

# Week of July 30, 2023

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|--|--|--|---|---|--|---|
| 30   | 31   | 1  | 2   | 3   | 4  | 5   |
| <p><u>Lane Swim (13+)</u><br/>7:30 am - 8:45 am</p> <p><u>Family Sports</u><br/>9:30 am - 11:00 am</p> <p><u>Yoga (13+)</u><br/>10:00 am - 11:00 am</p> <p><u>Lane Swim (13+)</u><br/>11:30 am - 1:15 pm</p> <p><u>Adult Badminton (16+)</u><br/>11:30 am - 1:30 pm</p> <p><u>Public Skating (All Ages)</u><br/>12:15 pm - 2:15 pm</p> <p><u>Leisure Swim - All Ages</u><br/>1:30 pm - 3:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u><br/>3:15 pm - 4:00 pm</p> | <p><u>Lane Swim (13+)</u><br/>6:00 am - 8:15 am</p> <p><u>Lane Swim (13+)</u><br/>11:30 am - 1:00 pm</p> <p><u>Adult Shinny (18+)</u><br/>12:00 pm - 1:30 pm</p> <p><u>H.I.I.T (13+)</u><br/>12:15 pm - 12:55 pm</p> <p><u>Leisure Swim - All Ages</u><br/>2:15 pm - 4:00 pm</p> <p><u>Youth Basketball (13-17 years)</u><br/>5:00 pm - 7:00 pm</p> <p><u>Adult Pick-Up Basketball (18+)</u><br/>7:30 pm - 9:30 pm</p> <p><u>Yoga (13+)</u><br/>8:00 pm - 8:45 pm</p> <p><u>Lane Swim (13+)</u><br/>9:00 pm - 10:00 pm</p> | <p><u>Lane Swim (13+)</u><br/>6:00 am - 7:30 am</p> <p><u>Lane Swim (13+)</u><br/>11:30 am - 1:00 pm</p> <p><u>Leisure Swim - All Ages</u><br/>2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u><br/>4:00 pm - 4:45 pm</p> <p><u>Youth Basketball (13-17 years)</u><br/>5:00 pm - 7:00 pm</p> <p><u>Leisure Swim - All Ages</u><br/>7:15 pm - 8:30 pm</p> <p><u>Adult Badminton (16+)</u><br/>7:30 pm - 9:30 pm</p> <p><u>Lane Swim (13+)</u><br/>8:45 pm - 10:00 pm</p> | <p><u>Lane Swim (13+)</u><br/>6:00 am - 7:30 am</p> <p><u>Adult Shinny (18+)</u><br/>6:40 am - 8:00 am</p> <p><u>Silver Swim - 50+</u><br/>8:00 am - 8:45 am</p> <p><u>Yoga (13+)</u><br/>9:00 am - 10:00 am</p> <p><u>Lane Swim (13+)</u><br/>11:30 am - 1:00 pm</p> <p><u>Leisure Swim - All Ages</u><br/>2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u><br/>4:00 pm - 4:45 pm</p> <p><u>Youth Volleyball (13-17 years)</u><br/>5:00 pm - 7:00 pm</p> <p><u>Yoga (13+)</u><br/>7:00 pm - 7:45 pm</p> <p><u>Adult Volleyball (18+)</u><br/>7:30 pm - 9:30 pm</p> <p><u>Lane Swim (13+)</u><br/>9:00 pm - 10:00 pm</p> | <p><u>Lane Swim (13+)</u><br/>6:00 am - 7:30 am</p> <p><u>Parent &amp; Tot Skate (6 y/o and Younger)</u><br/>9:40 am - 10:30 am</p> <p><u>Lane Swim (13+)</u><br/>11:30 am - 1:00 pm</p> <p><u>Adult Skate (18+)</u><br/>1:15 pm - 2:15 pm</p> <p><u>Leisure Swim - All Ages</u><br/>2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u><br/>4:00 pm - 4:45 pm</p> <p><u>National Peacekeepers' Day Flag Raising Ceremony</u><br/>4:00 pm - 4:30 pm</p> <p><u>Youth Basketball (13-17 years)</u><br/>5:00 pm - 7:00 pm</p> <p><u>Leisure Swim - All Ages</u><br/>7:15 pm - 8:30 pm</p> <p><u>Adult Pickleball (18+)</u><br/>7:30 pm - 9:30 pm</p> <p><u>Yoga (13+)</u><br/>8:00 pm - 8:45 pm</p> <p><u>Lane Swim (13+)</u><br/>8:45 pm - 10:00 pm</p> | <p><u>Silver Swim - 50+</u><br/>8:00 am - 8:45 am</p> <p><u>Lane Swim (13+)</u><br/>11:30 am - 1:00 pm</p> <p><u>Leisure Swim - All Ages</u><br/>2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u><br/>4:00 pm - 4:45 pm</p> <p><u>Family Sports</u><br/>5:00 pm - 7:30 pm</p> <p><u>Public Skating (All Ages)</u><br/>6:45 pm - 8:15 pm</p> | <p><u>Parent &amp; Tot Shinny (6 y/o and Younger)</u><br/>7:15 am - 8:15 am</p> <p><u>Lane Swim (13+)</u><br/>7:30 am - 8:45 am</p> <p><u>Bradford Farmers Market</u><br/>9:00 am - 1:00 pm</p> <p><u>Parent &amp; Tot Gym (0-5 years)</u><br/>9:30 am - 11:30 am</p> <p><u>Yoga (13+)</u><br/>10:00 am - 11:00 am</p> <p><u>Lane Swim (13+)</u><br/>11:30 am - 1:15 pm</p> <p><u>Adult Pick-Up Basketball (18+)</u><br/>12:30 pm - 2:30 pm</p> <p><u>Leisure Swim - All Ages</u><br/>1:30 pm - 3:00 pm</p> <p><u>Public Skating (All Ages)</u><br/>2:15 pm - 3:45 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u><br/>3:15 pm - 4:00 pm</p> |