

April 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---------------------------|--|
| | | | | | | 1 7:15 am Parent & Tot Shinny (6 y/o and Younger) 7:30 am Lane Swim (13+) 8:00 am Lane Swim (13+) - 4 LANES 8:00 am Bootcamp (13+) 8:00 am Aquafit (13+) (pre-booking required) 10:00 am Family Sports 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:30 pm Leisure Swim - All Ages 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old) |
| 2 7:30 am Lane Swim (13+) 9:00 am Cycle (13+) (pre-booking required) | 3 6:00 am Lane Swim (13+) 9:15 am Relax Swim - All Ages 9:15 am Fit Bodies | 4 6:00 am Lane Swim (13+) 8:15 am Circuit (13+) (pre-booking required) | 5 6:40 am Adult Shinny (18+) 9:00 am Yoga (13+) 9:15 am Relax Swim - All Ages | 6 8:15 am Kettlebell (13+) (pre-booking required) 9:15 am Pilates (13+) | 7 12:00 am Good Friday | 8 7:30 am Lane Swim (13+) 8:00 am Lane Swim (13+) - 4 LANES |

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| required) 10:00 am Yin Yoga (13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old) | 9:15 am Lane Swim (13+) 9:15 am Relax Swim - All Ages 9:15 am Fit Bodies (13+) (pre-booking required) 11:30 am Adult Pickleball** (18+) 12:00 pm Adult Shinny (18+) 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Child Skate (8 y/o and Younger) 4:45 pm Parent & Child Basketball (6-12 years) 6:00 pm Bootcamp (13+) 7:00 pm Bollywood (13+) 7:30 pm Adult Pick-Up Basketball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:00 pm Yoga (13+) 8:45 pm Lane Swim (13+) | required) 9:15 am Stretch (13+) 10:15 am Barre (13+) (pre-booking required) 10:45 am Aquafit (13+) (pre-booking required) 11:45 am Lane Swim (13+) 12:30 pm Relax Swim - All Ages 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Tot Swim (0-6 years old) 4:45 pm Children's Badminton (6-15 years)** 6:00 pm Cycle (13+) (pre-booking required) 7:00 pm Stretch (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Badminton (16+)** 8:00 pm Kettlebell (13+) (pre-booking required) 8:45 pm Lane Swim (13+) | 9:00 am Yoga (13+) 9:15 am Relax Swim - All Ages 9:15 am Lane Swim (13+) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Bollywood (13+) Studio 10:15 am Zumba (13+) 11:30 am Adult Pickleball** (18+) 12:15 pm Bootcamp (13+) 2:15 pm Youth Volleyball (13-17 years) 6:00 pm MetCon (13+) (pre-booking required) 7:00 pm Yoga (13+) 7:45 pm Aquafit (13+) (pre-booking required) 8:45 pm Lane Swim (13+) | required) 9:15 am Pilates (13+) 9:15 am Cycle (13+) (pre-booking required) 9:40 am Parent & Tot Skate (6 y/o and Younger) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Parent & Tot Gym (0-5 years) 11:45 am Lane Swim (13+) - 4 LANES 12:30 pm Relax Swim - All Ages 12:40 pm Lane Swim (13+) 1:15 pm Adult Skate (18+) 2:15 pm Youth Basketball (13-17 years) 6:00 pm Tabata (13+) 7:00 pm Bollywood (13+) Studio 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Pickleball (18+) 8:45 pm Lane Swim (13+) | Swim (All Ages) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Stretch (13+) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Adult Basketball (18+)** 11:45 am Lane Swim (13+) 11:45 am Relax Swim - All Ages 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:30 pm Public Skating (All Ages) 7:15 pm Leisure Swim - All Ages 7:30 pm Family Sports | 7:30 am Lane Swim (13+) 8:00 am Lane Swim (13+) - 4 LANES 8:00 am Bootcamp (13+) 8:00 am Aquafit (13+) (pre-booking required) 9:00 am Bollywood (13+) 10:00 am Yoga (13+) 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:00 pm Khalsa Day Flag Raising 1:30 pm Leisure Swim - All Ages 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old) |
| 16 7:30 am Lane Swim (13+) 9:00 am Cycle (13+) (pre-booking | 17 6:00 am Lane Swim (13+) 9:15 am Lane Swim (13+) | 18 6:00 am Lane Swim (13+) 8:15 am Circuit (13+) (pre-booking | 19 6:00 am Lane Swim (13+) 6:40 am Adult Shinny (18+) | 20 6:00 am Lane Swim (13+) 8:15 am Kettlebell (13+) (pre-booking | 21 9:15 am MetCon (13+) (pre-booking required) 9:15 am Relax | 22 7:15 am Parent & Tot Shinny (6 y/o and Younger) |

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| required) 10:00 am Yin Yoga (13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old) | 9:15 am Relax Swim - All Ages 9:15 am Fit Bodies (13+) (pre-booking required) 10:15 am Zumba (13+) 11:30 am Adult Pickleball** (18+) 12:00 pm Adult Shinny (18+) 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Child Skate (8 y/o and Younger) 4:45 pm Parent & Child Basketball (6-12 years) 6:00 pm Bootcamp (13+) 7:00 pm Bollywood (13+) 7:30 pm Adult Pick-Up Basketball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:00 pm Yoga (13+) 8:45 pm Lane Swim (13+) | required) 9:15 am Stretch (13+) 10:15 am Barre (13+) (pre-booking required) 10:45 am Aquafit (13+) (pre-booking required) 11:45 am Lane Swim (13+) 12:30 pm Relax Swim - All Ages 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Tot Swim (0-6 years old) 4:45 pm Children's Badminton (6-15 years)** 6:00 pm Cycle (13+) (pre-booking required) 7:00 pm Stretch (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Badminton (16+)** 8:00 pm Kettlebell (13+) (pre-booking required) 8:45 pm Lane Swim (13+) | 9:00 am Yoga (13+) 9:15 am Relax Swim - All Ages 9:15 am Lane Swim (13+) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Zumba (13+) 11:30 am Adult Pickleball** (18+) 12:15 pm Bootcamp (13+) 2:15 pm Youth Volleyball (13-17 years) 6:00 pm MetCon (13+) (pre-booking required) 7:00 pm Yoga (13+) 7:30 pm Adult Volleyball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:45 pm Lane Swim (13+) | required) 9:15 am Pilates (13+) 9:15 am Cycle (13+) (pre-booking required) 9:40 am Parent & Tot Skate (6 y/o and Younger) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Parent & Tot Gym (0-5 years) 11:45 am Lane Swim (13+) - 4 LANES 12:30 pm Relax Swim - All Ages 12:40 pm Lane Swim (13+) 1:15 pm Adult Skate (18+) 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:00 pm Tabata (13+) 7:00 pm Zumba (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Pickleball (18+) 8:00 pm Volunteer Appreciation 8:45 pm Lane Swim (13+) | Swim (All Ages) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Stretch (13+) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Adult Basketball (18+)** 11:45 am Lane Swim (13+) 11:45 am Relax Swim - All Ages 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:30 pm Public Skating (All Ages) 7:15 pm Leisure Swim - All Ages 7:30 pm Family Sports | 7:30 am Lane Swim (13+) 8:00 am Lane Swim (13+) - 4 LANES 8:00 am Bootcamp (13+) 8:00 am Aquafit (13+) (pre-booking required) 9:00 am Bollywood (13+) 9:00 am Trees for Streams 2023 (South Simcoe Streams Network) 10:00 am Yoga (13+) 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:30 pm Leisure Swim - All Ages 2:00 pm Danube Seniors Leisure Centre 25th Anniversary Celebration 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old) |
| 23 7:30 am Lane Swim (13+) 9:00 am Cycle (13+) (pre-booking | 24 6:00 am Lane Swim (13+) 9:15 am Lane Swim (13+) | 25 6:00 am Lane Swim (13+) 8:15 am Circuit (13+) (pre-booking | 26 6:00 am Lane Swim (13+) 6:40 am Adult Shinny (18+) | 27 6:00 am Lane Swim (13+) 8:15 am Kettlebell (13+) (pre-booking | 28 9:15 am Parent & Tot Swim (0-6 years old) 9:15 am MetCon | 29 7:15 am Parent & Tot Shinny (6 y/o and Younger) |

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| 30 7:30 am Lane Swim (13+) 9:00 am Cycle (13+) (pre-booking required) 10:00 am Yin Yoga (13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old) | | | | | | |

