## **April 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:15 Parent & Tot Shinny (6 y/o and Younger) 7:30 Lane Swim (13+) 8:00 Lane Swim (13+) - 4 LANES 8:00 Bootcamp (13+) 8:00 Aquafit (13+) (prebooking required) 10:00 Family Sports 12:00 Lane Swim (13+) 12:30 Adult Basketball (18+) 1:30 Leisure Swim - All Ages 2:15 Public Skating (All Ages) 3:00 Parent & Tot Swim (0-6 years old)
2 7:30 Lane Swim (13+) 9:00 Cycle (13+) (pre-booking required) 10:00 Yin Yoga (13+) 12:00 Lane Swim	3 6:00 Lane Swim (13+) 9:15 Relax Swim - All Ages 9:15 Fit Bodies (13+) (pre-booking required) 11:00 Lane Swim	4 6:00 Lane Swim (13+) 8:15 Circuit (13+) (pre-booking required) 9:15 Stretch (13+) 10:15 Barre (13+) (pre-booking	5 6:40 Adult Shinny (18+) 9:00 Yoga (13+) 9:15 Relax Swim - All Ages 9:30 Parent & Tot Gym (0-5 years) 10:15 Zumba (13+)	6 8:15 Kettlebell (13+) (pre-booking required) 9:15 Pilates (13+) 9:15 Cycle (13+) (pre-booking required) 9:40 Parent & Tot	7 12:00 Good Friday	8 7:30 Lane Swim (13+) 8:00 Lane Swim (13+) - 4 LANES 8:00 Bootcamp (13+)

12:00 Adult Badminton (16+) 12:15 Public Skating (All Ages) 1:30 Leisure Swim - All Ages 3:00 Parent & Tot Swim (0-6 years old)	11:30 Adult Pickleball** (18+) 12:00 Adult Shinny (18+) 2:15 Youth Basketball (13-17 years) 3:30 Parent & Child Skate (8 y/o and Younger) 4:45 Parent & Child Basketball (6-12 years) 6:00 Bootcamp (13+) 7:00 Bollywood (13+) 7:30 Adult Pick-Up Basketball (18+) 7:45 Aquafit (13+) (pre-booking required) 8:00 Yoga (13+) 8:45 Lane Swim (13+)	10:45 Aquafit (13+) (pre-booking required) 11:45 Lane Swim (13+) 2:15 Youth Basketball (13-17 years) 3:30 Parent & Tot Swim (0-6 years old) 4:45 Children's Badminton (6-15 years)** 6:00 Cycle (13+) (pre-booking required) 7:00 Stretch (13+) 7:15 Leisure Swim - All Ages 7:30 Adult Badminton (16+)** 8:00 Kettlebell (13+) (pre-booking required) 8:45 Lane Swim (13+)	11:00 Lane Swim (13+)  11:30 Adult Pickleball** (18+)  12:15 Bootcamp (13+)  2:15 Youth Volleyball (13-17 years)  4:45 Parent & Child Volleyball (6-12 years)  6:00 MetCon (13+) (pre-booking required)  7:00 Yoga (13+)  7:30 Adult Volleyball (18+)  7:45 Aquafit (13+) (pre-booking required)  8:45 Lane Swim (13+)	Younger)  10:45 Aquafit (13+) (pre-booking required)  11:30 Parent & Tot Gym (0-5 years)  11:45 Lane Swim (13+) - 4 LANES  12:40 Lane Swim (13+)  1:15 Adult Skate (18+)  2:15 Youth Basketball (13-17 years)  4:45 Children's Basketball (6-12 years)  6:00 Tabata (13+)  7:00 Bollywood (13+) Studio  7:15 Leisure Swim - All Ages  7:30 Adult Pickleball (18+)  8:45 Lane Swim (13+)		(13+) (pre-booking required) 9:00 Bollywood (13+) 10:00 Yoga (13+) 10:00 Family Sports 12:00 Lane Swim (13+) 12:30 Adult Basketball (18+) 1:30 Leisure Swim - All Ages 3:00 Parent & Tot Swim (0-6 years old)
9	10	11	12	13	14	15
7:30 Lane Swim (13+) 9:00 Cycle (13+) (pre-booking required) 10:00 Yin Yoga (13+) 12:00 Lane Swim	12:00 Easter Monday 6:00 Lane Swim (13+) 9:15 Lane Swim (13+) 9:15 Relax Swim - All Ages	6:00 Lane Swim (13+) 8:15 Circuit (13+) (pre-booking required) 9:15 Stretch (13+) 10:15 Barre (13+) (pre-booking	6:00 Lane Swim (13+) 6:40 Adult Shinny (18+) 9:00 Yoga (13+) 9:15 Relax Swim - All Ages	6:00 Lane Swim (13+) 8:15 Kettlebell (13+) (pre-booking required) 9:15 Pilates (13+) 9:15 Cycle (13+) (pre-booking	9:15 MetCon (13+) (pre-booking required) 9:15 Relax Swim (All Ages) 9:30 Parent & Tot Gym (0-5 years) 10:15 Stretch (13+)	7:15 Parent & Tot Shinny (6 y/o and Younger) 7:30 Lane Swim (13+) 8:00 Lane Swim (13+) -
(13+) 12:00 Adult Badminton (16+) 12:15 Public Skating (All Ages) 1:30 Leisure Swim - All Ages	9:15 Fit Bodies (13+) (pre-booking required) 11:30 Adult Pickleball** (18+) 12:00 Adult Shinny (18+)	required)  10:45 Aquafit (13+) (pre-booking required)  11:45 Lane Swim (13+)  12:30 Relax Swim -	9:15 Lane Swim (13+) 9:30 Parent & Tot Gym (0-5 years) 10:15 Bollywood (13+) Studio 10:15 Zumba (13+)	required)  9:40 Parent & Tot Skate (6 y/o and Younger)  10:45 Aquafit (13+) (pre-booking required)	10:45 Aquafit (13+) (pre-booking required) 11:30 Adult Basketball (18+)** 11:45 Lane Swim (13+)	8:00 Bootcamp (13+) 8:00 Aquafit (13+) (pre- booking required)

3:00 Parent & Tot Swim (0-6 years old)	2:15 Youth Basketball (13-17 years) 3:30 Parent & Child Skate (8 y/o and Younger) 4:45 Parent & Child Basketball (6-12 years) 6:00 Bootcamp (13+) 7:00 Bollywood (13+) 7:30 Adult Pick-Up Basketball (18+) 7:45 Aquafit (13+) (pre-booking required)	All Ages  2:15 Youth Basketball (13-17 years)  3:30 Parent & Tot Swim (0-6 years old)  4:45 Children's Badminton (6-15 years)**  6:00 Cycle (13+) (pre-booking required)  7:00 Stretch (13+) 7:15 Leisure Swim - All Ages  7:30 Adult Badminton (16+)**	11:30 Adult Pickleball** (18+)  12:15 Bootcamp (13+)  2:15 Youth Volleyball (13-17 years)  6:00 MetCon (13+) (pre-booking required)  7:00 Yoga (13+)  7:45 Aquafit (13+) (pre-booking required)  8:45 Lane Swim (13+)	11:30 Parent & Tot Gym (0-5 years) 11:45 Lane Swim (13+) - 4 LANES 12:30 Relax Swim - All Ages 12:40 Lane Swim (13+) 1:15 Adult Skate (18+) 2:15 Youth Basketball (13-17 years) 6:00 Tabata (13+) 7:00 Bollywood (13+) Studio 7:15 Leisure Swim - All Ages	11:45 Relax Swim - All Ages 2:15 Youth Basketball (13-17 years) 4:45 Children's Basketball (6-12 years) 6:30 Public Skating (All Ages) 7:15 Leisure Swim - All Ages 7:30 Family Sports	9:00 Bollywood (13+) 10:00 Yoga (13+) 12:00 Lane Swim (13+) 12:30 Adult Basketball (18+) 1:00 Khalsa Day Flag Raising 1:30 Leisure Swim - All Ages 2:15 Public Skating (All Ages)
	8:00 Yoga (13+) 8:45 Lane Swim (13+)	8:00 Kettlebell (13+) (pre-booking required) 8:45 Lane Swim (13+)		7:30 Adult Pickleball (18+) 8:45 Lane Swim (13+)		3:00 Parent & Tot Swim (0- 6 years old)
16	17	18	19	20	21	22
7:30 Lane Swim	6:00 Lane Swim	6:00 Lane Swim	6:00 Lane Swim	6:00 Lane Swim	9:15 MetCon (13+)	7:15 Parent &
9:00 Cycle (13+) (pre-booking required) 10:00 Yin Yoga (13+) 12:00 Lane Swim (13+) 12:00 Adult Badminton (16+) 12:15 Public Skating (All Ages) 1:30 Leisure Swim - All Ages 3:00 Parent & Tot Swim (0-6 years old)	(13+) 9:15 Lane Swim (13+) 9:15 Relax Swim - All Ages 9:15 Fit Bodies (13+) (pre-booking required) 10:15 Zumba (13+) 11:30 Adult Pickleball** (18+) 12:00 Adult Shinny (18+) 2:15 Youth Basketball (13-17 years) 3:30 Parent & Child Skate (8 y/o and Younger) 4:45 Parent & Child Basketball (6-12 years) 6:00 Bootcamp (13+) 7:00 Bollywood (13+) 7:30 Adult Pick-Up Basketball (18+) 7:45 Aquafit (13+) (pre-booking required)	(13+) 8:15 Circuit (13+) (pre-booking required) 9:15 Stretch (13+) 10:15 Barre (13+) (pre-booking required) 10:45 Aquafit (13+) (pre-booking required) 11:45 Lane Swim (13+) 12:30 Relax Swim - All Ages 2:15 Youth Basketball (13-17 years) 3:30 Parent & Tot Swim (0-6 years old) 4:45 Children's Badminton (6-15 years)** 6:00 Cycle (13+) (pre-booking required) 7:00 Stretch (13+) 7:15 Leisure Swim - All Ages 7:30 Adult	(13+) 6:40 Adult Shinny (18+) 9:00 Yoga (13+) 9:15 Relax Swim - All Ages 9:15 Lane Swim (13+) 9:30 Parent & Tot Gym (0-5 years) 10:15 Zumba (13+) 11:30 Adult Pickleball** (18+) 12:15 Bootcamp (13+) 2:15 Youth Volleyball (13-17 years) 6:00 MetCon (13+) (pre-booking required) 7:00 Yoga (13+) 7:30 Adult Volleyball (18+) 7:45 Aquafit (13+) (pre-booking required) 8:45 Lane Swim (13+)	(13+) 8:15 Kettlebell (13+) (pre-booking required) 9:15 Pilates (13+) 9:15 Cycle (13+) (pre-booking required) 9:40 Parent & Tot Skate (6 y/o and Younger) 10:45 Aquafit (13+) (pre-booking required) 11:30 Parent & Tot Gym (0-5 years) 11:45 Lane Swim (13+) - 4 LANES 12:30 Relax Swim - All Ages 12:40 Lane Swim (13+) 1:15 Adult Skate (18+) 2:15 Youth Basketball (13-17 years) 4:45 Children's Basketball (6-12 years) 6:00 Tabata (13+)	(pre-booking required) 9:15 Relax Swim (All Ages) 9:30 Parent & Tot Gym (0-5 years) 10:15 Stretch (13+) 10:45 Aquafit (13+) (pre-booking required) 11:30 Adult Basketball (18+)** 11:45 Lane Swim (13+) 11:45 Relax Swim - All Ages 2:15 Youth Basketball (13-17 years) 4:45 Children's Basketball (6-12 years) 6:30 Public Skating (All Ages) 7:15 Leisure Swim - All Ages 7:30 Family Sports	Tot Shinny (6 y/o and Younger) 7:30 Lane Swim (13+) 8:00 Lane Swim (13+) - 4 LANES 8:00 Bootcamp (13+) 8:00 Aquafit (13+) (prebooking required) 9:00 Bollywood (13+) 9:00 Trees for Streams 2023 (South Simcoe Streams Network) 10:00 Yoga (13+) 12:00 Lane Swim (13+) 12:30 Adult Basketball (18+) 1:30 Leisure Swim - All
ı	8:00 Yoga (13+) 8:45 Lane Swim	Badminton (16+)**  8:00 Kettlebell (13+) (pre-booking		7:00 Zumba (13+) 7:15 Leisure Swim -		Ages 2:00 Danube Seniors

7:30 Lane Swim (13+) 9:00 Cycle (13+) (pre-booking required) 10:00 Yin Yoga (13+) 12:00 Lane Swim (13+) 12:00 Adult Badminton (16+) 12:15 Public Skating (All Ages) 1:30 Leisure Swim - All Ages 3:00 Parent & Tot Swim (0-6 years old)	24 6:00 Lane Swim (13+) 9:15 Lane Swim (13+) 9:15 Relax Swim - All Ages 9:15 Fit Bodies (13+) (pre-booking required) 10:15 Zumba (13+) 11:30 Adult Pickleball** (18+) 12:00 Adult Shinny (18+) 2:15 Youth Basketball (13-17 years) 3:30 Parent & Child Skate (8 y/o and Younger)	8:45 Lane Swim (13+)  25  6:00 Lane Swim (13+)  8:15 Circuit (13+) (pre-booking required)  9:15 Stretch (13+) 10:15 Barre (13+) (pre-booking required)  10:45 Aquafit (13+) (pre-booking required)  11:45 Lane Swim (13+)  12:30 Relax Swim - All Ages  2:15 Youth Basketball (13-17 years)  3:30 Parent & Tot	26 6:00 Lane Swim (13+) 6:40 Adult Shinny (18+) 9:00 Yoga (13+) 9:15 Relax Swim - All Ages 9:15 Lane Swim (13+) 9:30 Parent & Tot Gym (0-5 years) 10:15 Zumba (13+) 11:30 Adult Pickleball** (18+) 12:15 Bootcamp (13+) 2:15 Youth Volleyball (13-17 years) 4:00 Celebrate	7:30 Adult Pickleball (18+) 8:00 Volunteer Appreciation 8:45 Lane Swim (13+)  27 6:00 Lane Swim (13+) 8:15 Kettlebell (13+) (pre-booking required) 9:15 Pilates (13+) 9:15 Cycle (13+) (pre-booking required) 9:40 Parent & Tot Skate (6 y/o and Younger) 10:45 Aquafit (13+) (pre-booking required) 11:30 Parent & Tot Gym (0-5 years) 11:45 Lane Swim (13+) - 4 LANES 12:30 Relax Swim -	28 9:15 Parent & Tot Swim (0-6 years old) 9:15 MetCon (13+) (pre-booking required) 9:30 PA Day Schedule: Friday April 28th 10:15 Stretch (13+) 10:45 Aquafit (13+) (pre-booking required) 11:45 Lane Swim (13+) 2:15 Leisure Swim - All Ages 3:30 Flag Raising: National Youth Week	Centre 25th Anniversary Celebration 2:15 Public Skating (All Ages) 3:00 Parent & Tot Swim (0-6 years old)  29 7:15 Parent & Tot Shinny (6 y/o and Younger) 7:30 Lane Swim (13+) 8:00 Lane Swim (13+) - 4 LANES 8:00 Bootcamp (13+) 8:00 Aquafit (13+) (pre-booking required) 9:00 Bollywood (13+) 10:00 Yoga (13+)
(13+)	(13+)	(13+)	(13+)	(13+)	Swim (0-6 years	Tot Shinny (6 y/o and
(pre-booking	(13+)	(pre-booking	(18+)	(pre-booking	(pre-booking	7:30 Lane
	_	` ´ _	9:15 Relax Swim -	` ′	•	
12:00 Lane Swim	(13+) (pre-booking	(pre-booking	9:15 Lane Swim	(pre-booking	Schedule: Friday April 28th	Swim (13+) - 4 LANES
	ì í	(pre-booking	9:30 Parent & Tot	Skate (6 y/o and	10:45 Aquafit (13+)	Bootcamp
		11:45 Lane Swim	10:15 Zumba (13+)	10:45 Aquafit (13+)	required)	(13+) (pre-
		12:30 Relax Swim -	Pickleball** (18+)	required)	(13+)	required)
Swim (0-6 years	years)	2:15 Youth	(13+)	Gym (0-5 years)	All Ages	Bollywood
,	Skate (8 y/o and	years)	(13-17 years)			
	4:45 Parent & Child Basketball (6-12	Swim (0-6 years old)	Vaisakhi and Sikh Heritage Month in BWG	All Ages 12:40 Lane Swim	6:30 Public Skating (All Ages)	12:00 Lane Swim (13+)
	years) 6:00 Bootcamp	4:45 Children's Badminton (6-15 years)**	6:00 MetCon (13+) (pre-booking	(13+) 1:15 Adult Skate	7:15 Leisure Swim - All Ages	12:30 Adult Basketball
	(13+) 7:00 Bollywood	6:00 Cycle (13+) (pre-booking	required) 7:00 Yoga (13+)	(18+) 2:15 Youth		(18+) 1:30 Leisure Swim - All
	(13+) 7:30 Adult Pick-Up Basketball (18+)	required) 7:00 Stretch (13+)	7:30 Adult Volleyball (18+)	Basketball (13-17 years) 4:45 Children's		Ages 2:15 Public
	7:45 Aquafit (13+) (pre-booking	7:00 Community Access Networking	7:45 Aquafit (13+) (pre-booking	Basketball (6-12 years)		Skating (All Ages)
	required)	7:15 Leisure Swim - All Ages	required) 8:45 Lane Swim	6:00 Tabata (13+)		3:00 Parent & Tot Swim (0-
	8:00 Yoga (13+)	7:30 Adult	(13+)	7:00 Zumba (13+)		6 years old)
	8:45 Lane Swim (13+)	Badminton (16+)**		7:15 Leisure Swim - All Ages		
		8:00 Kettlebell (13+) (pre-booking required)		7:30 Adult Pickleball (18+)		
		8:45 Lane Swim (13+)		8:45 Lane Swim (13+)		
30						
7:30 Lane Swim (13+)						
9:00 Cycle (13+) (pre-booking required)						
10:00 Yin Yoga (13+)						
12:00 Lane Swim (13+)						
12:00 Adult						

Badminton (16+)				
12:15 Public Skating (All Ages)				
1:30 Leisure Swim - All Ages				
3:00 Parent & Tot Swim (0-6 years old)				

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