

# Week of July 30, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
<p><u>Lane Swim (13+)</u> 7:30 am - 8:45 am</p> <p><u>Family Sports</u> 9:30 am - 11:00 am</p> <p><u>Yoga (13+)</u> 10:00 am - 11:00 am</p> <p><u>Lane Swim (13+)</u> 11:30 am - 1:15 pm</p> <p><u>Adult Badminton (16+)</u> 11:30 am - 1:30 pm</p> <p><u>Public Skating (All Ages)</u> 12:15 pm - 2:15 pm</p> <p><u>Leisure Swim - All Ages</u> 1:30 pm - 3:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u> 3:15 pm - 4:00 pm</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 8:15 am</p> <p><u>Lane Swim (13+)</u> 11:30 am - 1:00 pm</p> <p><u>Adult Shinny (18+)</u> 12:00 pm - 1:30 pm</p> <p><u>H.I.I.T (13+)</u> 12:15 pm - 12:55 pm</p> <p><u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm</p> <p><u>Youth Basketball (13-17 years)</u> 5:00 pm - 7:00 pm</p> <p><u>Adult Pick-Up Basketball (18+)</u> 7:30 pm - 9:30 pm</p> <p><u>Yoga (13+)</u> 8:00 pm - 8:45 pm</p> <p><u>Lane Swim (13+)</u> 9:00 pm - 10:00 pm</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Lane Swim (13+)</u> 11:30 am - 1:00 pm</p> <p><u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm</p> <p><u>Youth Basketball (13-17 years)</u> 5:00 pm - 7:00 pm</p> <p><u>Leisure Swim - All Ages</u> 7:15 pm - 8:30 pm</p> <p><u>Adult Badminton (16+)</u> 7:30 pm - 9:30 pm</p> <p><u>Lane Swim (13+)</u> 8:45 pm - 10:00 pm</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Adult Shinny (18+)</u> 6:40 am - 8:00 am</p> <p><u>Silver Swim - 50+</u> 8:00 am - 8:45 am</p> <p><u>Yoga (13+)</u> 9:00 am - 10:00 am</p> <p><u>Lane Swim (13+)</u> 11:30 am - 1:00 pm</p> <p><u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm</p> <p><u>Youth Volleyball (13-17 years)</u> 5:00 pm - 7:00 pm</p> <p><u>Yoga (13+)</u> 7:00 pm - 7:45 pm</p> <p><u>Adult Volleyball (18+)</u> 7:30 pm - 9:30 pm</p> <p><u>Lane Swim (13+)</u> 9:00 pm - 10:00 pm</p>	<p><u>Lane Swim (13+)</u> 6:00 am - 7:30 am</p> <p><u>Parent &amp; Tot Skate (6 y/o and Younger)</u> 9:40 am - 10:30 am</p> <p><u>Lane Swim (13+)</u> 11:30 am - 1:00 pm</p> <p><u>Adult Skate (18+)</u> 1:15 pm - 2:15 pm</p> <p><u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm</p> <p><u>National Peacekeepers' Day Flag Raising Ceremony</u> 4:00 pm - 4:30 pm</p> <p><u>Youth Basketball (13-17 years)</u> 5:00 pm - 7:00 pm</p> <p><u>Leisure Swim - All Ages</u> 7:15 pm - 8:30 pm</p> <p><u>Adult Pickleball (18+)</u> 7:30 pm - 9:30 pm</p> <p><u>Yoga (13+)</u> 8:00 pm - 8:45 pm</p> <p><u>Lane Swim (13+)</u> 8:45 pm - 10:00 pm</p>	<p><u>Silver Swim - 50+</u> 8:00 am - 8:45 am</p> <p><u>Lane Swim (13+)</u> 11:30 am - 1:00 pm</p> <p><u>Leisure Swim - All Ages</u> 2:15 pm - 4:00 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u> 4:00 pm - 4:45 pm</p> <p><u>Family Sports</u> 5:00 pm - 7:30 pm</p> <p><u>Public Skating (All Ages)</u> 6:45 pm - 8:15 pm</p>	<p><u>Parent &amp; Tot Shinny (6 y/o and Younger)</u> 7:15 am - 8:15 am</p> <p><u>Lane Swim (13+)</u> 7:30 am - 8:45 am</p> <p><u>Bradford Farmers Market</u> 9:00 am - 1:00 pm</p> <p><u>Parent &amp; Tot Gym (0-5 years)</u> 9:30 am - 11:30 am</p> <p><u>Yoga (13+)</u> 10:00 am - 11:00 am</p> <p><u>Lane Swim (13+)</u> 11:30 am - 1:15 pm</p> <p><u>Adult Pick-Up Basketball (18+)</u> 12:30 pm - 2:30 pm</p> <p><u>Leisure Swim - All Ages</u> 1:30 pm - 3:00 pm</p> <p><u>Public Skating (All Ages)</u> 2:15 pm - 3:45 pm</p> <p><u>Parent &amp; Tot Swim (0-6 years old)</u> 3:15 pm - 4:00 pm</p>