

# June 2024

| Sunday                       | Monday                       | Tuesday                      | Wednesday                    | Thursday                     | Friday                                    | Saturday  |
|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|---|---|
|                              |                              |                              |                              |                              |   | 1<br>7:15 am Parent & Child Shinny (9 y/o and Younger)<br>7:30 am Lane Swim (13+)<br>8:00 am Lane Swim (13+) 4 Lanes Only<br>8:15 am Bootcamp (13+)<br>9:00 am Bradford Farmers Market<br>9:15 am BollyX (13+)<br>10:30 am Pop-Up Kids (Ages 2-10yrs)<br>11:00 am Trails Day<br>12:00 pm Lane Swim (13+)<br>12:30 pm Adult Pick-Up Basketball (18+)<br>1:30 pm Leisure Swim - All Ages<br>3:00 pm Parent & Tot Swim (0-6 years old) |
| 2<br>7:30 am Lane Swim (13+) | 3<br>6:00 am Lane Swim (13+) | 4<br>6:00 am Lane Swim (13+) | 5<br>6:00 am Lane Swim (13+) | 6<br>6:00 am Lane Swim (13+) | 7<br>9:15 am Lane Swim (13+) 4 Lanes Only | 8<br>7:15 am Parent &   |

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|---|--|---|---|--|---|--|
| 9:00 am Cycle (pre-booking required) 13+                              | 9:15 am Fit Bodies (13+)                             | 8:15 am Circuit (13+)                           | 6:40 am Adult Shinny (18+)                | 8:15 am Kettlebell (13+)                       | 9:15 am Silver Swim - 50+                       | Child Shinny (9 y/o and Younger)                                 |
| 10:00 am Yin Yoga (13+)   | 9:15 am Relax Swim (All Ages)                        | 9:15 am Stretch (13+)                           | 8:15 am Cycle (pre-booking required) 13+  | 9:15 am Pilates (13+)                          | 9:15 am Relax Swim (All Ages)                   | 7:30 am Lane Swim (13+)  |
| 10:00 am Parent & Child Shinny (9 y/o and Younger)                    | 9:15 am Lane Swim (13+)                              | 10:00 am CRA Presentation: How to avoid scams   | 9:30 am Adult Pickleball (18+)            | 9:40 am Parent & Tot Skate (6 y/o and Younger) | 9:15 am MetCon (13+)                            | 8:00 am Lane Swim (13+) 4 Lanes Only                             |
| 12:00 pm Lane Swim (13+)  | 10:15 am Zumba (13+)                                 | 10:15 am Barre (13+)                            | 9:30 am Closed                            | 10:00 am SMDHU Breastfeeding Support Group     | 9:30 am Parent & Tot Gym (0-5 years)            | 8:15 am Bootcamp (13+)   |
| 12:00 pm Adult Badminton (16+)  | 10:30 am Lane Swim (13+) 4 Lanes Only                | 11:00 am Parent & Tot Gym (0-5 years)           | 10:15 am Zumba (13+)                      | 10:15 am Fit Bodies (13+)                      | 10:15 am Stretch (13+)                          | 9:00 am Bradford Farmers Market                                  |
| 12:15 pm Public Skating (All Ages)                                    | 11:30 am Lane Swim (13+)                             | 11:45 am Lane Swim (13+)                        | 10:30 am Lane Swim (13+) 4 Lanes Only     | 11:00 am Parent & Tot Gym (0-5 years)          | 11:30 am PA Day Open House - Bugs & Butterflies | 9:15 am BollyX (13+)   |
| 1:00 pm Italian Heritage Month and Festa Della Republica Flag Raising | 11:30 am Adult Pickleball (18+)**                    | 12:30 pm Relax Swim (All Ages)                  | 10:30 am Relax Swim (All Ages)            | 11:00 am Relax Swim (All Ages)                 | 11:45 am Lane Swim (13+)                        | 10:00 am Book Sale   |
| 1:15 pm 200 Meters Film Screening                                     | 12:00 pm Adult Shinny (18+)                          | 1:00 pm My Sister's Place Drop-in Outreach      | 10:30 am Silver Swim - 50+                | 11:45 am Lane Swim (13+) 4 Lanes Only          | 12:00 pm Adult Basketball (18+)**               | 11:00 am Pet Valu - Dog Adoption event w Project Paws Dog Rescue |
| 1:30 pm Leisure Swim - All Ages                                       | 2:15 pm Youth Basketball (Grades 9-12)               | 1:15 pm Adapted Open Skate                      | 11:30 am Lane Swim (13+)                  | 12:15 pm L.I.I.T. (13+)                        | 2:15 pm Youth Basketball (Grades 9-12)          | 12:00 pm Lane Swim (13+)   |
| 3:00 pm Parent & Tot Swim (0-6 years old)                             | 3:15 pm Parent & Child Skate (9 y/o and Younger)     | 2:00 pm Creative Lab Open Hours ( Drop in)      | 2:15 pm Youth Volleyball (Grades 9-12)    | 12:30 pm Lane Swim (13+)                       | 4:00 pm Book Sale                               | 12:30 pm Adult Pick-Up Basketball (18+)                          |
| 3:15 pm 200 Meters Film Screening                                     | 3:30 pm Parent & Tot Swim (0-6 years old)            | 2:15 pm Youth Basketball (Grades 9-12)          | 3:30 pm Parent & Tot Swim (0-6 years old) | 1:15 pm Adult Skate (18+)                      | 4:45 pm Children's Basketball (Grades 1-8) **   | 1:30 pm Leisure Swim - All Ages                                  |
|   | 4:00 pm Pride Month Flag Raising                     | 4:45 pm Parent & Child Badminton (6-15 years)** | 6:00 pm MetCon (13+)                      | 2:15 pm Youth Basketball (Grades 9-12)         | 6:30 pm Public Skating (All Ages)               | 2:00 pm Chess Social: Movie Matine'e                             |
|   | 4:00 pm Impact Youth Leadership Program (Ages 12-18) | 6:00 pm Cycle (pre-booking required) 13+        | 7:30 pm Adult Volleyball (18+)            | 4:30 pm Creative Lab Open Hours ( Drop in)     | 7:15 pm Leisure Swim - All Ages                 | 2:00 pm Portuguese Heritage Month and Portugal Flag Raising      |
|   | 4:45 pm Children's Volleyball (Grades 1-8)           | 7:00 pm Stretch (13+)                           | 8:45 pm Lane Swim (13+)                   | 4:45 pm Children's Basketball (Grades 1-8) **  | 7:30 pm Family Sports                           | 3:00 pm Try It Saturday - Water Basketball (10+)                 |
|   | 5:30 pm Stick & Puck (Ages 10-12)                    | 7:15 pm Leisure Swim - All Ages                 |   | 6:00 pm Circuit (13+)                          |   | 3:00 pm Parent & Tot Swim (0-6 years old)                        |
|   | 6:00 pm Side Hustle Support Group                    | 7:30 pm Adult Badminton (16+)**                 |   | 6:30 pm Chess Night (All Ages)                 |   |  |
|   | 6:00 pm Bootcamp (13+)                               | 8:00 pm Kettlebell (13+)                        |   | 7:00 pm Zumba (13+)                            |   |  |
|   | 6:30 pm Friends of the Library Meeting               | 8:45 pm Lane Swim (13+)                         |   | 7:15 pm Leisure Swim - All Ages                |   |  |
|   | 7:00 pm BollyX (13+)                                 |   |   | 7:30 pm Adult Pickleball (18+)                 |   |  |
|   | 7:30 pm Adult Pick-Up Basketball (18+)               |   |   | 8:45 pm Lane Swim (13+)                        |   |  |
|   | 8:15 pm Stick & Puck (Ages 13-15)                    |   |   |  |   |  |
|   | 8:45 pm Lane Swim (13+)                              |   |   |  |   |  |
| 9   | 10   | 11  | 12  | 13   | 14  | 15   |
| 7:30 am Lane Swim (13+)   | 6:00 am Lane Swim (13+)                              | 6:00 am Lane Swim (13+)                         | 6:00 am Lane Swim (13+)                   | 6:00 am Lane Swim (13+)                        | 9:15 am Lane Swim (13+) 4 Lanes Only            | 7:15 am Parent &   |

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|---|---|---|--|--|--|---|
| 9:00 am Cycle (pre-booking required) 13+                | 9:15 am Fit Bodies (13+)                                | 8:15 am Circuit (13+)                           | 6:40 am Adult Shinny (18+)                         | 8:15 am Kettlebell (13+)                       | 9:15 am Silver Swim - 50+                                | Child Shinny (9 y/o and Younger)                                      |
| 10:00 am Yin Yoga (13+)                                 | 9:15 am Relax Swim (All Ages)                           | 9:15 am Stretch (13+)                           | 8:15 am Cycle (pre-booking required) 13+           | 9:15 am Pilates (13+)                          | 9:15 am Relax Swim (All Ages)                            | 7:30 am Lane Swim (13+)   |
| 10:00 am Parent & Child Shinny (9 y/o and Younger)      | 9:15 am Lane Swim (13+)                                 | 10:15 am Barre (13+)                            | 9:30 am Adult Pickleball (18+)                     | 9:40 am Parent & Tot Skate (6 y/o and Younger) | 9:15 am MetCon (13+)                                     | 8:00 am Lane Swim (13+) 4 Lanes Only                                  |
| 12:00 pm Lane Swim (13+)                                | 10:15 am Zumba (13+)                                    | 11:00 am Parent & Tot Gym (0-5 years)           | 10:15 am Zumba (13+)                               | 10:00 am SMDHU Breastfeeding Support Group     | 9:30 am Parent & Tot Gym (0-5 years)                     | 9:00 am Bradford Farmers Market                                       |
| 12:00 pm Adult Badminton (16+)                          | 10:30 am Lane Swim (13+) 4 Lanes Only                   | 11:45 am Lane Swim (13+)                        | 10:30 am Lane Swim (13+) 4 Lanes Only              | 10:15 am Fit Bodies (13+)                      | 10:15 am Stretch (13+)                                   | 10:00 am Tinker Time In the Creative Lab (Ages 4 & up)                |
| 12:15 pm Public Skating (All Ages)                      | 11:30 am Lane Swim (13+)                                | 12:30 pm Relax Swim (All Ages)                  | 10:30 am Relax Swim (All Ages)                     | 11:00 am Parent & Tot Gym (0-5 years)          | 10:30 am Royal Canadian Air Force Centennial Celebration | 10:00 am Pet Valu - Cat Adoption event w Georgina Feral Cat Committee |
| 1:00 pm Book Sale                                       | 11:30 am Adult Pickleball (18+)**                       | 1:15 pm Adapted Open Skate                      | 10:30 am Silver Swim - 50+                         | 11:00 am Relax Swim (All Ages)                 | 11:45 am Lane Swim (13+)                                 | 10:00 am Pet Valu's Cage Match 2024: Cat vs. Dog                      |
| 1:30 pm Leisure Swim - All Ages                         | 12:15 pm Adult Shinny (18+)                             | 2:00 pm Creative Lab Open Hours ( Drop in)      | 11:30 am Lane Swim (13+)                           | 11:45 am Lane Swim (13+) 4 Lanes Only          | 12:00 pm Adult Basketball (18+)**                        | 10:30 am Pop-Up Kids (Ages 2-10yrs)                                   |
| 2:00 pm Huronia Hot Strings: Live in BWG                | 2:15 pm Youth Basketball (Grades 9-12)                  | 2:15 pm Youth Basketball (Grades 9-12)          | 2:15 pm Youth Volleyball (Grades 9-12)             | 12:15 pm L.I.I.T. (13+)                        | 2:15 pm Free Youth Basketball                            | 11:00 am Anti-Palestinian Racism Workshop                             |
| 3:00 pm Water Polo Sunday - Beginner and Advanced (13+) | 3:15 pm Parent & Child Skate (9 y/o and Younger)        | 3:00 pm Bradford Blood Donation Event           | 3:30 pm Parent & Tot Swim (0-6 years old)          | 12:30 pm Lane Swim (13+)                       | 4:45 pm Children's Basketball (Grades 1-8) **            | 12:00 pm Lane Swim (13+)  |
| 3:00 pm Parent & Tot Swim (0-6 years old)               | 3:30 pm Parent & Tot Swim (0-6 years old)               | 3:00 pm Canadian Blood Services Donation Event  | 6:00 pm MetCon (13+)                               | 1:00 pm Homeschool Hangout ( All Ages)         | 6:30 pm Public Skating (All Ages)                        | 12:30 pm World Elder Abuse Awareness Day Flag Raising                 |
|   | 4:00 pm Royal Canadian Airforce Centennial Flag Raising | 4:45 pm Parent & Child Badminton (6-15 years)** | 6:30 pm Psychological Thriller + Mystery Book Club | 1:15 pm Adult Skate (18+)                      | 7:15 pm Leisure Swim - All Ages                          | 12:30 pm Adult Pick-Up Basketball (18+)                               |
|   | 4:45 pm Children's Volleyball (Grades 1-8)              | 6:00 pm Cycle (pre-booking required) 13+        | 7:30 pm Adult Volleyball (18+)                     | 2:15 pm Youth Basketball (Grades 9-12)         | 7:30 pm Family Sports                                    | 1:00 pm Anti-Palestinian Racism Workshop                              |
|   | 5:30 pm Stick & Puck (Ages 10-12)                       | 7:00 pm Stretch (13+)                           | 8:45 pm Lane Swim (13+)                            | 4:30 pm Creative Lab Open Hours ( Drop in)     |  | 1:30 pm Leisure Swim - All Ages                                       |
|   | 6:00 pm Bootcamp (13+)                                  | 7:00 pm Knit Happens                            |  | 4:45 pm Children's Basketball (Grades 1-8) **  |  | 1:30 pm Creative Lab Open Hours ( Drop in)                            |
|   | 7:00 pm BollyX (13+)                                    | 7:30 pm Adult Badminton (16+)**                 |  | 6:00 pm Circuit (13+)                          |  | 3:00 pm Parent & Tot Swim (0-6 years old)                             |
|   | 7:30 pm Adult Pick-Up Basketball (18+)                  | 8:00 pm Kettlebell (13+)                        |  | 6:30 pm Chess Night (All Ages)                 |  |   |
|   | 8:15 pm Stick & Puck (Ages 13-15)                       | 8:45 pm Lane Swim (13+)                         |  | 7:00 pm Zumba (13+)                            |  |   |
|   | 8:45 pm Lane Swim (13+)                                 |   |  | 7:15 pm Leisure Swim - All Ages                |  |   |
|   |   |   |  | 7:30 pm Adult Pickleball (18+)                 |  |   |
|   |   |   |  | 8:00 pm Yoga (13+)                             |  |   |
|   |   |   |  | 8:45 pm Lane Swim (13+)                        |  |   |
| 16  | 17  | 18  | 19   | 20   | 21   | 22  |

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|---|--|---|--|--|--|---|
| 7:30 am Lane Swim (13+)                           | 6:00 am Lane Swim (13+)                              | 6:00 am Lane Swim (13+)                     | 6:00 am Lane Swim (13+)                    | 6:00 am Lane Swim (13+)                        | 9:00 am Yoga (13+)   | 7:15 am Parent & Child Shiny (9 y/o and Younger)                    |
| 9:00 am Cycle (pre-booking required) 13+          | 9:15 am Fit Bodies (13+)                             | 8:15 am Circuit (13+)                       | 6:40 am Adult Shiny (18+)                  | 8:15 am Kettlebell (13+)                       | 9:15 am Lane Swim (13+) 4 Lanes Only   |   |
| 10:00 am Yin Yoga (13+)                           | 9:15 am Relax Swim (All Ages)                        | 9:15 am Stretch (13+)                       | 8:15 am Cycle (pre-booking required) 13+   | 9:15 am Pilates (13+)                          | 9:15 am Silver Swim - 50+  | 7:30 am Lane Swim (13+)   |
| 10:00 am Parent & Child Shiny (9 y/o and Younger) | 9:15 am Lane Swim (13+)                              | 10:15 am Barre (13+)                        | 9:00 am Yoga (13+)                         | 9:40 am Parent & Tot Skate (6 y/o and Younger) | 9:15 am Relax Swim (All Ages)  | 8:00 am Silver Swim - 50+   |
| 12:00 pm Lane Swim (13+)                          | 10:15 am Zumba (13+)                                 | 10:45 am Aquafit (pre-booking required) 13+ | 9:30 am Adult Pickleball (18+)             | 10:00 am SMDHU Breastfeeding Support Group     | 9:30 am Parent & Tot Gym (0-5 years)   | 8:00 am Lane Swim (13+) 4 Lanes Only                                |
| 12:00 pm Adult Badminton (16+)                    | 10:30 am Lane Swim (13+) 4 Lanes Only                | 11:00 am Parent & Tot Gym (0-5 years)       | 10:15 am Zumba (13+)                       | 10:15 am Fit Bodies (13+)                      | 10:00 am Yoga (13+)  | 8:15 am Bootcamp (13+)  |
| 12:15 pm Public Skating (All Ages)                | 11:30 am Lane Swim (13+)                             | 11:45 am Lane Swim (13+)                    | 10:30 am Lane Swim (13+) 4 Lanes Only      | 10:45 am Aquafit (pre-booking required) 13+    | 10:45 am Aquafit (pre-booking required) 13+                                    | 9:00 am Bradford Farmers Market                                     |
| 1:30 pm Leisure Swim - All Ages                   | 11:30 am Adult Pickleball (18+)**                    | 12:30 pm Relax Swim (All Ages)              | 10:30 am Relax Swim (All Ages)             | 11:00 am Parent & Tot Gym (0-5 years)          | 11:00 am Yoga (13+)  | 9:15 am BollyX (13+)  |
| 3:00 pm Parent & Tot Swim (0-6 years old)         | 12:15 pm Yoga (13+)                                  | 1:15 pm Adapted Open Skate                  | 10:30 am Silver Swim - 50+                 | 11:00 am Parent & Tot Gym (0-5 years)          | 11:45 am Lane Swim (13+)   | 10:15 am Yoga (13+)   |
|   | 12:15 pm Adult Shiny (18+)                           | 2:15 pm Youth Basketball (Grades 9-12)      | 11:30 am Lane Swim (13+)                   | 11:00 am Relax Swim (All Ages)                 | 12:00 pm Adult Basketball (18+)**  | 10:30 am TD Summer Reading Kickoff Party                            |
|   | 2:15 pm Youth Basketball (Grades 9-12)               | 6:00 pm Cycle (pre-booking required) 13+    | 12:00 pm Closed                            | 11:45 am Lane Swim (13+) 4 Lanes Only          | 2:15 pm Youth Basketball (Grades 9-12)   |   |
|   | 3:15 pm Parent & Child Skate (9 y/o and Younger)     | 7:00 pm Stretch (13+)                       | 2:15 pm Youth Volleyball (Grades 9-12)     | 12:15 pm L.I.I.T. (13+)                        | 4:45 pm Children's Nerf Challenge (Grades 1-4)                                 | 12:00 pm Lane Swim (13+)  |
|   | 3:30 pm Parent & Tot Swim (0-6 years old)            | 7:15 pm Leisure Swim - All Ages             | 2:30 pm Exam Cram ( Grade 9 -12)           | 12:30 pm Lane Swim (13+)                       | 5:00 pm National Indigenous Peoples Day Flag Raising and Community Celebration | 1:30 pm Leisure Swim - All Ages                                     |
|   | 4:00 pm Impact Youth Leadership Program (Ages 12-18) | 7:45 pm Adult Badminton (16+)**             | 3:30 pm Parent & Tot Swim (0-6 years old)  | 1:15 pm Adult Skate (18+)                      | 5:00 pm National Indigenous People's Day Celebration                           | 3:00 pm Parent & Tot Swim (0-6 years old)                           |
|   | 4:45 pm Children's Volleyball (Grades 1-8)           | 8:00 pm Kettlebell (13+)                    | 6:00 pm MetCon (13+)                       | 1:30 pm Movie Matinée (The Upside)             | 5:45 pm Children's Nerf Challenge (Grades 5-8)                                 | 3:00 pm Try It Saturday - Synchronized Swimming with Eleanor! (10+) |
|   | 5:30 pm Stick & Puck (Ages 10-12)                    | 8:45 pm Lane Swim (13+)                     | 7:00 pm Yoga (13+)                         | 2:15 pm Youth Basketball (Grades 9-12)         | 6:30 pm Public Skating (All Ages)  |   |
|   | 6:00 pm Bootcamp (13+)                               |   | 7:30 pm Adult Volleyball (18+)             | 4:45 pm Children's Basketball (Grades 1-8) **  | 7:15 pm Leisure Swim - All Ages  |   |
|   | 7:00 pm BollyX (13+)                                 |   | 7:45 pm Aquafit (pre-booking required) 13+ | 6:00 pm Circuit (13+)                          | 7:30 pm Family Sports  |   |
|   | 7:30 pm Adult Pick-Up Basketball (18+)               |   | 8:45 pm Lane Swim (13+)                    | 6:30 pm Chess Night (All Ages)                 |  |   |
|   | 8:00 pm Yoga (13+)                                   |   |  | 7:00 pm BollyX (13+)                           |  |   |
|   | 8:15 pm Stick & Puck (Ages 13-15)                    |   |  | 7:15 pm Leisure Swim - All Ages                |  |   |
|   | 8:45 pm Lane Swim (13+)                              |   |  | 7:30 pm Adult Pickleball (18+)                 |  |   |
|   |  |   |  | 8:00 pm Yoga (13+)                             |  |   |
|   |  |   |  | 8:45 pm Lane Swim (13+)                        |  |   |
| 23  | 24   | 25  | 26   | 27   | 28   | 29  |
| 7:30 am Lane Swim (13+)                           | 6:00 am Lane Swim (13+)                              | 6:00 am Lane Swim (13+)                     | 6:00 am Lane Swim (13+)                    | 6:00 am Lane Swim (13+)                        | 9:15 am Lane Swim (13+) 4 Lanes Only   | 7:15 am Parent &  |

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|---|--|---|--|--|---|---|
| 9:00 am Cycle (pre-booking required) 13+                | 9:15 am Fit Bodies (13+)                         | 8:15 am Circuit (13+)                           | 6:40 am Adult Shinny (18+)                       | 8:15 am Kettlebell (13+)                       | 9:15 am Silver Swim - 50+                     | Child Shinny (9 y/o and Younger)                          |
| 10:00 am Yin Yoga (13+)                                 | 9:15 am Relax Swim (All Ages)                    | 9:15 am Stretch (13+)                           | 8:15 am Cycle (pre-booking required) 13+         | 9:15 am Pilates (13+)                          | 9:15 am Relax Swim (All Ages)                 | 7:30 am Lane Swim (13+)                                   |
| 10:00 am Parent & Child Shinny (9 y/o and Younger)      | 9:15 am Lane Swim (13+)                          | 10:00 am CAN Meeting - Ward 4                   | 9:00 am Yoga (13+)                               | 9:40 am Parent & Tot Skate (6 y/o and Younger) | 9:15 am MetCon (13+)                          | 8:00 am Lane Swim (13+) 4 Lanes Only                      |
| 12:00 pm Lane Swim (13+)                                | 10:00 am St. John Ambulance Week Flag Raising    | 10:00 am Bradford Mammias                       | 9:30 am Adult Pickleball (18+)                   | 10:00 am SMDHU Breastfeeding Support Group     | 9:30 am Parent & Tot Gym (0-5 years)          | 8:00 am Aquafit (pre-booking required) 13+                |
| 12:00 pm Adult Badminton (16+)                          | 10:15 am Zumba (13+)                             | 10:15 am Barre (13+)                            | 10:15 am Zumba (13+)                             | 10:15 am Fit Bodies (13+)                      | 9:45 am Babytime Walkers (Ages 12-24 mon)     | 8:15 am Bootcamp (13+)                                    |
| 12:15 pm Public Skating (All Ages)                      | 10:30 am Lane Swim (13+) 4 Lanes Only            | 10:45 am Aquafit (pre-booking required) 13+     | 10:30 am Lane Swim (13+) 4 Lanes Only            | 10:30 am Seniors Walk 'n' Roll                 | 10:15 am Stretch (13+)                        | 9:00 am Bradford Farmers Market Pride Festival            |
| 1:30 pm Leisure Swim - All Ages                         | 10:45 am Aquafit (pre-booking required) 13+      | 11:00 am Parent & Tot Gym (0-5 years)           | 10:30 am Relax Swim (All Ages)                   | 10:45 am Aquafit (pre-booking required) 13+    | 10:45 am Aquafit (pre-booking required) 13+   | 9:00 am Family Sports                                     |
| 2:00 pm BWG Music & Poetry Circle                       | 11:30 am Adult Pickleball (18+)**                | 11:45 am Lane Swim (13+)                        | 10:30 am Silver Swim - 50+                       | 11:00 am Parent & Tot Gym (0-5 years)          | 10:45 am Babytime Creepers (Ages 4-12 mon)    | 9:15 am BollyX (13+)                                      |
| 3:00 pm Parent & Tot Swim (0-6 years old)               | 11:30 am Lane Swim (13+)                         | 12:30 pm Relax Swim (All Ages)                  | 11:30 am Lane Swim (13+)                         | 11:00 am Relax Swim (All Ages)                 | 11:45 am Lane Swim (13+)                      | 10:15 am Yoga (13+)                                       |
| 3:00 pm Water Polo Sunday - Beginner and Advanced (13+) | 12:15 pm Adult Shinny (18+)                      | 1:15 pm Adapted Open Skate                      | 1:00 pm Next Chapter Café                        | 11:45 am Lane Swim (13+) 4 Lanes Only          | 12:00 pm Adult Basketball (18+)**             | 10:30 am Pop-Up Kids (Ages 2-10yrs)                       |
|   | 12:15 pm Yoga (13+)                              | 2:15 pm Youth Basketball (Grades 9-12)          | 2:15 pm Youth Volleyball (Grades 9-12)           | 12:15 pm L.I.I.T. (13+)                        | 2:15 pm Youth Basketball (Grades 9-12)        | 11:30 am Adult Pick-Up Basketball (18+)                   |
|   | 2:15 pm Youth Basketball (Grades 9-12)           | 4:45 pm Parent & Child Badminton (6-15 years)** | 3:30 pm Parent & Tot Swim (0-6 years old)        | 12:30 pm Lane Swim (13+)                       | 4:30 pm Open Mic                              | 12:00 pm Lane Swim (13+)                                  |
|   | 3:15 pm Parent & Child Skate (9 y/o and Younger) | 6:00 pm Cycle (pre-booking required) 13+        | 4:15 pm Teen Volunteer Orientation (Grades 9-12) | 1:15 pm Adult Skate (18+)                      | 4:45 pm Children's Basketball (Grades 1-8) ** | 1:00 pm An Afternoon with the Haus of Deveraux (All Ages) |
|   | 3:30 pm Parent & Tot Swim (0-6 years old)        | 7:00 pm Stretch (13+)                           | 6:00 pm MetCon (13+)                             | 2:15 pm Youth Basketball (Grades 9-12)         | 6:30 pm Public Skating (All Ages)             | 1:30 pm Leisure Swim - All Ages                           |
|   | 4:45 pm Children's Volleyball (Grades 1-8)       | 7:00 pm Knit Happens                            | 6:30 pm Adult Book Club                          | 4:45 pm Children's Basketball (Grades 1-8) **  | 7:15 pm Leisure Swim - All Ages               | 1:45 pm Children's Basketball (Grades 1-8) **             |
|   | 5:30 pm Stick & Puck (Ages 10-12)                | 7:00 pm Multicultural Day                       | 7:00 pm Yoga (13+)                               | 6:00 pm Circuit (13+)                          | 7:30 pm Family Sports                         | 3:00 pm Parent & Tot Swim (0-6 years old)                 |
|   | 6:00 pm Bootcamp (13+)                           | 7:15 pm Leisure Swim - All Ages                 | 7:30 pm Adult Volleyball (18+)                   | 6:30 pm Chess Night (All Ages)                 |   | 3:00 pm Try It Saturday - Team Relay Races (13+)          |
|   | 6:30 pm Self-Care Toolkit                        | 7:30 pm Adult Badminton (16+)**                 | 7:45 pm Aquafit (pre-booking required) 13+       | 6:30 pm English Conversation Corner            |   |   |
|   | 7:00 pm BollyX (13+)                             | 8:00 pm Kettlebell (13+)                        | 8:45 pm Lane Swim (13+)                          | 7:00 pm Zumba (13+)                            |   |   |
|   | 7:30 pm Adult Pick-Up Basketball (18+)           | 8:45 pm Lane Swim (13+)                         |  | 7:15 pm Leisure Swim - All Ages                |   |   |
|   | 7:45 pm Aquafit (pre-booking required) 13+       |   |  | 7:30 pm Adult Pickleball (18+)                 |   |   |
|   | 8:00 pm Yoga (13+)                               |   |  | 8:00 pm Yoga (13+)                             |   |   |
|   | 8:45 pm Lane Swim (13+)                          |   |  | 8:45 pm Lane Swim (13+)                        |   |   |

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| 30                                   |  |  |  |  |  |  |
| 7:30 am Lane Swim (13+)              |  |  |  |  |  |  |
| 9:00 am Parent & Tot Gym (0-5 years) |  |  |  |  |  |  |
| 9:00 am Cycle (pre-                  |  |  |  |  |  |  |

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| booking required)<br>13+<br><br>9:30 am Closed<br><br>10:00 am Parent &<br>Child Shinny (9 y/o<br>and Younger)<br><br>10:00 am Yoga<br>(13+)<br><br>10:00 am Yin Yoga<br>(13+)<br><br>11:30 am Adult<br>Badminton (16+)<br><br>12:00 pm Lane<br>Swim (13+)<br><br>12:15 pm Public<br>Skating (All Ages)<br><br>1:30 pm Leisure<br>Swim - All Ages<br><br>1:45 pm Youth<br>Basketball (Grades<br>9-12)<br><br>3:00 pm Parent &<br>Tot Swim (0-6<br>years old)<br><br>3:00 pm Water Polo<br>Sunday - Beginner<br>and Advanced<br>(13+) |  |  |  |  |  |  |
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