April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						7:15 am Parent & Tot Shinny (6 y/o and Younger)
						7:30 am Lane Swim (13+)
						8:00 am Lane Swim (13+) - 4 LANES
						8:00 am Bootcamp (13+)
						8:00 am Aquafit (13+) (pre-booking required)
						10:00 am Family Sports
						12:00 pm Lane Swim (13+)
						12:30 pm Adult Basketball (18+)
						1:30 pm Leisure Swim - All Ages
						2:15 pm Public Skating (All Ages)
						3:00 pm Parent & Tot Swim (0-6 years old)
2	3	4	5	6	7	8
7:30 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:40 am Adult Shinny (18+)	8:15 am Kettlebell (13+) (pre-booking	12:00 am Good Friday	7:30 am Lane Swim (13+)
9:00 am Cycle (13+) (pre-booking required)	9:15 am Relax Swim - All Ages 9:15 am Fit Bodies	8:15 am Circuit (13+) (pre-booking required)	9:00 am Yoga (13+) 9:15 am Relax Swim - All Ages	required) 9:15 am Pilates (13+)		8:00 am Lane Swim (13+) - 4 LANES

10:00 am Yin Yoga (13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old)	 (13+) (pre-booking required) 11:00 am Lane Swim (13+) 11:30 am Adult Pickleball** (18+) 12:00 pm Adult Shinny (18+) 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Child Skate (8 y/o and Younger) 4:45 pm Parent & Child Basketball (6-12 years) 6:00 pm Bootcamp (13+) 7:00 pm Bollywood (13+) 7:30 pm Adult Pick-Up Basketball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:00 pm Yoga (13+) 8:45 pm Lane Swim (13+) 	 9:15 am Stretch (13+) 10:15 am Barre (13+) (pre-booking required) 10:45 am Aquafit (13+) (pre-booking required) 11:45 am Lane Swim (13+) 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Tot Swim (0-6 years old) 4:45 pm Children's Badminton (6-15 years)** 6:00 pm Cycle (13+) (pre-booking required) 7:00 pm Stretch (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Badminton (16+)** 8:00 pm Kettlebell (13+) (pre-booking required) 8:45 pm Lane Swim (13+) 	9:30 am Parent & Tot Gym (0-5 years) 10:15 am Zumba (13+) 11:00 am Lane Swim (13+) 11:30 am Adult Pickleball** (18+) 12:15 pm Bootcamp (13+) 2:15 pm Youth Volleyball (13-17 years) 4:45 pm Parent & Child Volleyball (6- 12 years) 6:00 pm MetCon (13+) (pre-booking required) 7:00 pm Yoga (13+) 7:30 pm Adult Volleyball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:45 pm Lane Swim (13+)	 9:15 am Cycle (13+) (pre-booking required) 9:40 am Parent & Tot Skate (6 y/o and Younger) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Parent & Tot Gym (0-5 years) 11:45 am Lane Swim (13+) - 4 LANES 12:40 pm Lane Swim (13+) 1:15 pm Adult Skate (18+) 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:00 pm Tabata (13+) 7:00 pm Bollywood (13+) Studio 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Pickleball (18+) 8:45 pm Lane Swim (13+) 		8:00 am Bootcamp (13+) 8:00 am Aquafit (13+) (pre-booking required) 9:00 am Bollywood (13+) 10:00 am Yoga (13+) 10:00 am Family Sports 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old)
9	10	11	12	13	14	15
7:30 am Lane Swim	12:00 am Easter	6:00 am Lane Swim	6:00 am Lane Swim	6:00 am Lane Swim	9:15 am MetCon	7:15 am
(13+)	Monday	(13+)	(13+)	(13+)	(13+) (pre-booking	Parent & Tot
9:00 am Cycle	6:00 am Lane Swim	8:15 am Circuit	6:40 am Adult	8:15 am Kettlebell	required)	Shinny (6 y/o
(13+) (pre-booking	(13+)	(13+) (pre-booking	Shinny (18+)	(13+) (pre-booking	9:15 am Relax	and Younger)

required)	9:15 am Lane Swim	required)	9:00 am Yoga (13+)	required)	Swim (All Ages)	7:30 am Lane Swim (13+)
10:00 am Yin Yoga (13+)	(13+) 9:15 am Relax	9:15 am Stretch (13+)	9:15 am Relax Swim	9:15 am Pilates (13+)	9:30 am Parent & Tot Gym (0-5	8:00 am Lane
(13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old)	 9:15 am Relax Swim - All Ages 9:15 am Fit Bodies (13+) (pre-booking required) 11:30 am Adult Pickleball** (18+) 12:00 pm Adult Shinny (18+) 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Child Skate (8 y/o and Younger) 4:45 pm Parent & Child Basketball (6- 12 years) 6:00 pm Bootcamp (13+) 7:00 pm Bollywood (13+) 7:30 pm Adult Pick- Up Basketball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:00 pm Yoga (13+) 8:45 pm Lane Swim (13+) 	 (13+) 10:15 am Barre (13+) (pre-booking required) 10:45 am Aquafit (13+) (pre-booking required) 11:45 am Lane Swim (13+) 12:30 pm Relax Swim - All Ages 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Tot Swim (0-6 years old) 4:45 pm Children's Badminton (6-15 years)** 6:00 pm Cycle (13+) (pre-booking required) 7:00 pm Stretch (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Badminton (16+)** 8:00 pm Kettlebell (13+) (pre-booking required) 8:45 pm Lane Swim (13+) 	 9:13 am Relax Swim All Ages 9:15 am Lane Swim (13+) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Bollywood (13+) Studio 10:15 am Zumba (13+) 11:30 am Adult Pickleball** (18+) 12:15 pm Bootcamp (13+) 2:15 pm Youth Volleyball (13-17 years) 6:00 pm MetCon (13+) (pre-booking required) 7:00 pm Yoga (13+) 7:45 pm Aquafit (13+) (pre-booking required) 8:45 pm Lane Swim (13+) 	 9:15 am Cycle (13+) (pre-booking required) 9:40 am Parent & Tot Skate (6 y/o and Younger) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Parent & Tot Gym (0-5 years) 11:45 am Lane Swim (13+) - 4 LANES 12:30 pm Relax Swim - All Ages 12:40 pm Lane Swim (13+) 1:15 pm Adult Skate (18+) 2:15 pm Youth Basketball (13-17 years) 6:00 pm Tabata (13+) 7:00 pm Bollywood (13+) Studio 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Pickleball (18+) 	Tot Gym (0-5 years) 10:15 am Stretch (13+) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Adult Basketball (18+)** 11:45 am Lane Swim (13+) 11:45 am Relax Swim - All Ages 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:30 pm Public Skating (All Ages) 7:15 pm Leisure Swim - All Ages 7:30 pm Family Sports	8:00 am Lane Swim (13+) - 4 LANES 8:00 am Bootcamp (13+) 8:00 am Aquafit (13+) (pre-booking required) 9:00 am Bollywood (13+) 10:00 am Yoga (13+) 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:00 pm Khalsa Day Flag Raising 1:30 pm Leisure Swim - All Ages 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old)
16	17	18	19	8:45 pm Lane Swim (13+) 20	21	22
7:30 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+)	9:15 am MetCon (13+) (pre-booking required)	7:15 am Parent & Tot Shinny (6 y/o
9:00 am Cycle (13+) (pre-booking	9:15 am Lane Swim (13+)	8:15 am Circuit (13+) (pre-booking	6:40 am Adult Shinny (18+)	8:15 am Kettlebell (13+) (pre-booking	9:15 am Relax	and Younger)

required)	0.15 am Dalar	required)	9.00 am Vogs(121)	required)	Swim (All Ages)	7:30 am Lane
required) 10:00 am Yin Yoga (13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old)	 9:15 am Relax Swim - All Ages 9:15 am Fit Bodies (13+) (pre-booking required) 10:15 am Zumba (13+) 11:30 am Adult Pickleball** (18+) 12:00 pm Adult Shinny (18+) 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Child Skate (8 y/o 	required) 9:15 am Stretch (13+) 10:15 am Barre (13+) (pre-booking required) 10:45 am Aquafit (13+) (pre-booking required) 11:45 am Lane Swim (13+) 12:30 pm Relax Swim - All Ages 2:15 pm Youth Basketball (13-17 years)	9:00 am Yoga (13+) 9:15 am Relax Swim - All Ages 9:15 am Lane Swim (13+) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Zumba (13+) 11:30 am Adult Pickleball** (18+) 12:15 pm Bootcamp (13+) 2:15 pm Youth Volleyball (13-17	 9:15 am Pilates (13+) 9:15 am Cycle (13+) (pre-booking required) 9:40 am Parent & Tot Skate (6 y/o and Younger) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Parent & Tot Gym (0-5 years) 11:45 am Lane 	Swim (All Ages) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Stretch (13+) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Adult Basketball (18+)** 11:45 am Lane Swim (13+) 11:45 am Relax Swim - All Ages 2:15 pm Youth	7:30 am Lane Swim (13+) 8:00 am Lane Swim (13+) - 4 LANES 8:00 am Bootcamp (13+) 8:00 am Aquafit (13+) (pre-booking required) 9:00 am Bollywood (13+) 9:00 am Trees for Streams
	 Child Skate (8 y/o and Younger) 4:45 pm Parent & Child Basketball (6- 12 years) 6:00 pm Bootcamp (13+) 7:00 pm Bollywood (13+) 7:30 pm Adult Pick- Up Basketball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:00 pm Yoga (13+) 8:45 pm Lane Swim (13+) 	 3:30 pm Parent & Tot Swim (0-6 years old) 4:45 pm Children's Badminton (6-15 years)** 6:00 pm Cycle (13+) (pre-booking required) 7:00 pm Stretch (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Badminton (16+)** 8:00 pm Kettlebell (13+) (pre-booking required) 8:45 pm Lane Swim (13+) 	years) 6:00 pm MetCon (13+) (pre-booking required) 7:00 pm Yoga (13+) 7:30 pm Adult Volleyball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:45 pm Lane Swim (13+)	Swim (13+) - 4 LANES 12:30 pm Relax Swim - All Ages 12:40 pm Lane Swim (13+) 1:15 pm Adult Skate (18+) 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:00 pm Tabata (13+) 7:00 pm Zumba (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Pickleball (18+) 8:00 pm Volunteer Appreciation 8:45 pm Lane Swim (13+)	2:15 pm Youn Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:30 pm Public Skating (All Ages) 7:15 pm Leisure Swim - All Ages 7:30 pm Family Sports	2023 (South Simcoe Streams Network) 10:00 am Yoga (13+) 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:30 pm Leisure Swim - All Ages 2:00 pm Danube Seniors Leisure Centre 25th Anniversary Celebration 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old)
23	24	25	26	27	28	29
7:30 am Lane Swim (13+) 9:00 am Cycle	6:00 am Lane Swim (13+)	6:00 am Lane Swim (13+) 8:15 am Circuit	6:00 am Lane Swim (13+) 6:40 am Adult	6:00 am Lane Swim (13+) 8:15 am Kettlebell	9:15 am Parent & Tot Swim (0-6 years old)	7:15 am Parent & Tot Shinny (6 y/o
9:00 am Cycle (13+) (pre-booking	9:15 am Lane Swim (13+)	(13+) (pre-booking	6:40 am Adult Shinny (18+)	8:15 am Kettlebell (13+) (pre-booking	9:15 am MetCon	and Younger)

1	required)	9:15 am Relax	required)	9:00 am Yoga (13+)	required)	(13+) (pre-booking required)	7:30 am Lane Swim (13+)
	0:00 am Yin Yoga 13+)	Swim - All Ages 9:15 am Fit Bodies	9:15 am Stretch (13+)	9:15 am Relax Swim - All Ages	9:15 am Pilates (13+)	9:30 am PA Day	8:00 am Lane
	2:00 pm Lane Swim (13+)	(13+) (pre-booking required)	10:15 am Barre (13+) (pre-booking	9:15 am Lane Swim (13+)	9:15 am Cycle (13+) (pre-booking	Schedule: Friday April 28th	Swim (13+) - 4 LANES
	2:00 pm Adult Badminton (16+)	10:15 am Zumba (13+)	required) 10:45 am Aquafit	9:30 am Parent & Tot Gym (0-5 years)	required) 9:40 am Parent &	10:15 am Stretch (13+)	8:00 am Bootcamp (13+)
	2:15 pm Public Skating (All Ages)	11:30 am Adult Pickleball** (18+)	(13+) (pre-booking required) 11:45 am Lane	10:15 am Zumba (13+)	Tot Skate (6 y/o and Younger) 10:45 am Aquafit	10:45 am Aquafit (13+) (pre-booking required)	8:00 am Aquafit (13+)
	:30 pm Leisure Swim - All Ages	12:00 pm Adult Shinny (18+)	11:43 am Lane Swim (13+) 12:30 pm Relax	11:30 am Adult Pickleball** (18+)	(13+) (pre-booking required)	11:45 am Lane Swim (13+)	(pre-booking required)
1	3:00 pm Parent & Fot Swim (0-6 years old)	2:15 pm Youth Basketball (13-17 years)	Swim - All Ages 2:15 pm Youth	12:15 pm Bootcamp (13+)	11:30 am Parent & Tot Gym (0-5	2:15 pm Leisure Swim - All Ages	9:00 am Bollywood (13+)
	,	3:30 pm Parent & Child Skate (8 y/o	Basketball (13-17 years)	2:15 pm Youth Volleyball (13-17	years) 11:45 am Lane Swim (13+) - 4	3:30 pm Flag Raising: National Youth Week	10:00 am Yoga (13+)
		and Younger) 4:45 pm Parent &	3:30 pm Parent & Tot Swim (0-6 years old)	years) 4:00 pm Celebrate Vaisakhi and Sikh	LANES 12:30 pm Relax	6:30 pm Public Skating (All Ages)	12:00 pm Lane Swim
		Child Basketball (6- 12 years)	4:45 pm Children's Badminton (6-15	Heritage Month in BWG	Swim - All Ages 12:40 pm Lane	7:15 pm Leisure Swim - All Ages	(13+) 12:30 pm Adult
		6:00 pm Bootcamp (13+) 7:00 pm Bollywood	years)** 6:00 pm Cycle	6:00 pm MetCon (13+) (pre-booking required)	Swim (13+) 1:15 pm Adult Skate		Basketball (18+)
		(13+) 7:30 pm Adult Pick-	(13+) (pre-booking required)7:00 pm Stretch	7:00 pm Yoga (13+)	(18+) 2:15 pm Youth Basketball (13-17		1:30 pm Leisure Swim - All Ages
		Up Basketball (18+) 7:45 pm Aquafit	(13+) 7:00 pm Community	7:30 pm Adult Volleyball (18+) 7:45 pm Aquafit	years) 4:45 pm Children's		2:15 pm Public Skating
		(13+) (pre-booking required)	Access Networking 7:15 pm Leisure	(13+) (pre-booking required)	Basketball (6-12 years)		(All Ages) 3:00 pm
		8:00 pm Yoga (13+) 8:45 pm Lane Swim (13+)	Swim - All Ages 7:30 pm Adult	8:45 pm Lane Swim (13+)	6:00 pm Tabata (13+)		Parent & Tot Swim (0-6 years old)
		(15+)	Badminton (16+)** 8:00 pm Kettlebell		7:00 pm Zumba (13+)		
			(13+) (pre-booking required)		7:15 pm Leisure Swim - All Ages		
			8:45 pm Lane Swim (13+)		7:30 pm Adult Pickleball (18+)		
					8:45 pm Lane Swim (13+)		
3	30						
	7:30 am Lane Swim (13+)						
(9:00 am Cycle 13+) (pre-booking required)						
	0:00 am Yin Yoga 13+)						
	2:00 pm Lane Swim (13+)						
	2:00 pm Adult Badminton (16+)						
5	2:15 pm Public Skating (All Ages)						
	:30 pm Leisure Swim - All Ages						
1	8:00 pm Parent & Fot Swim (0-6 years old)						