p>	<p>7:00 pm - 7:45 pm</p> <p><u>Leisure Swim - All Ages</u> 7:15 pm - 8:30 pm</p> <p><u>Adult Pickleball (18+)</u> 7:30 pm - 9:30 pm</p>		
9	10	11	12	13	14	15
<p><u>Lane Swim (13+)</u> 7:30 am - 8:45 am</p> <p><u>Cycle (13+) (pre-booking required)</u> 9:00 am - 9:45 am</p> <p><u>Yin Yoga (13+)</u> 10:00 am - 11:00 am</p> <p><u>Lane Swim (13+)</u> 12:00 pm - 1:15 pm</p> <p><u>Adult Badminton</u></p>	<p><u>Easter Monday</u> 12:00 am - 11:55 pm</p> <p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Lane Swim (13+)</u> 9:15 am - 2:00 pm</p> <p><u>Relax Swim - All Ages</u> 9:15 am - 2:00 pm</p> <p><u>Fit Bodies (13+) (pre-booking required)</u></p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Circuit (13+) (pre-booking required)</u> 8:15 am - 9:00 am</p> <p><u>Stretch (13+)</u> 9:15 am - 10:00 am</p> <p><u>Barre (13+) (pre-booking required)</u> 10:15 am - 11:00 am</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Adult Shinny (18+)</u> 6:40 am - 8:00 am</p> <p><u>Yoga (13+)</u> 9:00 am - 10:00 am</p> <p><u>Relax Swim - All Ages</u> 9:15 am - 2:00 pm</p> <p><u>Lane Swim (13+)</u> 9:15 am - 2:00 pm</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Kettlebell (13+) (pre-booking required)</u> 8:15 am - 9:00 am</p> <p><u>Pilates (13+)</u> 9:15 am - 10:00 am</p> <p><u>Cycle (13+) (pre-booking required)</u> 9:15 am - 10:00 am</p>	<p><u>MetCon (13+) (pre-booking required)</u> 9:15 am - 10:00 am</p> <p><u>Relax Swim (All Ages)</u> 9:15 am - 10:45 am</p> <p><u>Parent & Tot Gym (0-5 years)</u> 9:30 am - 11:00 am</p> <p><u>Stretch (13+)</u> 10:15 am - 11:00 am</p> <p><u>Aquafit</u></p>	<p><u>Parent & Tot Shinny (6 y/o and Younger)</u> 7:15 am - 8:15 am</p> <p><u>Lane Swim (13+)</u> 7:30 am - 8:00 am</p> <p><u>Lane Swim (13+) - 4 LANES</u> 8:00 am - 8:45 am</p> <p><u>Bootcamp (13+)</u> 8:00 am - 8:45 am</p> <p><u>Aquafit</u></p>

(16+)
12:00 pm -
1:30 pm

Public Skating (All Ages)
12:15 pm -
2:15 pm

Leisure Swim - All Ages
1:30 pm -
3:00 pm

Parent & Tot Swim (0-6 years old)
3:00 pm -
4:00 pm

9:15 am -
10:00 am
Adult Pickleball (18+)**
11:30 am -
1:30 pm

Adult Shinny (18+)
12:00 pm -
1:30 pm

Youth Basketball (13-17 years)
2:15 pm -
4:30 pm

Parent & Child Skate (8 y/o and Younger)
3:30 pm -
4:15 pm

Parent & Child Basketball (6-12 years)
4:45 pm -
6:45 pm

Bootcamp (13+)
6:00 pm -
6:45 pm

Bollywood (13+)
7:00 pm -
7:45 pm

Adult Pick-Up Basketball (18+)
7:30 pm -
9:30 pm

Aquafit (13+) (pre-booking required)
10:45 am -
11:30 am

Lane Swim (13+)
11:45 am -
2:00 pm

Relax Swim - All Ages
12:30 pm -
2:00 pm

Youth Basketball (13-17 years)
2:15 pm -
4:30 pm

Parent & Tot Swim (0-6 years old)
3:30 pm -
4:15 pm

Children's Badminton (6-15 years)**
4:45 pm -
6:45 pm

Cycle (13+) (pre-booking required)
6:00 pm -
6:45 pm

Stretch (13+)
7:00 pm -
7:45 pm

Leisure Swim - All

Parent & Tot Gym (0-5 years)
9:30 am -
11:00 am

Bollywood (13+) Studio
10:15 am -
11:00 am

Zumba (13+)
10:15 am -
11:00 am

Adult Pickleball (18+)**
11:30 am -
1:30 pm

Bootcamp (13+)
12:15 pm -
12:45 pm

Youth Volleyball (13-17 years)
2:15 pm -
4:30 pm

MetCon (13+) (pre-booking required)
6:00 pm -
6:45 pm

Yoga (13+)
7:00 pm -
7:45 pm

Aquafit (13+) (pre-booking required)
7:45 pm -
8:30 pm

Parent & Tot Skate (6 y/o and Younger)
9:40 am -
10:30 am

Aquafit (13+) (pre-booking required)
10:45 am -
11:30 am

Parent & Tot Gym (0-5 years)
11:30 am -
1:30 pm

Lane Swim (13+) - 4 LANES
11:45 am -
12:30 pm

Relax Swim - All Ages
12:30 pm -
2:00 pm

Lane Swim (13+)
12:40 pm -
2:00 pm

Adult Skate (18+)
1:15 pm -
2:15 pm

Youth Basketball (13-17 years)
2:15 pm -
4:00 pm

Tabata (13+)
6:00 pm -
6:45 pm

(13+) (pre-booking required)
10:45 am -
11:30 am

Adult Basketball (18+)**
11:30 am -
1:30 pm

Lane Swim (13+)
11:45 am -
2:00 pm

Relax Swim - All Ages
11:45 am -
2:00 pm

Youth Basketball (13-17 years)
2:15 pm -
4:30 pm

Children's Basketball (6-12 years)
4:45 pm -
6:45 pm

Public Skating (All Ages)
6:30 pm -
8:00 pm

Leisure Swim - All Ages
7:15 pm -
8:30 pm

Family Sports
7:30 pm -
9:30 pm

(13+) (pre-booking required)
8:00 am -
8:45 am

Bollywood (13+)
9:00 am -
9:45 am

Yoga (13+)
10:00 am -
11:00 am

Lane Swim (13+)
12:00 pm -
1:15 pm

Adult Basketball (18+)
12:30 pm -
2:30 pm

Khalsa Day Flag Raising
1:00 pm -
2:00 pm

Leisure Swim - All Ages
1:30 pm -
3:00 pm

Public Skating (All Ages)
2:15 pm -
3:45 pm

Parent & Tot Swim (0-6 years old)
3:00 pm -
4:00 pm

	<u>Aquafit (13+) (pre-booking required)</u> 7:45 pm - 8:30 pm <u>Yoga (13+)</u> 8:00 pm - 8:45 pm	<u>Ages</u> 7:15 pm - 8:30 pm <u>Adult Badminton (16+)**</u> 7:30 pm - 9:30 pm <u>Kettlebell (13+) (pre-booking required)</u> 8:00 pm - 8:45 pm	<u>Lane Swim (13+)</u> 8:45 pm - 10:00 pm	<u>Bollywood (13+) Studio</u> 7:00 pm - 7:45 pm <u>Leisure Swim - All Ages</u> 7:15 pm - 8:30 pm		
16	17	18	19	20	21	22
<u>Lane Swim (13+)</u> 7:30 am - 8:45 am <u>Cycle (13+) (pre-booking required)</u> 9:00 am - 9:45 am <u>Yin Yoga (13+)</u> 10:00 am - 11:00 am <u>Lane Swim (13+)</u> 12:00 pm - 1:15 pm <u>Adult Badminton</u>	<u>Lane Swim (13+)</u> 6:00 am - 7:30 am <u>Lane Swim (13+)</u> 9:15 am - 2:00 pm <u>Relax Swim - All Ages</u> 9:15 am - 2:00 pm <u>Fit Bodies (13+) (pre-booking required)</u> 9:15 am - 10:00 am <u>Zumba (13+)</u>	<u>Lane Swim (13+)</u> 6:00 am - 7:30 am <u>Circuit (13+) (pre-booking required)</u> 8:15 am - 9:00 am <u>Stretch (13+)</u> 9:15 am - 10:00 am <u>Barre (13+) (pre-booking required)</u> 10:15 am - 11:00 am	<u>Lane Swim (13+)</u> 6:00 am - 7:30 am <u>Adult Shinny (18+)</u> 6:40 am - 8:00 am <u>Yoga (13+)</u> 9:00 am - 10:00 am <u>Relax Swim - All Ages</u> 9:15 am - 2:00 pm <u>Lane Swim (13+)</u> 9:15 am - 2:00 pm	<u>Lane Swim (13+)</u> 6:00 am - 7:30 am <u>Kettlebell (13+) (pre-booking required)</u> 8:15 am - 9:00 am <u>Pilates (13+)</u> 9:15 am - 10:00 am <u>Cycle (13+) (pre-booking required)</u> 9:15 am - 10:00 am	<u>MetCon (13+) (pre-booking required)</u> 9:15 am - 10:00 am <u>Relax Swim (All Ages)</u> 9:15 am - 10:45 am <u>Parent & Tot Gym (0-5 years)</u> 9:30 am - 11:00 am <u>Stretch (13+)</u> 10:15 am - 11:00 am <u>Aquafit</u>	<u>Parent & Tot Shinny (6 y/o and Younger)</u> 7:15 am - 8:15 am <u>Lane Swim (13+)</u> 7:30 am - 8:00 am <u>Lane Swim (13+) - 4 LANES</u> 8:00 am - 8:45 am <u>Bootcamp (13+)</u> 8:00 am - 8:45 am <u>Aquafit</u>

(16+)
12:00 pm -
1:30 pm

Public
Skating (All
Ages)
12:15 pm -
2:15 pm

Leisure
Swim - All
Ages
1:30 pm -
3:00 pm

Parent &
Tot Swim
(0-6 years
old)
3:00 pm -
4:00 pm

10:15 am -
11:00 am
Adult
Pickleball**
(18+)
11:30 am -
1:30 pm

Adult
Shinny
(18+)
12:00 pm -
1:30 pm

Youth
Basketball
(13-17
years)
2:15 pm -
4:30 pm

Parent &
Child Skate
(8 y/o and
Younger)
3:30 pm -
4:15 pm

Parent &
Child
Basketball
(6-12 years)
4:45 pm -
6:45 pm

Bootcamp
(13+)
6:00 pm -
6:45 pm

Aquafit
(13+) (pre-
booking
required)
10:45 am -
11:30 am

Lane Swim
(13+)
11:45 am -
2:00 pm

Relax Swim
- All Ages
12:30 pm -
2:00 pm

Youth
Basketball
(13-17
years)
2:15 pm -
4:30 pm

Parent &
Tot Swim
(0-6 years
old)
3:30 pm -
4:15 pm

Children's
Badminton
(6-15
years)**
4:45 pm -
6:45 pm

Cycle (13+)
(pre-

Parent &
Tot Gym (0-
5 years)
9:30 am -
11:00 am

Zumba
(13+)
10:15 am -
11:00 am

Adult
Pickleball**
(18+)
11:30 am -
1:30 pm

Bootcamp
(13+)
12:15 pm -
12:45 pm

Youth
Volleyball
(13-17
years)
2:15 pm -
4:30 pm

MetCon
(13+) (pre-
booking
required)
6:00 pm -
6:45 pm

Yoga (13+)
7:00 pm -
7:45 pm

Parent &
Tot Skate (6
y/o and
Younger)
9:40 am -
10:30 am

Aquafit
(13+) (pre-
booking
required)
10:45 am -
11:30 am

Parent &
Tot Gym (0-
5 years)
11:30 am -
1:30 pm

Lane Swim
(13+) - 4
LANES
11:45 am -
12:30 pm

Relax Swim
- All Ages
12:30 pm -
2:00 pm

Lane Swim
(13+)
12:40 pm -
2:00 pm

Adult Skate
(18+)
1:15 pm -
2:15 pm

(13+) (pre-
booking
required)
10:45 am -
11:30 am

Adult
Basketball
(18+)**
11:30 am -
1:30 pm

Lane Swim
(13+)
11:45 am -
2:00 pm

Relax Swim
- All Ages
11:45 am -
2:00 pm

Youth
Basketball
(13-17
years)
2:15 pm -
4:30 pm

Children's
Basketball
(6-12 years)
4:45 pm -
6:45 pm

Public
Skating (All
Ages)
6:30 pm -
8:00 pm

(13+) (pre-
booking
required)
8:00 am -
8:45 am

Bollywood
(13+)
9:00 am -
9:45 am

Trees for
Streams
2023 (South
Simcoe
Streams
Network)
9:00 am -
12:00 pm

Yoga (13+)
10:00 am -
11:00 am

Lane Swim
(13+)
12:00 pm -
1:15 pm

Adult
Basketball
(18+)
12:30 pm -
2:30 pm

Leisure
Swim - All
Ages
1:30 pm -
3:00 pm

	<p><u>Bollywood (13+)</u> 7:00 pm - 7:45 pm</p> <p><u>Adult Pick-Up Basketball (18+)</u> 7:30 pm - 9:30 pm</p> <p><u>Aquafit (13+) (pre-booking required)</u> 7:45 pm - 8:30 pm</p> <p><u>Yoga (13+)</u> 8:00 pm - 8:45 pm</p>	<p><u>booking required)</u> 6:00 pm - 6:45 pm</p> <p><u>Stretch (13+)</u> 7:00 pm - 7:45 pm</p> <p><u>Leisure Swim - All Ages</u> 7:15 pm - 8:30 pm</p> <p><u>Adult Badminton (16+)**</u> 7:30 pm - 9:30 pm</p> <p><u>Kettlebell (13+) (pre-booking required)</u> 8:00 pm - 8:45 pm</p>	<p><u>Adult Volleyball (18+)</u> 7:30 pm - 9:30 pm</p> <p><u>Aquafit (13+) (pre-booking required)</u> 7:45 pm - 8:30 pm</p> <p><u>Lane Swim (13+)</u> 8:45 pm - 10:00 pm</p>	<p><u>Youth Basketball (13-17 years)</u> 2:15 pm - 4:30 pm</p> <p><u>Children's Basketball (6-12 years)</u> 4:45 pm - 6:45 pm</p> <p><u>Tabata (13+)</u> 6:00 pm - 6:45 pm</p> <p><u>Zumba (13+)</u> 7:00 pm - 7:45 pm</p>	<p><u>Leisure Swim - All Ages</u> 7:15 pm - 8:30 pm</p> <p><u>Family Sports</u> 7:30 pm - 9:30 pm</p>	<p><u>Danube Seniors Leisure Centre 25th Anniversary Celebration</u> 2:00 pm - 4:00 pm</p> <p><u>Public Skating (All Ages)</u> 2:15 pm - 3:45 pm</p> <p><u>Parent & Tot Swim (0-6 years old)</u> 3:00 pm - 4:00 pm</p>
23	24	25	26	27	28	29
<p><u>Lane Swim (13+)</u> 7:30 am - 8:45 am</p> <p><u>Cycle (13+) (pre-booking required)</u> 9:00 am - 9:45 am</p> <p><u>Yin Yoga (13+)</u></p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Lane Swim (13+)</u> 9:15 am - 2:00 pm</p> <p><u>Relax Swim - All Ages</u> 9:15 am - 2:00 pm</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Circuit (13+) (pre-booking required)</u> 8:15 am - 9:00 am</p> <p><u>Stretch (13+)</u></p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Adult Shinny (18+)</u> 6:40 am - 8:00 am</p> <p><u>Yoga (13+)</u> 9:00 am - 10:00 am</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Kettlebell (13+) (pre-booking required)</u> 8:15 am - 9:00 am</p> <p><u>Pilates (13+)</u></p>	<p><u>Parent & Tot Swim (0-6 years old)</u> 9:15 am - 10:45 am</p> <p><u>MetCon (13+) (pre-booking required)</u> 9:15 am - 10:00 am</p>	<p><u>Parent & Tot Shinny (6 y/o and Younger)</u> 7:15 am - 8:15 am</p> <p><u>Lane Swim (13+)</u> 7:30 am - 8:00 am</p> <p><u>Lane Swim (13+) - 4</u></p>

10:00 am -
11:00 am

Lane Swim
(13+)

12:00 pm -
1:15 pm

Adult
Badminton
(16+)

12:00 pm -
1:30 pm

Public
Skating (All
Ages)

12:15 pm -
2:15 pm

Leisure
Swim - All
Ages

1:30 pm -
3:00 pm

Parent &
Tot Swim
(0-6 years
old)

3:00 pm -
4:00 pm

Fit Bodies
(13+) (pre-
booking
required)

9:15 am -
10:00 am

Zumba
(13+)

10:15 am -
11:00 am

Adult
Pickleball**
(18+)

11:30 am -
1:30 pm

Adult
Shinny
(18+)

12:00 pm -
1:30 pm

Youth
Basketball
(13-17
years)

2:15 pm -
4:30 pm

Parent &
Child Skate
(8 y/o and
Younger)

3:30 pm -
4:15 pm

Parent &
Child
Basketball
(6-12 years)

4:45 pm -
6:45 pm

Bootcamp
(13+)

6:00 pm -
6:45 pm

Bollywood
(13+)

7:00 pm -
7:45 pm

9:15 am -
10:00 am

Barre (13+)
(pre-
booking
required)

10:15 am -
11:00 am

Aquafit
(13+) (pre-
booking
required)

10:45 am -
11:30 am

Lane Swim
(13+)

11:45 am -
2:00 pm

Relax Swim
- All Ages

12:30 pm -
2:00 pm

Youth
Basketball
(13-17
years)

2:15 pm -
4:30 pm

Parent &
Tot Swim
(0-6 years
old)

3:30 pm -
4:15 pm

Children's
Badminton
(6-15
years)**

4:45 pm -
6:45 pm

Cycle (13+)
(pre-
booking
required)

6:00 pm -
6:45 pm

Relax Swim
- All Ages

9:15 am -
2:00 pm

Lane Swim
(13+)

9:15 am -
2:00 pm

Parent &
Tot Gym (0-
5 years)

9:30 am -
11:00 am

Zumba
(13+)

10:15 am -
11:00 am

Adult
Pickleball**
(18+)

11:30 am -
1:30 pm

Bootcamp
(13+)

12:15 pm -
12:45 pm

Youth
Volleyball
(13-17
years)

2:15 pm -
4:30 pm

Celebrate
Vaisakhi
and Sikh
Heritage
Month in
BWG

4:00 pm -
7:00 pm

MetCon
(13+) (pre-
booking
required)

6:00 pm -
6:45 pm

9:15 am -
10:00 am

Cycle (13+)
(pre-
booking
required)

9:15 am -
10:00 am

Parent &
Tot Skate (6
y/o and
Younger)

9:40 am -
10:30 am

Aquafit
(13+) (pre-
booking
required)

10:45 am -
11:30 am

Parent &
Tot Gym (0-
5 years)

11:30 am -
1:30 pm

Lane Swim
(13+) - 4
LANES

11:45 am -
12:30 pm

Relax Swim
- All Ages

12:30 pm -
2:00 pm

Lane Swim
(13+)

12:40 pm -
2:00 pm

Adult Skate
(18+)

1:15 pm -
2:15 pm

Youth
Basketball
(13-17
years)

PA Day

Schedule:
Friday April
28th

9:30 am -
9:30 pm

Stretch
(13+)

10:15 am -
11:00 am

Aquafit
(13+) (pre-
booking
required)

10:45 am -
11:30 am

Lane Swim
(13+)

11:45 am -
2:00 pm

Leisure
Swim - All
Ages

2:15 pm -
4:00 pm

Flag
Raising:
National
Youth Week

3:30 pm -
4:00 pm

Public
Skating (All
Ages)

6:30 pm -
8:00 pm

Leisure
Swim - All
Ages

7:15 pm -
8:30 pm

LANES

8:00 am -
8:45 am

Bootcamp
(13+)

8:00 am -
8:45 am

Aquafit
(13+) (pre-
booking
required)

8:00 am -
8:45 am

Bollywood
(13+)

9:00 am -
9:45 am

Yoga (13+)

10:00 am -
11:00 am

Lane Swim
(13+)

12:00 pm -
1:15 pm

Adult
Basketball
(18+)

12:30 pm -
2:30 pm

Leisure
Swim - All
Ages

1:30 pm -
3:00 pm

Public
Skating (All
Ages)

2:15 pm -
3:45 pm

Parent &
Tot Swim
(0-6 years
old)

3:00 pm -
4:00 pm

Adult Pick-Up Basketball (18+)
7:30 pm -
9:30 pm

Aquafit (13+) (pre-booking required)
7:45 pm -
8:30 pm

Yoga (13+)
8:00 pm -
8:45 pm

Stretch (13+)
7:00 pm -
7:45 pm

Community Access Networking
7:00 pm -
8:30 pm

Leisure Swim - All Ages
7:15 pm -
8:30 pm

Adult Badminton (16+)**
7:30 pm -
9:30 pm

Yoga (13+)
7:00 pm -
7:45 pm

Adult Volleyball (18+)
7:30 pm -
9:30 pm

Aquafit (13+) (pre-booking required)
7:45 pm -
8:30 pm

2:15 pm -
4:30 pm

Children's Basketball (6-12 years)
4:45 pm -
6:45 pm

Tabata (13+)
6:00 pm -
6:45 pm

Zumba (13+)
7:00 pm -
7:45 pm

30	1	2	3	4	5	6
<p><u>Lane Swim</u> <u>(13+)</u> 7:30 am - 8:45 am</p> <p><u>Cycle (13+)</u> <u>(pre- booking required)</u> 9:00 am - 9:45 am</p> <p><u>Yin Yoga</u> <u>(13+)</u> 10:00 am - 11:00 am</p> <p><u>Lane Swim</u> <u>(13+)</u> 12:00 pm - 1:15 pm</p> <p><u>Adult</u> <u>Badminton</u> <u>(16+)</u> 12:00 pm - 1:30 pm</p> <p><u>Public</u> <u>Skating (All</u> <u>Ages)</u> 12:15 pm - 2:15 pm</p> <p><u>Leisure</u> <u>Swim - All</u> <u>Ages</u> 1:30 pm - 3:00 pm</p> <p><u>Parent &</u> <u>Tot Swim</u> <u>(0-6 years</u> <u>old)</u> 3:00 pm - 4:00 pm</p>						