

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>6:40 am Adult Shinny (18+)</p> <p>6:40 am Adult Shinny (18+)</p> <p>9:00 am Yoga (13+)</p> <p>9:30 am Parent & Tot Gym (0-5 years)</p> <p>10:15 am Zumba (13+)</p> <p>12:00 pm Adult Pickleball (18+)**</p> <p>12:15 pm Bootcamp (13+)</p> <p>2:15 pm Youth Volleyball (13-17 years)</p> <p>6:00 pm MetCon (13+) (pre-booking required)</p> <p>7:00 pm Yoga (13+)</p> <p>7:30 pm Adult Volleyball (18+)</p>	<p>2</p> <p>8:15 am Kettlebell (13+) (pre-booking required)</p> <p>9:15 am Pilates (13+)</p> <p>9:15 am Cycle (13+) (pre-booking required)</p> <p>9:40 am Parent & Tot Skate (6 y/o and Younger)</p> <p>11:30 am Parent & Tot Gym (0-5 years)</p> <p>1:15 pm Adult Skate (18+)</p> <p>1:15 pm Adult Skate (18+)</p> <p>2:15 pm Youth Basketball (13-19 years)</p> <p>4:45 pm Children's Basketball (6-12 years)**</p> <p>6:00 pm Tabata (13+)</p> <p>7:00 pm Zumba (13+)</p> <p>7:30 pm Adult Pickleball (18+)</p>	<p>3</p> <p>9:15 am MetCon (13+) (pre-booking required)</p> <p>9:30 am PA Day Schedule - Gym Drop-In</p> <p>9:30 am Parent & Tot Gym (0-5 years)</p> <p>10:15 am Stretch (13+)</p> <p>6:30 pm Public Skating (All Ages)</p> <p>6:45 pm Public Skating (All Ages)</p>	<p>4</p> <p>8:00 am Bootcamp (13+)</p> <p>8:00 am Hockey Day in BWG</p> <p>9:00 am Bollywood (13+)</p> <p>10:00 am Yoga (13+)</p> <p>12:30 pm Adult Basketball (18+)</p> <p>2:15 pm Public Skating (All Ages)</p>
<p>5</p> <p>9:00 am Cycle (13+) (pre-booking required)</p> <p>10:00 am Yin Yoga (13+)</p> <p>12:00 pm Adult Badminton (16+)</p> <p>12:15 pm Public Skating (All Ages)</p>	<p>6</p> <p>11:30 am Adult Pickleball** (18+)</p> <p>12:00 pm Adult Shinny (18+)</p> <p>2:15 pm Youth Basketball (13-17 years)</p> <p>3:30 pm Parent & Child Skate (8 y/o and Younger)</p> <p>4:45 pm Parent & Child Basketball (6-12 years)</p> <p>7:30 pm Adult Pick-Up Basketball (18+)</p>	<p>7</p> <p>2:15 pm Youth Basketball (13-19 years)</p> <p>4:45 pm Children's Badminton (6-15 years)**</p> <p>7:30 pm Family Sports**</p>	<p>8</p> <p>6:40 am Adult Shinny (18+)</p> <p>9:00 am Yoga (13+)</p> <p>9:30 am Parent & Tot Gym (0-5 years)</p> <p>10:15 am Zumba (13+)</p> <p>12:00 pm Adult Pickleball (18+)**</p> <p>12:15 pm Bootcamp (13+)</p> <p>2:15 pm Youth Volleyball (13-17 years)</p> <p>6:00 pm MetCon (13+) (pre-booking required)</p>	<p>9</p> <p>8:15 am Kettlebell (13+) (pre-booking required)</p> <p>9:15 am Pilates (13+)</p> <p>9:15 am Cycle (13+) (pre-booking required)</p> <p>9:40 am Parent & Tot Skate (6 y/o and Younger)</p> <p>9:40 am Parent & Tot Skate (6 y/o and Younger)</p> <p>11:30 am Parent & Tot Gym (0-5 years)</p> <p>1:15 pm Adult Skate</p>	<p>10</p> <p>9:15 am MetCon (13+) (pre-booking required)</p> <p>9:30 am Parent & Tot Gym (0-5 years)</p> <p>10:15 am Stretch (13+)</p> <p>12:00 pm Adult Basketball (18+)</p> <p>2:15 pm Youth Basketball (13-17 years)</p> <p>4:45 pm Children's Basketball (6-12 years)</p> <p>5:00 pm Free Youth Night</p>	<p>11</p> <p>7:30 am Lane Swim (13+)</p> <p>8:00 am Lane Swim (13+) - 4 LANES</p> <p>8:00 am Bootcamp (13+)</p> <p>9:00 am Bollywood (13+)</p> <p>10:00 am Yoga (13+)</p> <p>12:00 pm Lane Swim (13+)</p> <p>12:30 pm Adult</p>

			7:00 pm Yoga (13+) 7:30 pm Adult Volleyball (18+)	(18+) 2:15 pm Youth Basketball (13-19 years) 4:45 pm Children's Basketball (6-12 years)** 6:00 pm Tabata (13+) 7:00 pm Zumba (13+) 7:30 pm Adult Pickleball (18+)	6:45 pm Public Skating (All Ages) 7:30 pm Adult Badminton (16+)	Basketball (18+) 1:30 pm Leisure Swim - All Ages 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old)
12 7:30 am Lane Swim (13+) 9:00 am Cycle (13+) (pre-booking required) 10:00 am Yin Yoga (13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old)	13 6:00 am Lane Swim (13+) 9:15 am Relax Swim - All Ages 9:15 am Fit Bodies (13+) (pre-booking required) 10:15 am Zumba (13+) 11:00 am Lane Swim (13+) 11:30 am Adult Pickleball** (18+) 12:00 pm Adult Shinny (18+) 2:15 pm Youth Basketball (13-17 years) 3:30 pm Parent & Child Skate (8 y/o and Younger) 4:45 pm Parent & Child Basketball (6-12 years) 6:00 pm Bootcamp (13+) 7:00 pm Bollywood (13+) 7:30 pm Adult Pick-Up Basketball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:00 pm Yoga (13+) 8:45 pm Lane Swim (13+)	14 6:00 am Lane Swim (13+) 8:15 am Circuit (13+) (pre-booking required) 9:15 am Stretch (13+) 10:15 am Barre (13+) (pre-booking required) 10:45 am Aquafit (13+) (pre-booking required) 11:45 am Lane Swim (13+) 2:15 pm Youth Basketball (13-19 years) 3:30 pm Parent & Tot Swim (0-6 years old) 4:45 pm Children's Badminton (6-15 years)** 6:00 pm Cycle (13+) (pre-booking required) 7:00 pm Stretch (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Family Sports** 8:00 pm Kettlebell (13+) (pre-booking required) 8:45 pm Lane Swim (13+)	15 6:40 am Adult Shinny (18+) 9:00 am Yoga (13+) 9:15 am Relax Swim - All Ages 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Zumba (13+) 11:00 am Lane Swim (13+) 12:00 pm Adult Pickleball (18+)** 12:15 pm Bootcamp (13+) 2:15 pm Youth Volleyball (13-17 years) 6:00 pm MetCon (13+) (pre-booking required) 7:00 pm Yoga (13+) 7:30 pm Adult Volleyball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:45 pm Lane Swim (13+)	16 8:15 am Kettlebell (13+) (pre-booking required) 9:15 am Pilates (13+) 9:15 am Cycle (13+) (pre-booking required) 9:40 am Parent & Tot Skate (6 y/o and Younger) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Parent & Tot Gym (0-5 years) 11:45 am Lane Swim (13+) - 4 LANES 12:35 pm Lane Swim (13+) 1:15 pm Adult Skate (18+) 2:15 pm Youth Basketball (13-19 years) 4:45 pm Children's Basketball (6-12 years)** 6:00 pm Tabata (13+) 7:00 pm Zumba (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Pickleball (18+) 8:45 pm Lane Swim (13+)	17 9:15 am Relax Swim - All Ages 9:15 am MetCon (13+) (pre-booking required) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Stretch (13+) 10:45 am Aquafit (13+) (pre-booking required) 11:00 am Trails Day 11:35 am Lane Swim (13+) 12:00 pm Adult Basketball (18+) 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:45 pm Public Skating (All Ages) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Badminton (16+)	18 7:30 am Lane Swim (13+) 8:00 am Lane Swim (13+) - 4 LANES 8:00 am Aquafit (13+) (pre-booking required) 8:00 am Bootcamp (13+) 9:00 am Bollywood (13+) 10:00 am Yoga (13+) 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:30 pm Leisure Swim - All Ages 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old)
19 7:30 am Lane Swim (13+) 9:00 am Cycle	20 9:15 am Fit Bodies (13+) (pre-booking required)	21 6:00 am Lane Swim (13+) 8:15 am Circuit	22 6:40 am Adult Shinny (18+) 9:00 am Yoga (13+)	23 8:15 am Kettlebell (13+) (pre-booking required)	24 9:15 am Relax Swim - All Ages 9:15 am MetCon	25 7:30 am Lane Swim (13+) 8:00 am Lane

(13+) (pre-booking required) 10:00 am Yin Yoga (13+) 12:00 pm Lane Swim (13+) 12:00 pm Adult Badminton (16+) 12:15 pm Public Skating (All Ages) 1:30 pm Leisure Swim - All Ages 3:00 pm Parent & Tot Swim (0-6 years old)	9:15 am Parent & Tot Swim (0-6 years old) 9:30 am Family Day - Gym Drop-In Schedule 10:15 am Zumba (13+) 11:00 am Lane Swim (13+) 12:00 pm Adult Shinny (18+) 2:15 pm Leisure Swim - All Ages 3:30 pm Parent & Child Skate (8 y/o and Younger) 6:00 pm Bootcamp (13+) 7:00 pm Bollywood (13+) 7:45 pm Aquafit (13+) (pre-booking required) 8:00 pm Yoga (13+)	(13+) (pre-booking required) 9:15 am Stretch (13+) 10:15 am Barre (13+) (pre-booking required) 10:45 am Aquafit (13+) (pre-booking required) 11:45 am Lane Swim (13+) 2:15 pm Youth Basketball (13-19 years) 3:30 pm Parent & Tot Swim (0-6 years old) 4:45 pm Children's Badminton (6-15 years)** 6:00 pm Cycle (13+) (pre-booking required) 7:00 pm Stretch (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Family Sports** 8:00 pm Kettlebell (13+) (pre-booking required) 8:45 pm Lane Swim (13+)	9:15 am Relax Swim - All Ages 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Zumba (13+) 11:00 am Lane Swim (13+) 12:00 pm Adult Pickleball (18+)** 12:15 pm Bootcamp (13+) 2:15 pm Youth Volleyball (13-17 years) 6:00 pm MetCon (13+) (pre-booking required) 7:00 pm Yoga (13+) 7:30 pm Adult Volleyball (18+) 7:45 pm Aquafit (13+) (pre-booking required) 8:45 pm Lane Swim (13+)	9:15 am Pilates (13+) 9:15 am Cycle (13+) (pre-booking required) 9:40 am Parent & Tot Skate (6 y/o and Younger) 10:45 am Aquafit (13+) (pre-booking required) 11:30 am Parent & Tot Gym (0-5 years) 11:45 am Lane Swim (13+) - 4 LANES 12:35 pm Lane Swim (13+) 1:15 pm Adult Skate (18+) 2:15 pm Youth Basketball (13-19 years) 4:45 pm Children's Basketball (6-12 years)** 6:00 pm Tabata (13+) 7:00 pm Zumba (13+) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Pickleball (18+) 8:45 pm Lane Swim (13+)	(13+) (pre-booking required) 9:30 am Parent & Tot Gym (0-5 years) 10:15 am Stretch (13+) 10:45 am Aquafit (13+) (pre-booking required) 11:35 am Lane Swim (13+) 12:00 pm Adult Basketball (18+) 2:15 pm Youth Basketball (13-17 years) 4:45 pm Children's Basketball (6-12 years) 6:45 pm Public Skating (All Ages) 7:15 pm Leisure Swim - All Ages 7:30 pm Adult Badminton (16+)	Swim (13+) - 4 LANES 8:00 am Aquafit (13+) (pre-booking required) 8:00 am Bootcamp (13+) 9:00 am Bollywood (13+) 10:00 am Yoga (13+) 12:00 pm Lane Swim (13+) 12:30 pm Adult Basketball (18+) 1:30 pm Leisure Swim - All Ages 2:15 pm Public Skating (All Ages) 3:00 pm Parent & Tot Swim (0-6 years old)
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	7:30 pm Adult Pick-Up Basketball (18+)	7:15 pm Leisure Swim - All Ages		
	7:45 pm Aquafit (13+) (pre-booking required)	7:30 pm Family Sports**		
	8:00 pm Yoga (13+)	8:00 pm Kettlebell (13+) (pre-booking required)		
	8:45 pm Lane Swim (13+)	8:45 pm Lane Swim (13+)		

<https://calendar.townofbwg.com>