

# Week of July 28, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 <u>Lane Swim (13+)</u> 7:30 am - 8:45 am <u>Closed</u> 9:00 am - 8:00 pm <u>Cycle (pre-booking required) 13+</u> 9:00 am - 9:45 am <u>Family Sports</u> 9:30 am - 11:00 am <u>Yin Yoga (13+)</u> 10:00 am - 11:00 am <u>Parent &amp; Child Shiny (9 y/o and Younger)</u> 10:00 am - 12:00 pm <u>Adult Badminton (16+)</u> 11:30 am - 1:30 pm <u>Lane Swim (13+)</u> 11:30 am - 1:15 pm <u>Public Skating (All Ages)</u> 12:15 pm - 2:15 pm <u>Leisure Swim - All Ages</u> 1:30 pm - 3:00 pm <u>Parent &amp; Tot Swim (0-6 years old)</u> 3:00 pm - 4:00 pm	29 <u>Lane Swim (13+)</u> 6:00 am - 8:00 am <u>Fit Bodies (13+)</u> 9:15 am - 10:00 am <u>Tales for Twos (2-3yrs)</u> 9:45 am - 10:15 am <u>Zumba (13+)</u> 10:15 am - 11:00 am <u>School Age Storytime (3-6yrs)</u> 11:30 am - 12:00 pm <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm <u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm <u>Adult Shiny (18+)</u> 12:15 pm - 1:45 pm <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm <u>Parent &amp; Child Skate (9 y/o and Younger)</u> 3:30 pm - 4:30 pm <u>Parent and Child Journaling (Ages 7-12yrs)</u> 4:30 pm - 5:30 pm <u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm <u>Stick &amp; Puck (Ages 10-12)</u> 5:15 pm - 6:45 pm <u>Stick &amp; Puck (Ages 10-12)</u> 5:15 pm - 6:45 pm <u>Bootcamp (13+)</u> 6:00 pm - 6:45 pm	30 <u>Lane Swim (13+)</u> 6:00 am - 7:30 am <u>Aquafit (pre-booking required) 13+</u> 8:00 am - 8:45 am <u>Circuit (13+)</u> 8:15 am - 9:00 am <u>Stretch (13+)</u> 9:15 am - 10:00 am <u>Crafting a Story (Ages 2-7)</u> 10:00 am - 11:00 am <u>Barre (13+)</u> 10:15 am - 11:00 am <u>Tween Fun Time with Sarah &amp; Gail (Ages 9-12)</u> 11:30 am - 12:30 pm <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm <u>Fierté Simcoe Pride Flag Raising</u> 2:00 pm - 2:30 pm <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm <u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm <u>Co-Create Art (Ages 7-12)</u> 4:30 pm - 5:30 pm <u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm <u>Cycle (pre-booking required) 13+</u> 6:00 pm - 6:45 pm <u>Adapted Open Skate</u> 6:15 pm - 7:15 pm	31 <u>Lane Swim (13+)</u> 6:00 am - 8:00 am <u>Adult Shiny (18+)</u> 6:40 am - 8:00 am <u>Cycle (pre-booking required) 13+</u> 8:15 am - 8:45 am <u>Yoga (13+)</u> 9:00 am - 10:00 am <u>Zumba (13+)</u> 10:15 am - 11:00 am <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm <u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm <u>Manga Club (Ages 8-11)</u> 1:30 pm - 2:30 pm <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm <u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm <u>Youth Volleyball (Grades 9-12)</u> 5:00 pm - 7:00 pm <u>In-person Prenatal Classes</u> 6:00 pm - 8:00 pm <u>MetCon (13+)</u> 6:00 pm - 6:45 pm <u>Adult Book Club</u> 6:30 pm - 7:30 pm <u>Yoga (13+)</u> 7:00 pm - 7:45 pm	1 <u>Lane Swim (13+)</u> 6:00 am - 7:30 am <u>Aquafit (pre-booking required) 13+</u> 8:00 am - 8:45 am <u>Kettlebell (13+)</u> 8:15 am - 9:00 am <u>Pilates (13+)</u> 9:15 am - 10:00 am <u>SMDHU Breastfeeding Support Group</u> 10:00 am - 11:30 am <u>Parent &amp; Tot Skate (6 y/o and Younger)</u> 10:00 am - 11:00 am <u>Fit Bodies (13+)</u> 10:15 am - 11:00 am <u>Fun with Illustrations</u> 11:00 am - 12:00 pm <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm <u>L.I.I.T. (13+)</u> 12:15 pm - 1:00 pm <u>Adult Skate (18+)</u> 1:15 pm - 2:15 pm <u>Drop-in LEGO (All Ages)</u> 1:30 pm - 3:00 pm <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm <u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm <u>Youth Basketball (Grades 9-12)</u> 5:00 pm - 7:00 pm	2 <u>Silver Swim - 50+</u> 8:00 am - 8:45 am <u>MetCon (13+)</u> 9:15 am - 10:00 am <u>Babytime Walkers (Ages 12-24 mon)</u> 9:45 am - 10:15 am <u>Stretch (13+)</u> 10:15 am - 11:00 am <u>Babytime Creepers (Ages 4-12 mon)</u> 10:45 am - 11:15 am <u>Lane Swim (13+)</u> 11:30 am - 1:00 pm <u>Therapy Swim (13+) - Leisure Pool</u> 11:45 am - 1:00 pm <u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm <u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm <u>Closed</u> 4:30 pm - 8:00 pm <u>Family Sports</u> 5:00 pm - 7:00 pm <u>Public Skating (All Ages)</u> 6:30 pm - 8:00 pm	3 <u>Parent &amp; Child Shiny (9 y/o and Younger)</u> 7:15 am - 8:15 am <u>Lane Swim (13+)</u> 7:30 am - 8:00 am <u>Lane Swim (13+) - 4 Lanes Only</u> 8:00 am - 8:45 am <u>Aquafit (pre-booking required) 13+</u> 8:00 am - 8:45 am <u>Bootcamp (13+)</u> 8:15 am - 9:00 am <u>Bradford Farmers Market</u> 9:00 am - 1:00 pm <u>BollyX (13+)</u> 9:15 am - 10:00 am <u>Parent &amp; Tot Gym (0-5 years)</u> 9:30 am - 11:30 am <u>Yoga (13+)</u> 10:15 am - 11:15 am <u>Lane Swim (13+)</u> 11:30 am - 1:15 pm <u>Adult Pick-Up Basketball (18+)</u> 12:30 pm - 2:30 pm <u>Leisure Swim - All Ages</u>

						1:30 pm - 3:00 pm <u>Parent &amp; Tot Swim (0-6 years old)</u> 3:00 pm - 4:00 pm
--	--	--	--	--	--	--

**End Date:** 05/24/2024  
**Start Date:** 08/01/2024

<https://calendar.townofbwg.com>