

Week of July 28, 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---|--|
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| <u>Lane Swim (13+)</u> 7:30 am - 8:45 am | <u>Lane Swim (13+)</u> 6:00 am - 8:00 am | <u>Lane Swim (13+)</u> 6:00 am - 7:30 am | <u>Lane Swim (13+)</u> 6:00 am - 8:00 am | <u>Lane Swim (13+)</u> 6:00 am - 7:30 am | <u>Silver Swim - 50+</u> 8:00 am - 8:45 am | <u>Parent & Child Shiny</u> <u>(9 y/o and Younger)</u> 7:15 am - 8:15 am |
| <u>Closed</u> 9:00 am - 8:00 pm | <u>Fit Bodies (13+)</u> 9:15 am - 10:00 am | <u>Aquafit (pre-booking required)</u> <u>13+</u> 8:00 am - 8:45 am | <u>Adult Shiny (18+)</u> 6:40 am - 8:00 am | <u>Aquafit (pre-booking required)</u> <u>13+</u> 8:00 am - 8:45 am | <u>MetCon (13+)</u> 9:15 am - 10:00 am | <u>Lane Swim (13+)</u> 7:30 am - 8:00 am |
| <u>Cycle (pre-booking required)</u> <u>13+</u> 9:00 am - 9:45 am | <u>Tales for Twos (2-3yrs)</u> 9:45 am - 10:15 am | <u>Circuit (13+)</u> 8:15 am - 9:00 am | <u>Cycle (pre-booking required)</u> <u>13+</u> 8:15 am - 8:45 am | <u>Kettlebell (13+)</u> 8:15 am - 9:00 am | <u>Babytime Walkers (Ages 12-24 mon)</u> 9:45 am - 10:15 am | <u>Lane Swim (13+)</u> 7:30 am - 8:00 am |
| <u>Family Sports</u> 9:30 am - 11:00 am | <u>Zumba (13+)</u> 10:15 am - 11:00 am | <u>Stretch (13+)</u> 9:15 am - 10:00 am | <u>Yoga (13+)</u> 9:00 am - 10:00 am | <u>Pilates (13+)</u> 9:15 am - 10:00 am | <u>Stretch (13+)</u> 10:15 am - 11:00 am | <u>Lane Swim (13+)</u> 7:30 am - 8:00 am |
| <u>Yin Yoga (13+)</u> 10:00 am - 11:00 am | <u>School Age Storytime (3-6yrs)</u> 11:30 am - 12:00 pm | <u>Crafting a Story (Ages 2-7)</u> 10:00 am - 11:00 am | <u>Zumba (13+)</u> 10:15 am - 11:00 am | <u>SMDHU Breastfeeding Support Group</u> 10:00 am - 11:30 am | <u>Babytime Creepers (Ages 4-12 mon)</u> 10:45 am - 11:15 am | <u>Lane Swim (13+)</u> 7:30 am - 8:00 am |
| <u>Parent & Child Shiny (9 y/o and Younger)</u> 10:00 am - 12:00 pm | <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm | <u>Barre (13+)</u> 10:15 am - 11:00 am | <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm | <u>Parent & Tot Skate (6 y/o and Younger)</u> 10:00 am - 11:00 am | <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm | <u>Lane Swim (13+)</u> 8:00 am - 8:45 am |
| <u>Adult Badminton (16+)</u> 11:30 am - 1:30 pm | <u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm | <u>Tween Fun Time with Sarah & Gail (Ages 9-12)</u> 11:30 am - 12:30 pm | <u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm | <u>Fit Bodies (13+)</u> 10:15 am - 11:00 am | <u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm | <u>Aquafit (pre-booking required)</u> <u>13+</u> 8:00 am - 8:45 am |
| <u>Lane Swim (13+)</u> 11:30 am - 1:15 pm | <u>Adult Shiny (18+)</u> 12:15 pm - 1:45 pm | <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm | <u>Manga Club (Ages 8-11)</u> 1:30 pm - 2:30 pm | <u>Fun with Illustrations</u> 11:00 am - 12:00 pm | <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm | <u>Bootcamp (13+)</u> 8:15 am - 9:00 am |
| <u>Public Skating (All Ages)</u> 12:15 pm - 2:15 pm | <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm | <u>Fierté Simcoe Pride Flag Raising</u> 2:00 pm - 2:30 pm | <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm | <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm | <u>Parent & Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm | <u>Bradford Farmers Market</u> 9:00 am - 1:00 pm |
| <u>Leisure Swim - All Ages</u> 1:30 pm - 3:00 pm | <u>Parent & Child Skate (9 y/o and Younger)</u> 3:30 pm - 4:30 pm | <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm | <u>Parent & Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm | <u>L.I.I.T. (13+)</u> 12:15 pm - 1:00 pm | <u>Parent & Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm | <u>Bradford Farmers Market</u> 9:00 am - 1:00 pm |
| <u>Parent & Tot Swim (0-6 years old)</u> 3:00 pm - 4:00 pm | <u>Parent and Child Journaling (Ages 7-12yrs)</u> 4:30 pm - 5:30 pm | <u>Parent & Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm | <u>Youth Volleyball (Grades 9-12)</u> 5:00 pm - 7:00 pm | <u>Adult Skate (18+)</u> 1:15 pm - 2:15 pm | <u>Closed</u> 4:30 pm - 8:00 pm | <u>BollyX (13+)</u> 9:15 am - 10:00 am |
| | <u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm | <u>Co-Create Art (Ages 7-12)</u> 4:30 pm - 5:30 pm | <u>In-person Prenatal Classes</u> 6:00 pm - 8:00 pm | <u>Drop-in LEGO (All Ages)</u> 1:30 pm - 3:00 pm | <u>Family Sports</u> 5:00 pm - 7:00 pm | <u>Parent & Tot Gym (0-5 years)</u> 9:30 am - 11:30 am |
| | <u>Stick & Puck (Ages 10-12)</u> 5:15 pm - 6:45 pm | <u>Parent & Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm | <u>MetCon (13+)</u> 6:00 pm - 6:45 pm | <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm | <u>Public Skating (All Ages)</u> 6:30 pm - 8:00 pm | <u>Parent & Tot Gym (0-5 years)</u> 9:30 am - 11:30 am |
| | <u>Stick & Puck (Ages 10-12)</u> 5:15 pm - 6:45 pm | <u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm | <u>Adult Book Club</u> 6:30 pm - 7:30 pm | <u>Parent & Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm | | <u>Yoga (13+)</u> 10:15 am - 11:15 am |
| | <u>Bootcamp (13+)</u> 6:00 pm - 6:45 pm | <u>Cycle (pre-booking required)</u> <u>13+</u> 6:00 pm - 6:45 pm | <u>Yoga (13+)</u> 7:00 pm - 7:45 pm | <u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm | | <u>Lane Swim (13+)</u> 11:30 am - 1:15 pm |
| | | <u>Adapted Open Skate</u> 6:15 pm - 7:15 pm | | | | <u>Adult Pick-Up Basketball (18+)</u> 12:30 pm - 2:30 pm |
| | | | | | | <u>Leisure Swim - All Ages</u> |

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| | | | | | | 1:30 pm - 3:00 pm <u>Parent & Tot Swim (0-6 years old)</u> 3:00 pm - 4:00 pm |
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End Date: 12/16/2023
Start Date: 08/01/2024

<https://calendar.townofbwg.com>