

Sunday, June 30, 2024

Lane Swim (13+)

Date and Time: Sunday, June 30 7:30 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Gym (0-5 years)

Date and Time: Sunday, June 30 9:00 am - 11:00 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Cycle (pre-booking required) 13+

Date and Time: Sunday, June 30 9:00 am - 9:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Closed

Date and Time: Sunday, June 30 9:30 am - 8:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Sunday, June 30 10:00 am - 12:00 pm

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Yoga (13+)

Date and Time: Sunday, June 30 10:00 am - 11:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Yin Yoga (13+)

Date and Time: Sunday, June 30 10:00 am - 11:00 am

Address: 471 West Park Ave. Bradford, Ont

Yin yoga is a slow paced style of yoga with asanas (postures) that are held for longer periods of time than in other styles.

Adult Badminton (16+)

Date and Time: Sunday, June 30 11:30 am - 1:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Lane Swim (13+)

Date and Time: Sunday, June 30 12:00 pm - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Public Skating (All Ages)

Date and Time: Sunday, June 30 12:15 pm - 2:15 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate dismissal
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Leisure Swim - All Ages

Date and Time: Sunday, June 30 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (Grades 9-12)

Date and Time: Sunday, June 30 1:45 pm - 3:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Water Polo Sunday - Beginner and Advanced (13+)

Date and Time: Sunday, June 30 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Join us on Sunday June 9, 23 & 30 for beginner and advanced try it waterpolo!

Water polo is a team sport that combines elements of swimming, soccer, and basketball. It is played by having teams aiming to score goals by throwing a ball into the opponent's net or knock down a set of boards. For our beginner level, participants will be in the **SHALLOW** end of the pool, where ideally the participant is able to touch the bottom and walk, however some swimming may be required. ****Swimming Skills:** Since water polo is played in a pool, swimming is a core skill. Beginners should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for ball handling. ****Basic Strategies:** Water polo is a game that requires both individual skills and team tactics. Beginners will focus on learning to handle the ball with one hand and develop a keen sense of awareness for both their teammates' positions and the opponents' strategies.

For our advanced level, participants will be in the **DEEP** end of the pool, and requires participants to be comfortable and able to swim in deep water and tread for longer periods of time.**Swimming Skills: Since water polo is played in a pool, swimming is a core skill. Advanced Players should be proficient swimmers as the game requires moving quickly through the water, sometimes using a technique known as the 'eggbeater kick', which provides stability and support to free the arms for ball handling. Players will learn about strategies, enhanced techniques and communication skills needed to play the game.

REGISTRATION IS REQUIRED FOR THIS ACTIVITY (Limited Spaces Available) - USE THE FOLLOWING LINK:

https://anc.ca.apm.activecommunities.com/townofbwg/activity/search?onlineSiteId=3&activity_select_param=2&viewMode=list

Parent & Tot Swim (0-6 years old)

Date and Time: Sunday, June 30 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Monday, July 1, 2024

Lane Swim (13+)

Date and Time: Monday, July 1 6:00 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Canada Day

Date and Time: Monday, July 1 8:30 am - 4:30 pm

Address: All Town Offices

Closed

Date and Time: Monday, July 1 9:30 am - 8:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Lane Swim (13+)

Date and Time: Monday, July 1 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Therapy Swim (13+) - Leisure Pool

Date and Time: Monday, July 1 11:45 am - 1:00 pm

Address: BWG Leisure Center

Designed for those with mobility issues and special need, this swim provides designated time for participants to enjoy access to the Leisure Pool for therapeutic purposes. Please note that this swim does NOT have any type of structure or Instructor, it is specifically designed for those who want to come in and perform exercises recommended by their doctor or support workers. ***This swim may be shared with Aquatic Leadership Courses at times.**

Leisure and Relax Pools ONLY.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Leisure Swim - All Ages

Date and Time: Monday, July 1 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Canada Day

Date and Time: Monday, July 1 6:00 pm - 10:00 pm

Address: Bradford & District Memorial Community Centre (125 Simcoe Road)

The Town of Bradford West Gwillimbury invites everyone to join in on the Canada Day celebrations on Saturday, July 1 at the Bradford & District Memorial Community Centre.

The festivities commence at 4:00pm, and includes entertainment, music, food, the official ceremonies, the presentation of the annual Civic Awards and closing with an amazing show of fireworks at 10

Date: July 1st

Time: 4pm-6pm

Location: Bradford & District Memorial Community Centre (125 Simcoe Road)

Lane Swim (13+)

Date and Time: Monday, July 1 9:00 pm - 10:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Tuesday, July 2, 2024

Lane Swim (13+)

Date and Time: Tuesday, July 2 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Aquafit (pre-booking required) 13+

Date and Time: Tuesday, July 2 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Circuit (13+)

Date and Time: Tuesday, July 2 8:15 am - 9:00 am

Address: 471 West Park

You won't be bored when you do circuit training. This workout gets your heart rate up and strengthens the muscles at the same time. You'll move quickly through a variety of full cardio and resistance exercises to work different muscle groups with little to no rest in between.

Royal City Soccer Club - Day Camps

Date and Time: Tuesday, July 2 8:30 am - 4:30 pm

Address: 100 Professor Day Drive, Bradford ON, L3Z 3B9

The Royal City Soccer Club, a registered non-profit community organization, is proud to host their 32nd annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit royalsoccer.com or call 1-800-427-0536.

Stretch (13+)

Date and Time: Tuesday, July 2 9:15 am - 10:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Barre (13+)

Date and Time: Tuesday, July 2 10:15 am - 11:00 am

Address: BWG Leisure Centre

The predominantly standing workouts are driven by music which, when used appropriately, has been proven to increase coordination, motivation and improve movement quality.

Lane Swim (13+)

Date and Time: Tuesday, July 2 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

My Sister's Place Drop-in Outreach

Date and Time: Tuesday, July 2 1:00 pm - 4:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Blair Room

Every month on the first Tuesday, an advocate from My Sister's Place will be at the Library to provide services on a drop-in basis.

Services can include crisis support; short-term individual counseling; safety planning; legal advocacy and support; housing advocacy and support; and community referrals and resources.

Upcoming Drop-Ins: July 2, August 6.

Leisure Swim - All Ages

Date and Time: Tuesday, July 2 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Tuesday, July 2 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (Grades 9-12)

Date and Time: Tuesday, July 2 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Cycle (pre-booking required) 13+

Date and Time: Tuesday, July 2 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Adapted Open Skate

Date and Time: Tuesday, July 2 6:15 pm - 7:15 pm

Address: BWG Leisure Centre

Adapted Open Skate (All Ages)

Welcome to the Adapted Open Skate program for people with exceptionalities. This program embraces diversity & accessibility, and is designed to provide a safe, welcoming and joyful environment for individuals with excep

tionalities to experience and try ice-skating.

All participants require 1:1 support while they are on the ice surface. Support person must be 16 years of age or older. Approved skate-aids, sledges and wheelchairs are permitted on the ice. Sledges are also available to borrow at the BWG Leisure Centre upon request.

This program is also sensory aware. Please speak with the Inclusion Coordinator, Recreation Programmer or Duty Contact to request any accommodations.

Maximum program capacity is 40 participants. Participant support is exempt from this capacity limit and does not incur any program fees.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Stretch (13+)

Date and Time: Tuesday, July 2 7:00 pm - 7:45 pm

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Leisure Swim - All Ages

Date and Time: Tuesday, July 2 7:15 pm - 8:30 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Wednesday, July 3, 2024

Lane Swim (13+)

Date and Time: Wednesday, July 3 6:00 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Shinny (18+)

Date and Time: Wednesday, July 3 6:40 am - 8:00 am

Address: BWG Leisure Centre

Adult Shinny is an informal fun game of hockey that is open to any adult member of the community. Full equipment is recommended on the ice surface. Skating aids, training equipment, balls, chairs, sleds or strollers **are not** permitted on the ice surface. Keep games non-contact. CSA approved helmets are mandatory for all participants during all shinny programs. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Please Note: Adult Shinny ages will temporarily change to 16+ during Winter Break and March Break programming

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Cycle (pre-booking required) 13+

Date and Time: Wednesday, July 3 8:15 am - 8:45 am

Address: BWG Leisure Centre

This cycling class that includes aerobic and anaerobic interval training. Rides will be sure to incorporate resistance and speed training.

Yoga (13+)

Date and Time: Wednesday, July 3 9:00 am - 10:00 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Zumba (13+)

Date and Time: Wednesday, July 3 10:15 am - 11:00 am

Address: BWG Leisure Centre

Ditch the workout...Join the Party! Dance to Latin inspired music, with great people, and burn a ton of calories while having a blast!

Lane Swim (13+)

Date and Time: Wednesday, July 3 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Therapy Swim (13+) - Leisure Pool

Date and Time: Wednesday, July 3 11:45 am - 1:00 pm

Address: BWG Leisure Center

Designed for those with mobility issues and special need, this swim provides designated time for participants to enjoy access to the Leisure Pool for therapeutic purposes. Please note that this swim does NOT have any type of structure or Instructor, it is specifically designed for those who want to come in and perform exercises recommended by their doctor or support workers. ***This swim may be shared with Aquatic Leadership Courses at times.**

Leisure and Relax Pools ONLY.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Leisure Swim - All Ages

Date and Time: Wednesday, July 3 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Wednesday, July 3 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Teen Volunteer Orientation (Grades 9-12)

Date and Time: Wednesday, July 3 4:15 pm - 5:15 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascal Room

We're looking for teens who are punctual, reliable, and good at communication to earn volunteer hours by assisting with Summer Programs. Volunteer experience like this looks great on a résumé.

Help us for one program, or for many programs. See the form for your options.

Please note: the signature of a parent or guardian is required.

Application forms are available at the Library, or are downloadable. Drop your completed application off at the Service Desk, or email it to ecampbell@bradford.library.on.ca

[Information form](#)

[Application form](#)

Volunteers must attend one of our two training sessions on either **Wednesday, June 26 at 4:15 p.m., or Wednesday, July 3 at 4:15 p.m.**

African Experience Festival

Date and Time: Wednesday, July 3 5:00 pm - 8:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Come by the African Experience Festival Kick-Off event which will include a fashion show as well as guest speakers discussing African film, culture, and community. **Doors open at 5 p.m.** in the Zima Room. The fashion show begins at **6 p.m.**

This free and family-friendly three-day event is taking place between July 3 – 6 in the Zima Room at the BWG Public Library and Cultural Centre. Come and celebrate Black and African culture through fashion, food, storytelling, and more!

Youth Volleyball (Grades 9-12)

Date and Time: Wednesday, July 3 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

MetCon (13+)

Date and Time: Wednesday, July 3 6:00 pm - 6:45 pm

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Yoga (13+)

Date and Time: Wednesday, July 3 7:00 pm - 7:45 pm

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

Adult Volleyball (18+)

Date and Time: Wednesday, July 3 7:30 pm - 9:30 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Thursday, July 4, 2024

Lane Swim (13+)

Date and Time: Thursday, July 4 6:00 am - 7:30 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Aquafit (pre-booking required) 13+

Date and Time: Thursday, July 4 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Kettlebell (13+)

Date and Time: Thursday, July 4 8:15 am - 9:00 am

Address: 471 West Park Ave. Bradford ON

A fun way to build functional strength, increase flexibility and improve coordination. A challenging workout guaranteed to make you sweat!

Pilates (13+)

Date and Time: Thursday, July 4 9:15 am - 10:00 am

Address: BWG Leisure Centre

This body conditioning routine will help build flexibility, strength and endurance and improve balance and coordination.

SMDHU Breastfeeding Support Group

Date and Time: Thursday, July 4 10:00 am - 11:30 am

Address: 425 Holland St W, Bradford, ON L3Z 0J2

Location: Jamal Pascall Room

A free support group that provides parents a place to talk, share experiences and encourage each other, in the company of a Public Health Nurse

Parent & Tot Skate (6 y/o and Younger)

Date and Time: Thursday, July 4 10:00 am - 11:00 am

Address: BWG Leisure Centre

Parents are invited to bring their pre-schoolers to the Parent & Tot Skate program restricted to only parents/guardians and their children. Children participating must be **6 years of age or under**.

Parent/guardian participation is required on the ice. Only persons wearing skates and/or usage of a wheelchair/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Parent/guardian must be 16 years or older. Skating aids **are** permitted during Parent & Tot Skate. Sticks, balls, training equipment, sleds, chairs or strollers **are not** permitted on the ice surface. The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children.

Maximum program capacity is 40 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75

Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Fit Bodies (13+)

Date and Time: Thursday, July 4 10:15 am - 11:00 am

Address: BWG Leisure Centre

This medium/low intensity class is specifically designed for the ageing population. It focuses on joint stability, strength, balance, flexibility, coordination, agility and mobility.

Lane Swim (13+)

Date and Time: Thursday, July 4 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

L.I.I.T. (13+)

Date and Time: Thursday, July 4 12:15 pm - 1:00 pm

Address: 471 West Park Ave. Bradford, Ont

L.I.I.T stands for Low Impact Interval Training. In this class cardiovascular fitness will be improved using the 20 seconds work / 10 seconds rest method. The workout avoids jumping and impact, creates a safe workout for joints and alternates cardio with strengthening, sculpt and core. Finish off with a full body stretch and recovery!

Adult Skate (18+)

Date and Time: Thursday, July 4 1:15 pm - 2:15 pm

Address: BWG Leisure Centre

Admittance is limited to participating skaters. All patrons who participate in the Adult Skate (18+) program are to respect the following rules:

- Skating aids, sticks, pucks, balls, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately
- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from the facility. Designated skate change area in effect.

Kids Movie: Paws of Fury - The Legend of Hank

Date and Time: Thursday, July 4 1:30 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

The story of Hank, a loveable dog who aspires to become a samurai. Featuring Michael Cera, Samuel L Jackson, Ricky Gervais, Michelle Yeoh, Mel Brooks. Loosely based on the movie *Blazing Saddles*. PG. 97 minutes.

Leisure Swim - All Ages

Date and Time: Thursday, July 4 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Thursday, July 4 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Youth Basketball (Grades 9-12)

Date and Time: Thursday, July 4 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

African Experience Festival

Date and Time: Thursday, July 4 5:30 pm - 8:00 pm

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Join us with the family as we celebrate Black and African storytelling with an author and Afro-Caribbean Storyteller! The event begins at **5:30 p.m.** in the Zima Room.

This free and family-friendly three-day event is taking place between July 3 – 6 in the Zima Room at the BWG Public Library and Cultural Centre. Come and celebrate Black and African culture through fashion, food, storytelling and more!

Friday, July 5, 2024

Silver Swim - 50+

Date and Time: Friday, July 5 8:00 am - 8:45 am

Address: BWG Leisure Center

During this swim, there will be four lanes available for aqua fitness exercises at your own pace. This program is **not** instructor led and participants must remain in the water. The Silver Swim is designed for those who would normally participate in the Aqua fitness programs offered at the BWG Leisure Center. Please note that this program is subject to change upon Aquafit Instructor Availability.

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

MetCon (13+)

Date and Time: Friday, July 5 9:15 am - 10:00 am

Address: BWG Leisure Centre

This Metabolic Conditioning class is a fast paced, high intensity workout that will challenge your cardiovascular capacity, put your metabolism into overdrive and rapidly burn fat!

Babytime Walkers (Ages 12-24 mon)

Date and Time: Friday, July 5 9:45 am - 10:15 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Babies 12-24 months will enjoy songs, rhymes and stories with Andréa.

Drop-in. Free!

Stretch (13+)

Date and Time: Friday, July 5 10:15 am - 11:00 am

Address: BWG Leisure Centre

No pretzels, no warrior poses, & no downward dogs! Just come in and stretch. Your body will thank you for it!

Babytime Creepers (Ages 4-12 mon)

Date and Time: Friday, July 5 10:45 am - 11:15 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: Zima Room

Babies 4-12 months old will enjoy stories, songs and rhymes with Andrea!

Drop-in. Free!

Lane Swim (13+)

Date and Time: Friday, July 5 11:30 am - 1:00 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Therapy Swim (13+) - Leisure Pool

Date and Time: Friday, July 5 11:45 am - 1:00 pm

Address: BWG Leisure Center

Designed for those with mobility issues and special need, this swim provides designated time for participants to enjoy access to the Leisure Pool for therapeutic purposes. Please note that this swim does NOT have any type of structure or Instructor, it is specifically designed for those who want to come in and perform exercises recommended by their doctor or support workers. ***This swim may be shared with Aquatic Leadership Courses at times.**

Leisure and Relax Pools ONLY.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST
BWG Admission Policy: www.townofbwg.com/admissionpolicy

Leisure Swim - All Ages

Date and Time: Friday, July 5 2:15 pm - 4:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST
BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Friday, July 5 4:00 pm - 4:45 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Family Sports

Date and Time: Friday, July 5 5:00 pm - 7:00 pm

Address: BWG Leisure Centre

Family Sports includes a child/youth accompanied by a parent/guardian to a maximum of 5 children. Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Youth (13-17)/ Student (ID required) - \$3.75

Adult (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Public Skating (All Ages)

Date and Time: Friday, July 5 6:30 pm - 8:00 pm

Address: BWG Leisure Centre

Leisure skating is provided for the enjoyment of all. Admittance is limited to those participating. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your child, children 6 and under must be accompanied by a parent or guardian, 16 years or older, on the ice, and children ages 7 to 9 must be accompanied by a parent or guardian, 16 years or older, at the ice level (around the boards/glass inside the arena).
- The Ontario Recreation Facilities Association and the Town of Bradford West Gwillimbury recommend wearing helmet and glove protection while on the ice surface. Helmets are strongly recommended, especially for young children
- Skating aids, sticks, pucks, balls, sleds, chairs or strollers **are not** permitted on the ice surface
- Participants are not allowed on the ice until the ice resurfacer door is closed
- Only persons wearing skates or using a wheelchair/sledge are permitted on the ice surface
- Food or drink is not permitted on the ice
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, and carrying children are not permitted
- The centre ice area is reserved for parents with small children who are learning to skate; all other skaters must stay clear of this area
- Horseplay including play fighting or deliberate interference with other skaters will result in immediate

dismissal

- When the buzzer sounds, all patrons are required to leave the ice surface immediately
- Personal/group hockey training sessions are not permitted during recreational skating times

Maximum program capacity is 160 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Saturday, July 6, 2024

Parent & Child Shinny (9 y/o and Younger)

Date and Time: Saturday, July 6 7:15 am - 8:15 am

Address: BWG Leisure Centre

Parent & Child Shinny is an informal fun game of hockey! Parents are invited to bring their children to the Parent & Child Shinny program restricted to only parents/guardians and their children. Children participating in this program must be **9 years of age or under**.

Parent/guardian participation is required on the ice. Parent/guardian must be 16 years or older. Only persons wearing skates/sledge are permitted on the ice surface. The program ratio is one parent/guardian to a maximum of five children (1:5). Slap shots are not permitted. Skating aids, sleds, training equipment, pylons, balls, chairs or strollers **are not** permitted on the ice surface. CSA approved helmets are mandatory for all participants during all shinny programs. This program is not designed to host hockey teams. The ice is to be equally shared with everyone. Personal/group training sessions **are not** permitted during recreational skating times.

Maximum program capacity is 30 participants.

	DROP-IN	10 PASS
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75

Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (18-59 yrs)	\$4.50	\$35.75
Senior (60+ yrs)	\$3.75	\$29.75
Household (up to 5 people)	\$9.75	N/A
Adult Shinny	\$5.50	N/A
Parent & Child Shinny	\$5.50	N/A
Stick & Puck	\$5.50	N/A

Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s), not abiding by these rules, removed from ice surface and/or the facility. Designated skate change area in effect.

Lane Swim (13+)

Date and Time: Saturday, July 6 7:30 am - 8:00 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Lane Swim (13+) - 4 Lanes Only

Date and Time: Saturday, July 6 8:00 am - 8:45 am

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Aquafit (pre-booking required) 13+

Date and Time: Saturday, July 6 8:00 am - 8:45 am

Address: BWG Leisure Centre

Low impact Aerobics class that works on cardio and muscle conditioning with both deep and shallow water options.

Bootcamp (13+)

Date and Time: Saturday, July 6 8:15 am - 9:00 am

Address: BWG Leisure Centre

This is the perfect workout where both your instructors and fellow participants motivate and challenge you to reach your highest potential.

Bradford Farmers Market

Date and Time: Saturday, July 6 9:00 am - 1:00 pm

Address: BWG Library - 425 Holland St W, Bradford, ON L3Z 0J2

The Bradford Farmers Market will run from **May 18th until October 12th** this 2024 season.

For more information, and to learn more about the Market visit www.bradfordfarmersmarket.ca.

Contact information: bradfordontariofarmersmarket@gmail.com

BollyX (13+)

Date and Time: Saturday, July 6 9:15 am - 10:00 am

Address: BWG Leisure Centre

Join in for a fun time learning Bollywood dance moves from head to toe! Bollywood dance and fitness instructor Dolly teaches a variety of Indian inspired movements that will have you moving and shaking to popular Bollywood music and provides a great total body workout that gets your heart and lungs pumping, improves balance and coordination and brings an overall sense of joy and well being. Let's dance until you glitter...Bollywood style.

Parent & Tot Gym (0-5 years)

Date and Time: Saturday, July 6 9:30 am - 11:30 am

Address: BWG Leisure Centre

Drop-in fees listed below. Wristbands required.

Fees:

Child (0-12) - \$3.50

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Yoga (13+)

Date and Time: Saturday, July 6 10:15 am - 11:15 am

Address: 471 West Park

Restore balance to the body. This class incorporates breathing, postures and relaxation techniques. All levels welcome.

African Experience Festival

Date and Time: Saturday, July 6 11:00 am

Address: BWG Library at 425 Holland St W, Bradford, ON L3Z 0J2

Location: **Café Area**

Olundara Foundation is working with the Bradford Farmer's Market to have a few Black-led Pop-Ups in the outdoor market as well as inside the Library Café! The event begins at **9 a.m. at the Bradford Farmer's Market and 11 a.m. inside the Library Café.**

This free and family-friendly three-day event is taking place between July 3 – 6 in the Zima Room at the BWG Public Library and Cultural Centre. Come and celebrate Black and African culture through fashion, food, storytelling, and more!

Lane Swim (13+)

Date and Time: Saturday, July 6 11:30 am - 1:15 pm

Address: BWG Leisure Center

Lap & Relax Pools Only.

Fees:

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Adult Pick-Up Basketball (18+)

Date and Time: Saturday, July 6 12:30 pm - 2:30 pm

Address: BWG Leisure Centre

5on5 full court, 30 participants. Drop-in fees listed below. Wristbands required.

Fees:

Youth/ Student (13-24) - \$3.75

Adult - (18-59) - \$4.50

Senior (60+) - \$3.75

Household (Up to 5 People) - \$9.75

Leisure Swim - All Ages

Date and Time: Saturday, July 6 1:30 pm - 3:00 pm

Address: BWG Leisure Center

Lap, Leisure, Relax Pool & Waterslide.

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Youth/ Student (13-24) - \$4.50

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

Parent & Tot Swim (0-6 years old)

Date and Time: Saturday, July 6 3:00 pm - 4:00 pm

Address: BWG Leisure Center

Leisure & Relax Pool

Fees:

Toddler (0-3) - FREE

Child (4-12) - \$4.00

Adult - (18-59) - \$5.25

Senior (60+) - \$4.50

Household (Up to 5 People) - \$12.00

Fees are subject to change without notice. All monthly membership prices +HST

BWG Admission Policy: www.townofbwg.com/admissionpolicy

<https://calendar.townofbwg.com>