Sunday, June 23, 2024

Lane Swim (13+)

Date and Time: Sunday, June 23 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Cycle (pre-booking required) 13+

Date and Time: Sunday, June 23 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resista nce and speed training.

Yin Yoga (13+)

Date and Time: Sunday, June 23 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in oth er styles.

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Sunday, June 23 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Pare nt & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons we aring skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during a ll shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with ever yone. Personal/group training sessions **are not** permitted during recreational skating times.

DROP-IN 10 PASS Toddler (0-3 yrs) FREE N/A \$27.75 Child (4-12 yrs) \$3.50 Youth/Student (13-24 \$3.75 \$29.75 yrs) Adult (18-59 yrs) \$4.50 \$35.75 Senior (60+ yrs) \$29.75 \$3.75 Household (up to 5 \$9.75 N/A people) Adult Shinny \$5.50 N/A Parent & Child N/A \$5.50 Shinny \$5.50 Stick & Puck N/A

Maximum program capacity is 30 participants.

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), n ot abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Sunday, June 23 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Badminton (16+)

Date and Time: Sunday, June 23 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Sunday, June 23 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons w ho participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers are not permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75

Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Leisure Swim - All Ages

Date and Time: Sunday, June 23 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

BWG Music & Poetry Circle

Date and Time: Sunday, June 23 2:00 pm - 4:00 pm

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

What's a music and poetry circle? Come see for yourself! Bring a song, an instrument, or a piece of poetry.

You can also just sit, relax, and enjoy as neighbours go round the circle and each share something they're worki

ng on.

All ages and experience levels welcome, and we hope to see you there!

Water Polo Sunday - Beginner and Advanced (13+)

Date and Time: Sunday, June 23 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Join us on Sunday June 9, 23 & 30 for beginner and advanced try it waterpolo!

Water polo is a team sport that combines elements of swimming, soccer, and basketball. It is played by having teams aiming to score goals by throwing a ball into the opponent's net or knock down a set of boards. For our beginner level, participant s will be in the **SHALLOW** end of the pool, where ideally the participant is able to touch the bottom and walk, however so me swimming may be required. **Swimming Skills: Since water polo is played in a pool, swimming is a core skill. Beginner s should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique know n as the 'eggbeater kick', which provides stability and support to free the arms for ball handling.**Basic Strategies: Water po lo is a game that requires both individual skills and team tactics. Beginners will focus on learning to handle the ball with one hand and develop a keen sense of awareness for both their teammates' positions and the opponents' strategies.

For our advanced level, participants will be in the **DEEP** end of the pool, and requires participants to be comfortable and a ble to swim in deep water and tread for longer periods of time.**Swimming Skills: Since water polo is played in a pool, swi mming is a core skill. Advanced Players should be proficient swimmers as the game requires moving quickly through the wa ter, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for bal l handling. Players will learn about strategies, enhanced techniques and communication skills needed to play the game.

REGISTRATION IS REQUIRED FOR THIS ACTIVITY (Limited Spaces Available) - USE THE FOLLOWING LINK:

https://anc.ca.apm.activecommunities.com/townofbwg/activity/search?onlineSiteId=3&activity_select_param=2&viewMode =list

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, June 23 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Child (4-12) - \$4.00 Adult - (18-59) - \$5.25 Senior (60+) - \$4.50 Household (Up to 5 People) - \$12.00 *Fees are subject to change without notice. All monthly membership prices* +*HST* **BWG Admission Policy**: <u>www.townofbwg.com/admissionpolicy</u>

Monday, June 24, 2024

Lane Swim (13+)

Toddler (0-3) - FREE

Date and Time: Monday, June 24 6:00 am - 7:30 am Address: bwg Lap & Relax Pools Only. Fees: Youth/ Student (13-24) - \$4.50 Adult - (18-59) - \$5.25 Senior (60+) - \$4.50 Household (Up to 5 People) - \$12.00 *Fees are subject to change without notice. All monthly membership prices* +*HST* **BWG Admission Policy:** www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Monday, June 24 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Fit Bodies (13+)

Date and Time: Monday, June 24 9:15 am - 10:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Relax Swim (All Ages)

Date and Time: Monday, June 24 9:15 am - 12:30 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

St. John Ambulance Week Flag Raising

Date and Time: Monday, June 24 10:00 am - 10:30 am

Address: Court House Courtyard - 57 Holland St. E

Join us on Monday, June 24, for the St. John Ambulance Week Flag Raising outside of the Court House Courty ard.

In 1883, Quebec City was the first Canadian branch to teach first aid courses and by 1892, St. John grew to be a national organization with 12 branches

teaching first aid from coast-to-coast. Today, St. John Ambulance operates in more than 300 communities across Canada with over 10,000 volunteers w ho provide over one million hours of community service per year.

Zumba (13+)

Date and Time: Monday, June 24 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+) 4 Lanes Only

Date and Time: Monday, June 24 10:30 am - 11:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Aquafit (pre-booking required) 13+

Date and Time: Monday, June 24 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water opt ions.

Lane Swim (13+)

Date and Time: Monday, June 24 11:30 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50
Adult - (18-59) - \$5.25
Senior (60+) - \$4.50
Household (Up to 5 People) - \$12.00 *Fees are subject to change without notice. All monthly membership prices +HST*BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pickleball (18+)**

Date and Time: Monday, June 24 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required. This program will utilize half the Gymnasium.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Yoga (13+)

Date and Time: Monday, June 24 12:15 pm - 1:00 pm

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels we loome.

Adult Shinny (18+)

Date and Time: Monday, June 24 12:15 pm - 1:45 pm

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equip ment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are n ot** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participa nts during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating t imes.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75

Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break progra mming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), n ot abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Monday, June 24 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Skate (9 y/o and Younger)

Date and Time: Monday, June 24 3:15 pm - 4:15 pm

Address: BWG Leisure Centre

Parents are invited to bring their children to the Parent & Child Skate program restricted to only parents/guardia ns and their children. Children participating must be **9 years of age or under.**

Parent/guardian participation is required on the ice. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Chil d Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ont ario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), n ot abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Parent & Tot Swim (0-6 years old)

Date and Time: Monday, June 24 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Tuesday, June 25, 2024

Lane Swim (13+)

Date and Time: Tuesday, June 25 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Circuit (13+)

Date and Time: Tuesday, June 25 8:15 am - 9:00 am

Address: 471 West Park

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens the mus cles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work diff erent muscle groups with little to no rest in between.

Stretch (13+)

Date and Time: Tuesday, June 25 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Bradford Mammas

Date and Time: Tuesday, June 25 10:00 am - 11:00 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A drop-in to meet up wih new moms to connect and build friendships.

CAN Meeting - Ward 4

Date and Time: Tuesday, June 25 10:00 am - 12:00 pm

Address: Fire Station 1, 75 Melbourne Drive, Bradford, ON L3Z 1M2

Calling all Ward 4 Residents!

CAN Meetings are back for 2024!

Join Mayor Leduc, Deputy Mayor Sandhu, and Councillor Giordano for our June Community Access Network ing (CAN) event on Saturday, June 25!

Learn about what's happening in your ward. Learn more about Town services. Ask questions, share ideas, and more!

Saturday, June 15 | 10:00 am – 12:00 pm Fire Station 1 | 77 Melbourne Drive

Community Access Networking (CAN) is an initiative established by Council, providing residents the opportun ity to join them in a relaxed, friendly, and informal environment; and ask questions, raise issues, and share ideas

Each CAN meeting will be hosted by Mayor James Leduc, Deputy Mayor Raj Sandu, and a different ward Coun cillor every month (1 through 7). Although the events have been designed to highlight one ward per meeting, all residents are welcome to attend any meeting date of their choosing.

To learn more about CAN meetings or to view the meeting schedule, visit: www.townofbwg.com/CAN

Barre (13+)

Date and Time: Tuesday, June 25 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to i ncrease coordination, motivation and improve movement quality.

Aquafit (pre-booking required) 13+

Date and Time: Tuesday, June 25 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water opt ions.

Parent & Tot Gym (0-5 years)

Date and Time: Tuesday, June 25 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50 Senior (60+) - \$3.75 Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Tuesday, June 25 11:45 am - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Tuesday, June 25 12:30 pm - 2:00 pm Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adapted Open Skate

Date and Time: Tuesday, June 25 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Adapted Open Skate (All Ages)

Welcome to the Adapted Open Skate program for people with exceptionalities. This program embraces diversity & accessibility, and is designed to provide a safe, welcoming and joyful environment for individuals with exceptionalities to experience and try ice-skating.

All participants require 1:1 support while they are on the ice surface. Support person must be 16 years of age or older. Approved skate-aids, sledges and wheelchairs are permitted on the ice. Sledges are also available to borro w at the BWG Leisure Centre upon request.

This program is also sensory aware. Please speak with the Inclusion Coordinator, Recreation Programmer or D uty Contact to request any accommodations.

Maximum program capacity is 40 participants. Participant support is exempt from this capacity limit and does n ot incur any program fees.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, remove *d* from the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Tuesday, June 25 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Parent & Child Badminton (6-15 years)**

Date and Time: Tuesday, June 25 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Cycle (pre-booking required) 13+

Date and Time: Tuesday, June 25 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resista nce and speed training.

Stretch (13+)

Date and Time: Tuesday, June 25 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Wednesday, June 26, 2024

Lane Swim (13+)

Date and Time: Wednesday, June 26 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shinny (18+)

Date and Time: Wednesday, June 26 6:40 am - 8:00 am

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equip ment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are n ot** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participa nts during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating t imes.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break progra mming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), n ot abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Cycle (pre-booking required) 13+

Date and Time: Wednesday, June 26 8:15 am - 8:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resista nce and speed training.

Yoga (13+)

Date and Time: Wednesday, June 26 9:00 am - 10:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels we loome.

Adult Pickleball (18+)

Date and Time: Wednesday, June 26 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Adult (18-59 years) - \$4.50

Senior (60+) - \$3.75

Zumba (13+)

Date and Time: Wednesday, June 26 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Silver Swim - 50+

Date and Time: Wednesday, June 26 10:30 am - 11:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program i s **<u>not</u>** instructor led and participants must remain in the water. The Silver Swim is designed for those who woul d normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this pr ogram is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Relax Swim (All Ages)

Date and Time: Wednesday, June 26 10:30 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +*HST*

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Wednesday, June 26 10:30 am - 11:30 am Address: BWG Leisure Center Lap & Relax Pools Only. Fees: Youth/ Student (13-24) - \$4.50 Adult - (18-59) - \$5.25 Senior (60+) - \$4.50 Household (Up to 5 People) - \$12.00 *Fees are subject to change without notice. All monthly membership prices* +*HST* **BWG Admission Policy:** www.townofbwg.com/admissionpolicy

Lane Swim (13+)

Date and Time: Wednesday, June 26 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +*HST*

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Next Chapter Café

Date and Time: Wednesday, June 26 1:00 pm - 2:30 pm Address: 425 Holland St W, Bradford, ON L3Z 0J2 Location: Board Room Join Andréa monthly to enjoy conversation, board games and brain games for older adults. Drop-in. Meetings happen on the fourth Wednesday of the month, in the Boardroom.

Youth Volleyball (Grades 9-12)

Date and Time: Wednesday, June 26 2:15 pm - 4:15 pm Address: BWG Leisure Centre Drop-in fees listed below. Wristbands required. Fees: Youth/ Student (13-24) - \$3.75

Parent & Tot Swim (0-6 years old)

Date and Time: Wednesday, June 26 3:30 pm - 4:15 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Teen Volunteer Orientation (Grades 9-12)

Date and Time: Wednesday, June 26 4:15 pm - 5:15 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascal Room

We're looking for teens who are punctual, reliable, and good at communication to earn volunteer hours by assis ting with Summer Programs. Volunteer experience like this looks great on a résumé.

Help us for one program, or for many programs. See the form for your options.

Please note: the signature of a parent or guardian is required.

Application forms are available at the Library, or are downloadable. Drop your completed application off at the Service Desk, or email it to ecampbell@bradford.library.on.ca

Information form

Application form

Volunteers must attend one of our two training sessions on either Wednesday, June 26 at 4:15 p.m., or We dnesday, July 3 at 4:15 p.m.

MetCon (13+)

Date and Time: Wednesday, June 26 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascula r capacity, put your metabolism into overdrive and rapidly burn fat!

Thursday, June 27, 2024

Lane Swim (13+)

Date and Time: Thursday, June 27 6:00 am - 7:30 am

Address: bwg

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Kettlebell (13+)

Date and Time: Thursday, June 27 8:15 am - 9:00 am

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout gu aranteed to make you sweat!

Pilates (13+)

Date and Time: Thursday, June 27 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coor dination.

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, June 27 9:40 am - 10:40 am

Address: BWG Leisure Centre

Parents are invited to bring their pre-schoolers to the Parent & Tot Skate program restricted to only parents/gua rdians and their children. Children participating must be **6 years of age or under**.

Parent/guardian participation is required on the ice. Only persons wearing skates and/or usage of a wheelchair/s ledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Tot Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove prote ction while on the ice surface. Helmets are strongly recommended, especially for young children.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Maximum program capacity is 40 participants.

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), n ot abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

SMDHU Breastfeeding Support Group

Date and Time: Thursday, June 27 10:00 am - 11:30 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A free support group that provides parents a place to talk, share experiences and encourage each other, in the co mpany of a Public Health Nurse

Fit Bodies (13+)

Date and Time: Thursday, June 27 10:15 am - 11:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Seniors Walk 'n' Roll

Date and Time: Thursday, June 27 10:30 am - 12:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Join Ali from the BWG Leisure Centre for a walk on the library lawn followed by a nutrition talk and healthy snacks.

Aquafit (pre-booking required) 13+

Date and Time: Thursday, June 27 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water opt ions.

Parent & Tot Gym (0-5 years)

Date and Time: Thursday, June 27 11:00 am - 12:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Relax Swim (All Ages)

Date and Time: Thursday, June 27 11:00 am - 2:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +*HST*

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Thursday, June 27 11:45 am - 12:30 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

L.I.I.T. (13+)

Date and Time: Thursday, June 27 12:15 pm - 1:00 pm

Address: 471 West Park Ave. Bradford, Ont

L.I.I.T stands for Low Impact Interval Training. In this class cardiovascular fitness will be imporved using the 2 0 seconds work / 10 seconds rest method. The workout avoids jumping and impact, creates a safe workout for j oints and alternates cardio with strengthening, sculpt and core. Finish off with a full body stretch and recovery!

Lane Swim (13+)

Date and Time: Thursday, June 27 12:30 pm - 2:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Skate (18+)

Date and Time: Thursday, June 27 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Admittance is limited to participating skaters. All patrons who participate in the Adult Skate (18+) program are to respect the following rules:

- Skating aids, sticks, pucks, balls, chairs or strollers are not permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Youth Basketball (Grades 9-12)

Date and Time: Thursday, June 27 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Friday, June 28, 2024

MetCon (13+)

Date and Time: Friday, June 28 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascula r capacity, put your metabolism into overdrive and rapidly burn fat!

Silver Swim - 50+

Date and Time: Friday, June 28 9:15 am - 10:30 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program i s **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who woul d normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this pr ogram is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Friday, June 28 9:15 am - 10:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: <u>www.townofbwg.com/admissionpolicy</u>

Relax Swim (All Ages)

Date and Time: Friday, June 28 9:15 am - 1:00 pm

Address: BWG Leisure Center

Leisure & Relax pools only. No water slide or lap pool.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Friday, June 28 9:30 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50 Senior (60+) - \$3.75 Household (Up to 5 People) - \$9.75

Babytime Walkers (Ages 12-24 mon)

Date and Time: Friday, June 28 9:45 am - 10:15 am Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2 Location: Zima Room Babies 12-24 months will enjoy songs, rhymes and stories with Andréa. Drop-in. Free!

Stretch (13+)

Date and Time: Friday, June 28 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Aquafit (pre-booking required) 13+

Date and Time: Friday, June 28 10:45 am - 11:30 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water opt ions.

Babytime Creepers (Ages 4-12 mon)

Date and Time: Friday, June 28 10:45 am - 11:15 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Babies 4-12 months old will enjoy stories, songs and rhymes with Andrea!

Drop-in. Free!

Lane Swim (13+)

Date and Time: Friday, June 28 11:45 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Basketball (18+)**

Date and Time: Friday, June 28 12:00 pm - 1:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium for the first 30 minutes, and then will utalize the full Gymnasiu m. Wall will be dropped, 30 Participants. No 50n5 full court permitted. Drop-in fees listed below. Wristbands r equired.

Fees:

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Youth Basketball (Grades 9-12)

Date and Time: Friday, June 28 2:15 pm - 4:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Open Mic

Date and Time: Friday, June 28 4:30 pm - 7:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Singers, musicians, and lovers of live music, come out to this open mic, hosted by local musician Nicole Fleshi n.

Share your talents • Enjoy the talents of others

Children's Basketball (Grades 1-8) **

Date and Time: Friday, June 28 4:45 pm - 6:45 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-14) - \$3.75

Public Skating (All Ages)

Date and Time: Friday, June 28 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons w ho participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers are not permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Saturday, June 29, 2024

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, June 29 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Pare nt & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons we aring skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during a ll shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with ever yone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75

Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), n ot abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Saturday, June 29 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) 4 Lanes Only

Date and Time: Saturday, June 29 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

Aquafit (pre-booking required) 13+

Date and Time: Saturday, June 29 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water opt ions.

Bootcamp (13+)

Date and Time: Saturday, June 29 8:15 am - 9:00 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to r each your highest potential.

Bradford Farmers Market Pride Festival

Date and Time: Saturday, June 29 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

Join the Bradford Farmers Market for their Pride Festival on June 29th.

The event will feature:

- 46 Booths
- Zumba Dance Crew at 11:30 am
- DJ Matteo
- Groovy Van for photo backdrop

The Bradford Farmers Market will run from May 18th until October 12th this 2024 season.

For more information, and to learn more about the Market visit <u>www.bradfordfarmersmarket.ca</u>.

Contact information: bradfordontariofarmersmarket@gmail.com

Family Sports

Date and Time: Saturday, June 29 9:00 am - 11:00 am

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/gaurdian to a maximum of 5 children. Drop-in fe es listed below. Wristbands required.

Child (0-12) - \$3.50

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

BollyX (13+)

Date and Time: Saturday, June 29 9:15 am - 10:00 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instruct or Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Boll ywood music and provides a great total body workout that gets your heart and lungs pumping, improves balanc e and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood s tyle.

Yoga (13+)

Date and Time: Saturday, June 29 10:15 am - 11:15 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels we loome.

Pop-Up Kids (Ages 2-10yrs)

Date and Time: Saturday, June 29 10:30 am - 11:30 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Kids Area

Join Gail for stories and fun. Ages 2 and up

Adult Pick-Up Basketball (18+)

Date and Time: Saturday, June 29 11:30 am - 1:30 pm

Address: BWG Leisure Centre

50n5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Youth/ Student (13-24) - \$3.75 Adult - (18-59) - \$4.50 Senior (60+) - \$3.75 Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Saturday, June 29 12:00 pm - 1:15 pm Address: BWG Leisure Center Lap & Relax Pools Only. Fees: Youth/ Student (13-24) - \$4.50 Adult - (18-59) - \$5.25 Senior (60+) - \$4.50 Household (Up to 5 People) - \$12.00 *Fees are subject to change without notice. All monthly membership prices* +*HST* BWG Admission Policy: www.townofbwg.com/admissionpolicy

An Afternoon with the Haus of Deveraux (All Ages)

Date and Time: Saturday, June 29 1:00 pm - 4:00 pm Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2 Location: Zima Room Join E'Claire and Carmen from the Haus of Deveraux for storytime. Storytimes at 1:00 p.m., and 2:30 p.m.

Leisure Swim - All Ages

Date and Time: Saturday, June 29 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Toddler (0-3) - FREE Child (4-12) - \$4.00 Youth/ Student (13-24) - \$4.50 Adult - (18-59) - \$5.25 Senior (60+) - \$4.50 Household (Up to 5 People) - \$12.00 *Fees are subject to change without notice. All monthly membership prices* +*HST*

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Children's Basketball (Grades 1-8) **

Date and Time: Saturday, June 29 1:45 pm - 3:30 pm

Address: BWG Leisure Centre

This program will utilize half the Gymnasium. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-14) - \$3.75

https://calendar.townofbwg.com